

Vivian Smith

HOLMES RUN ACRES HISTORY

1991- PROPOSALS FOR "HISTORIAN" 1992- INVENTORY OF HISTORY FILES

> SAMPLINGS OF RUNNER ARTICLES ABOUT HRA HISTORY

THIS SCRAPBOOK 15 BASIC INFORMATION (ABOUT PURPOSE/POLICY) OF THE HOLMES RUNNO REPRINTS OF THE FIRST 3 ISSUES ( IN 1952 REPRINTS OF THE ORIGINAL PROMOTIONA BROCHTURE FIR HRA AND FIRST MAINTENANCE MANUAL

# 1991 - PROPOSALS FOR CONTINUING HOLMES RUN ACRES HISTORICAL FILES

As we celebrate our 40th year as a community and our records grow in complexity (and our "memory chip" residents grow older), it seems advisable to progress from our happily haphazard methods to some that help guarantee continuity. Suggestions:

- 1. A historian should be listed officially, with name included in Directory and Current Committees. It is not essential that the historian be a board member, since board interests vary from year to year.
- 2. <u>The historian should maintain exact records of where</u> albums and other historical materials are located, using a check-out system when residents borrow items.
- 3. <u>Historian, with help if requested, will maintain scrap-books, albums and other records</u>. Items should, if possible, be stored in historian's home, or within easy access.
- 4. <u>Historian should bring samples of scrapbooks and items</u> to either the joint old/new board meeting or the first <u>meeting of the Civic Association board ANNUALLY</u>. Board can decide any special occasions/events it wants to note during the year (keeping in mind limited storage space!!)

In conclusion, it seems vital, if we want to maintain our records, that the community be aware that we have them and that it is common knowledge who is reponsible for maintaining them.

Vicisán Amith Historian, HRACA 1991

# HRA HISTORY INVENTORY - WOODBURN SCHOOL FILES

November 4, 1992

BALTR.

This is a list of the general kinds of information placed in the <u>Holmes Run</u> <u>Acres file at Woodburn School</u> following HRA's 25th anniversary celebration in 1976. When historical materials were assembled to do the 25th Anniversary History, we realized the need for some kind of permanent storage, a difficult problem in our houses. <u>Some basic materials are stored at Woodburn</u>; <u>the Holmes Run</u> <u>Acres Historian</u> (now that this is becoming an official position) <u>stores items</u> used frequently for reference and updating.

From an informal list, at Woodburn, 1976:

- HRACA minutes
- Articles of Incorporation
- Bylaws
- 10th anniversary items
- 20th anniversary items
- 25th anniversary items
- HRARA items
- Luria Park items
- Assorted information on zoning, the VepCo Substation, Woodburn, Chiles Tract, Gallows Road/Rt.50/495, Mobil Oil, retention pond issues
- Misccellaneous papers and records on commiunity concerns through the years
- Holmes Runners

(<u>Complete file of Runners is</u>, bound and maintained in Virginia Room, Fairfax County Library in Fairfax. Runner editors are asked to submit current issues to keep files up to date).

As editors of "Holmes Run Acres: The Story of a Community," Vol. 1, Dena Leep, Rae Parmenter, and Vivian Smith became "unofficial" keepers of the records. As part of the "historical-consciousness-raising" during our 40th Anniversary, the HRACA board appointed an "official" historian, to help ensure that our records can continue to be kept and maintained.

> Vivian Smith Historian, 1991 - 1992 Jeoo -

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- Keys: Vivian Smith CHRIS MARTHI Dena Leep Mia Gardiner
- Annual update of files:

HRA Presidents have (when they've remembered!) gone through HRACA papers for the year and selected those they deemed having historical interest, to be placed in Woodburn files.

# HRA HISTORY INVENTORY - HISTORIAN FILES

HOLMES RUN ACRES HISTORY INVENTORY (1992)

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Items in this inventory are available to be checked out by HRA residents when their name and date are listed with the historian.

SCRAPBOOK - 1 volume, begun by Florence Strickler for HRA 10th anniversary

SCRAPBOOK - Sarah Lahr's Sun Echo newspaper columns from 1950's, giving news from HRA; compiled by Judy Smith

SCRAPBOOK - assorted Holmes Runner covers through the years; assembled by Regina Taft, labeled by Larissa Steiner for 40th anniversary

PHOTO ALBUMS - #1, early years, begun by Florence Strickler

- #2, 1981 to present, maintained by Vivian Smith
- #3, Anniversary Album, compiled by Vivian Smith (includes copies from earlier anniversaries which are in Deto abbum #1)
- #4, The Story of Luria Park

SELECTION OF MATERIALS STORED IN BOXES: (in labeled envelopes & folders)

ORIGINALS OF FEATURES ABOUT (OR REFERRING TO) HOLMES ACRES:

I) MAGAZINES:

Sept. 1951 - House Beautiful June 18, 1966 - Saturday Evening Post November 1976 - American Institute of Architects Journal May 7, 1976 - Washington Star Home/Life Magazine

a) CLIPPINGS OF NEWSPAPER/MAGAZINE FEATURES:

1951 or '52 - Washington Post Home of the Year Sept. 1951 - House Beautiful Nov. 1955 - Family Circle 1954 - Quality Budget Houses (compiled by House & Garden consultant and Progressive Architecture editor) Aug. 1955 - American Builder 1954-55 - Sun Echo column excerpts (orginals in scrapbook) Dec. 6, 1960 - Northern Virginia Sun Nov. 3, 1961 - Annandale Free Press June 18, 1966 - Saturday Evening Post June 13, 1967 - Northern Virginia Sun June 22, 1970 - Falls Church Globe Nov. 8, 1974 - Washington Post May 7, 1976 - Washington Star Home/Life Magazine Sept. 12, 1976 - Washington Post Sunday Style Nov. 1976 - American Institute of Architects Journal Sep. 1977 - Washington Post Weekly 1978 - Fairfax County, Virginia: A History

(CLIPPINGS OF NEWSPAPER/MAGAZINE FEATURES, continued):

April 4, 1982 - Washington Post, Style March 9, 1983 - Fairfax Journal Editorial April 11, 1991 - Washington Post Weekly May 17, 1991 - Fairfax Journal May 5, 1991 - Channel 8 TV (reference to video in files)

#### ORIGINAL ARCHITECTS/BUILDERS' BROCHURES:

1951 - Luria Bros. Builders/Keyes, Smith, Satterlee & Lethbridge Architects' Promotional Brochure 1951 - " - " Homeowners' Manual

## ITEMS FROM HRA 25th ANNIVERSARY, 1976:

Vol. 1, Holmes Run Acres: The Story of a Community

(Includes expense sheet & samples of original paste-ups, "precopy-machine era")

Copy of Builders' <u>Homeowners' Manual</u> given to residents House and Garden Tour program and flier

Washington Post Style features by Sarah Booth Conroy & Vivian Smith A few planning session notes for 25th

A few responses/comments following 25th

(Separate envelope contains American Revolution Bi-centennial Certificate of Appreciation to HRA (1976: USA's 200th; HRA's 25th)

ITEMS FROM HRA 30th ANNIVERSARY of THE HOLMES RUNNER, 1983:

30th Anniversary Issue of <u>Holmes Runner</u> Fairfax Journal congratulatory editorial

#### ITEMS FROM HRA 40th ANNIVERSARY, 1991:

Vol. 2, Holmes Run Acres: The Story of a Community

(Includes permissions for re-prints of articles in book)

Holmes Runner, 40th Anniversary Issue

Fairfax Journal's "Happy Birthday to HRA"

House and Garden Tour Program

Fliers & items concerning HRA 40th

Address List of People contacted for 4oth

Programs from Dinner-dance at Marriott

Fliers describing various HRA activities during the 40th Anniversay year A few planning notes (might be helpful for the 50th??!)

(Note that several other 40th anniversary items are stored elsewhere: Channel 8 Video feature on HRA 2-hour video by Vivian & Dave Smith of 40th activities (badly in need of editing!) HRA HOUSE AND GARDEN TOUR PROGRAMS

(incomplete collection)

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SPECIAL PUBLICATIONS OF HRA (e.g., Anniversaries):

Holmes Runner - first 2 issues, 1952 10th Anniversary Book, 1961 25th Anniversary, 1976, Holmes Run Acres: The Story of a Community, Vol. 1 40th Anniversary, 1991, Holmes Run Acres: The Story of a Community, Vol. 2 10th Anniversary Holmes Runner, May 1961 10th Anniversary "MAD" Holmes Runner, June 1961 20th Anniversary Holmes Runner, May/June 1971 + 25th anniversary come APR'76 30th Anniversary of Holmes Runner, Jan./Feb. 1983 40th Anniversary Holmes Runner, May 1991 10th Anniversary of Holmes Run Acres Recreation Association swimming pool, The Big Splash + 10 - YEAR RUNNER EDITION ON THE POOL (43)

40th Anniversary Cookbook

LURIA PARK - negatives & selected pages from early Runners describing HRA residents' involvement with establishing probably the first community park in Fairfax County (Compiled by Dave & Vivian Smith for Fairfax County Park Authority 1991 History Project)

#### ASSORTED ITEMS:

Old Photos mounted by Florence Strickler (suitable for display at HRA events) Paste-ups of features used to make re-prints; also extra copies of 175 magazines and articles Several articles on architecture styles similar to (or with specific reference to) HRA "LOOSE ENDS" folder: Responsibilities of HRA Historian + EVOLUING RONNER" EDITORIAL POLICY 2 Runner articles about HRA Runners bound in library 2 "coloring books" made by HRA residents honoring retirement of Woodburn School's first principal (Blanche Wheat) & first librarian (Willene Bledsoe) HRA Book Club (1960-1961) list of books read

Second & third generations living in HRA

· - a neember of House + garden tour programe ( ucomplete? )

#### BOX CONTAINING:

Negatives & extra photos (scrapbook "extras," etc.) Videotape from Channel 8 featuring HRA Key to Woodburn files Check-out file cards to list residents using History materials

(HRA-related items belonging to Vivian Smith - can be copied/shared/given if needed) 2-hour video of HRA 40th (editing badly needed!) Audio cassette of HRA 20th program at FCHS (not very audible!) Notebook with reprints of HRA features Collection of Runners/Directories

- Vivian Dmith - 1992, Historian - 1992, (again 2000 - )

"JUE HOLMES RUNNER" RAYS A ROLE IN OUR COMMUNITY HISTORY AND IN THE HISTORY OF FAIRFAX COUNTY Editorial Policy through the years has remained fairly consistent:

- Sponsored by HRACA

- Voice of the community, entirely written by volunteers, early printing on HRACA-owned mimeograph, first computer-done cover in 1981 Printing now done commercially

- HRACA board minutes preserved in Runners.

- Until the advent of e-mail and list-serv, the Runner, along with the Block Host organization and meetings, was primary means of community wide communication. (All HRACA meetings were community wide in early years).

- Creative features continue to supplement routine news items and notices.

- Has great historic value, bound and preserved in the Virginia Room of the Fairfax County Library in Fairfax. Largest collection of local publications on their shelves and of particular value because it does include personal and creative features contributed by all ages, including teens and children. Depicts a way of life in a rapidly changing rural-to-urban county, beginning just after World War II.

A few samples of "Editorial Policy" for the "Runner" thru the years:

May, '54: A simple notice that the Runner was published monthly, ..."and is distributed the weekend before the monthly meeting of the Civic Association, which regularly falls on the fourth Monday of each month." "Editorially Sppaking," by Editor Sarah Lahr (comments on a "controlled press" in HR.

- Nov. '54: Similar to the above, with additions concerning an early Runner in December "to allow staff members to assist Santa instead of the Runner in December." "The editor can be addressed at 2002 Gallows Road, Phone JE4-5066." Editor Beth Hahn. Comments on her editorial position on "burning issues." No editorial position unless it reflects Civic Assn. Board; letters to editor encouraged, "within space limits & "this does not necessarily reflect..."
- Feb. '55: Publication date notice, followed by, "We know this is confusing, but so is our calendar." Editor, Beth Hahn
- Sept. '55: Publication date notice, followed by, "The RUNNER takes no editorial position on controversial matters unless the Civic Association has taken a stand. However, space and suitability permitting, the RUNNER may accept signed articles by individual members on controversial subjects provided that, in each such instance, space shall be offered for an expression of the opposite opinion. Further, any member who wishes to bring up a subject for discussion at the Civic Ass'n. meeting may publish an announcement thereof in the RUNNER."
- May, '59: Slight variation to above wordings, but same general policy. Editors, Art and Rae Childers. Regular editorial column, "Off the Cuff," this issue reflecting on the past year.
- Jan. '60: Editor, Stan Bradshaw, on his policy. Runner "must reflect our concern for the progress and welfare of our community." Examples given.
- Oct. '61: No lengthy statement, simply: "The above list gives the names of those persons who are responsible for the regular articles appearing beside their names. If any reader has an item to contribute to one of the categories, please contact the person responsible for it. If anyone wishes to make a contribution, please contact the editor. " Editors, Colette & Les Stermer, comment on their policy & plans to add a Letters to the Editors column, quoting the words of a previous "prudent editor, 'All letters will be considered for publication and packagess will be soaked in water 24 hours before opening.'" (Sorry, I didn't have time to go thru Runners and check for Letters!)
- Jan. '70: This wording was used for quite awhile: "The Holmes Runner is published by the Holmes Run Acres Civic Assn, Falls Church, VA. Articles, letters, suggestions may be sent to the literary editor...Copy deadline is the first of each month. Copy received after that time will be held for publication in the following issue. Your contributions are respectfully solicited." (Lit. editor, Marilyn Barron
- Sep. '70: First example I ran across of current wording: ... "The purpose of the HOLMES RUNNER is to expreds the voice of the HRA Civic Association, its Board of Directors and members. The RUNNER will accept any signed articles expressing personal opinion, and publish such articles, space and suitability permitting." Editor, Rosie, reviews old Runner topics in her editorial column.
- Jan. '85: Current wording not used consistently; varies occasionally. \_\_\_\_\_Mia\_Gardiner, Editor.
- NOTE: These are random selections from old Runners, not meant to be complete, just give a general background. Most topics have had specific relevance to ZRA, but if anybody wants to look thru my old Runners, give me a call... Vivian Smith

# Samples of "Holmes Runner" statements of editorial policy - (continued)

- <u>Dec. '90</u>: The HOLMES RUNNER is the voice of the Holmes Run Acres community Sponsored by the Civic Association, it has been written, produced and distributed regularly since 1952. The RUNNER appears nine times a year and is free to Civic Association members. Contributions are warmly encouraged. Address all correspondence to the editor Editor, Gloria Nappo, Assistant Editor, Nicholas Nappo (son).

- Nov. Dec. '95 (First two sentences the same as Dec.'90) ... The RUNNER appears approximately every other month and is free to civic association members and by subscription to all others. The RUNNER welcomes unsolicited articles, news, poetry, illustrations, and suggestions! Please address all correspondence to the editor Editor, Mia Gardiner

- Holiday 2000: Same as Dec. '95. Editor, Mia Gardiner

<u>- Holiday 2004</u>: (First two sentences the same as Dec. '90) ...*The Holmes Runner* is a benefit of membership in the HRA Civic Association and is available by subscription to all others. The *Runner* staff welcomes appropriate articles, news, poetry, illustrations, and suggestions! Please address comments to the editors. Co-editor, Haleh Peterson, Vicki Hancock

- Spring, 2009; (Same as 2004) Editor, Mary Beth Gardiner Co-editor, Brenda Mantz just resigning, new Co-editor to be Bill Kane.

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nple Beth-El is Northern Virginia's Reform Congregation. bbath Eve Worship Services are held each Friday nigno - 2:15. Saturday morning Sabbath services are held at 11:00. Religious School meets both Saturday and Sunday mornings at 10:00. Temple Beth-El is located on Seminary Road in Alexandria. Rabbi Emmet Frank can be reached at King 9-3626.

Congregational Christian Church is located on Rt. 236, 24 miles west of Annandale. The church holds its regular Jorship Service at 11.00 A.H. each Sunday, with Church School classes and a nursery for infants thru 4th graders. 5th graders through adults meet in class groups at 9.45 A. .. Hr. Hubert Beckwith, the minister, can be reached at Cr. 3-1882

Sally Lesho

HOLMES RUNNER JAN. 1960

# SUPERVISOR COTTEN TO ADDRESS HRACA

Robert C. Cotten, Jr., newly-elected Republican member of the County Board of Supervisors from ourdistrict (Falls Church) will address a meeting of the membership of our civic association to be held at Woodburn School at 8:30 p.m. Monday, Feb. 29.

Supervisor Cotten has said he will be prepared to discuss any county problems on which we desire to have his views.

If anyone has ideas or topics for Mr. Cotten to discuss, please contact Jim Menger (JE 4-2060). Jim has promised Mr. Cotten to notify

# HRA RESIDENTS ONLY

A limited number of HRV. directories are available to HRV.CA members (as second copies) for only 50 cents. Dena Leep (JE 4-4472) has them.

# EDITOR'S PLEA

The editor of The Runner requests that indignant subscribers or harassed staff members refrain from calling him between 5 and 7 pm. He doesn't usually arrive home until 7; the butler is off those hours; the maids are necking with the footmen; and the chauffeur has gone to fetch him. This leaves only his valued wife, who is endeavoring to drown the three children in their baths, or poison them with TV food. Telephone calls interfere with this laudable endeavor.

-25-

--Stan Bradshaw

FX CO. LIBATAY STARTS RUNNER COLLECTION

1976 - RUNNER ARTICLE FOLLOWING 257 ANNIVERSARY

HRA: MAKING HISTORY

If you are new to the Acres, you may not think of yourself as living in a community with a long history. But here in Fairfax County, history happens fast. The thirty years of Holmes Run Acres' existence has been a time of galloping growth and transition - and the <u>Runner</u> has recorded it.

As part of our 25th anniversary, which happily coincided with the United States Bi-centennial, we made a contribution of our collection of Holmes Runners to the Fairfax County Library. Only two othere communities, Pimmit Hills and Hollin Hills, have recorded their day-today life in publications of this kind, and county historians were so delighted with the gifts from these communities that we have been bound for posterity. Check us out in the Virginia Room next time you're in Fairfax!

We also have a small collection of photograph albums, scrapbooks and articles relating to our community history. For the foresight in beginning these, we can thank Florence Strickler, who started the albums for our HRA Tenth Anniversary. It is possible that this is a unique sort of record, given the transiency of this area.

One of the difficulties lies in keeping track of such mementos, and keeping them updated. The albums disappeared for awhile, then surfaced from the back of somebody's closet for one of our anniversary celebrations. So three of us (who've been here since the early 50's and **show** signs of staying on till mildew sets in) have volunteered to act as unofficial historians. Inspired by the Bi-centennial, we sorted official documents and minutes to be stored in files located in Woodburn School. Materials of general interest are still being added to the scrapbooks we maintain.

What kinds of things have been kept?

-<u>Photographs</u> - anniversary celebrations, parties, house tours, picnice, early pool days, Halloween festivities, park activities. (Florence gave us a real send-off with her ever-ready camera).

-Newspaper clippings - randomly collected, a real smorgasbord of Girl Schut plays, Boy Scout projects, Experiment in International Living, wedding announcements, residents and ex-residents who've authored books, a neighbor who grew up with the Pope, and those who were just there when the camera clicked. -<u>Community activity souvenirs</u> - fliers, descriptions of early parties, garden club tours and other tidbits.

-Articles - they've appeared in publications ranging from the <u>Washington</u> Post to the <u>Saturday Evening Post</u>. The Acres, an avant garde community in its day, won a number of design awards and has been featured in <u>Family Circle</u>, <u>House Beautiful</u> and the <u>American Institute of Architects' Journal</u>, among other places.

There is also a 67-page book, <u>Holmes Run Acres: The Story of a</u> <u>Community</u>, written by volunteers in the community for our 25th Anniversary. Copies are still available (call Dena Leep\*).

In addition, we have just put together a scrapbook of columns done weekly during 1954 and 1955 by still-resident Sarah Lahr. The column was titled "Holmes Run Acres,"" and appeared in the <u>Sun Echo</u>, a local news paper of the day. (Thanks to Judy Smith for her help in this and other updating).

The books are brought out - carefully guarded, of course! - for browsing at various community occasions. What goes into them is what we run acress - and what you give us.

If you have clippings, features or photos that might be of interest, we will welcome them into our 'ittle corner of Holmes Run Acres Americana.

> Vivian Smith - 560-9413 Rae Parmenter - 560-9413 Dena Leep - 560-2272

#### THE HOLMES RUNNER, FOOTPRINT IN HISTORY

ON PRESERVATION OF "HULMES RUNNERS"IN FAIRFAX CO. LIBRARY

1977 "RUNNER" ARTICLE

Ever had a Walter Mitty delusion that something you write might someday be published in a bock? Dream on. If you've ever written anything for The Holmes Runner, you are now not only in print, but bound.

When Nan Netherton, historian with the Fairfax County Office of Comprehensive Planning, saw our Twenty-fifth Anniversary book, she suggested that the Fairfax County Library might appreciate a collection of <u>Holmes Runners</u>. Pimmit Hills and Hollin Hills had already made such gifts. "Do you mean," Sasped confirmed pack rats Dena Leep and I, "that there actually is some justification for people like us, people who have been stashing away our <u>Holmes Runners</u> compulsively all these years?"

"Yes, oh, yes," beamed Nan, "the little day-to-day picture of life among the citizens of this county during an unprecedented period of expansion in its history will be invaluable in the future! Given the transiency of residents, if copies of your magazine are not filed in some central spot, they will eventually slip away from us."

So there they are, twenty four handome bound volumes, taking up a yard and a half or more on the shelves of the downstairs Virginiana Room in the Main Branch Library in Fairfax.

It was the Leeps who parted with most of their copies, with a few assorted gaps filled inwwhere needed. Two of the early editions, Newsletter 1, August, 1952, and <u>The Holmes Runner</u>, Hovember, 1952, were sent to Rae Parmenter during our Twenty-fifth Anniversary celebration by Hank LaFaver, the first president of the Civic Association. So far as we know, the collection is complete.

The Washington Fost took brief note of our presentation in the Weekly's Pimmit Hills story on August 18. I had called the editor and told him of the three communities' presentations to the library, and he decided he wanted to do a feature on one of the pioneer subdivisions in the county. He considered Holmes Run Acres -- until he did his homework and found that we had already received much coverage in Sarah Booth Conroy's Cunlay Style section last September. Hope you caught the Pimmit Hills story; our sister community, like us, gives much credit for its active community life to its consistent newsheat publication.

A toast to all those editors and ather volunteers who have kept us in print all these years! Next time you're in Fairfax, drop by the library and take a look. We're roally quite impressive. Long live The Holmes Runner!

Vivian Smith

HISTORICAL HRA

Thanks to past resident Florence Strickler, Holmes Run Acres had a head start in keeping historical files of its development. The scrapbooks she began are being updated over the summer with the assistance of Judy Smith, and will be a part of our Civic Association files stored in Woodburn School Library.

One of the hazards of a transient community is in keeping track of records; this central storage file should be of great help. In addition to photos in the scrapbooks and routine information found in CA minutes, we have a nice variety of other mementos. There is an envelope of clippings from Sarah Lahr's column on the Acres written for a local paper, the <u>Sun-Echo</u>, in the 1950's. Judy who moved here two years ago after having taught at Woodburn several years previously, was fascinated to see reports of the great "TV or not TV" question way back then!

There is also a bulky envelope stuffed with newspaper and magazine articles about the Acres. Among the publicity we have received:

House Beautiful, September, 1951 -- article on the home/community design

<u>Mashington Post Home Award 1951</u> -- with reference to an article in <u>Architectural</u> <u>Forum</u>

Family Circle, November, 1955 -- article on design, with color photos

- Saturday Evening Post, June 18, 1966 -- article on preservation of open spaces as Chiles Tract began to develop; reporter was taken on tour of Holmes Run Stream by local Mattheisen and Cooper boys.
- Northern Virginia Sun, June 13, 1967 -- article on Luria Park and citizen participation in building it.
- <u>Globe</u>, January 22, 1970 -- article on HRACA's assistance to Williamstown in organizing their Civic Association
- Mashington Post, November 8, 1974 -- reference to Holmes Run Acres in feature on architect Francis D. Lethbridge
- <u>Washington Post</u>, September 12, 1976 -- front page features in Sunday Style section on our 25th anniversary
- American Institute of Architects Journal, November, 1976 -- feature on home/ community design
- <u>Washington Post</u>, August 18, 1977 -- Virginia Weekly Section reference to Holmes Run Acres in Pimmit Hills article. (Holmes Run, Pimmit Hills and Hollin Hills have donated their 25-year community newsletters to Fairfax County Public Library Virginiana Room; in bound editions, our <u>Runners</u> may be used as reference books for the general public.)

<u>Washington Star</u> magazine, Home/Life, May 7, 1978 -- article on design, featuring George and Liz Lawson's home

Fairfax County, Virginia, a History, book published in 1978 -- three references are found to Holmes Run Acres, largely because of availability of records on our community; see pp. 631, 656/67, 682.

Our own publication, <u>Holmes Run Acres</u>, the <u>Story of a community</u>, a 68 page history written by volunteers from our community to celebrate the Bicentennial and our own 25th anniversary in 1976, is still available for \$1.25 a copy. Call Dena Leep, 560-2272.

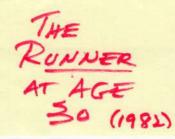
For the past year or more, Dena, Rae Parmenter and I have been trying to pull together all these materials in some sort of organized form. If you have items, photos or articles you think might be of historical interest to add to files on the Acres, please call either one of us. (Rae: 560-9413, Viv: 560-4119) This particular period of rapid expansion in Fairfax County is unlike any other in its history, and historians are particularly grateful to communities who take time to record it as it whizzes by.

Lacking an "official photographer" -- now that Florence has moved to Florida! -we would welcome pictures from house tours, parties or other community gatherings of recent years. We have also been unable to locate an extra copy of the recipe book published a few year ago -- any donor?

People who need access to the files for research or community projects may contact Dena Leep.

Vivian Smith

# A good way to build community identity



"The Holmes Runner," with a circulation of less than 500, is not one of the major publications in Northern Virginia. In fact, unless you live in the Holmes Run Acres subdivision of Fairfax County just off Gallows Road, it is quite likely that you have never heard of the Runner, which has just celebrated 30 years of continuous publication.

But despite its relative obscurity, the publication is an important and worthwhile newspaper that has contributed heavily to community development and identification since January 1953. The editors promised nine issues a year, filled with information about the brand new community, its people and its problems. And for 30 years, sponsored by the Holmes Run Acres Civic Association, they have kept the promise.

Community identity, the quality that binds neighbors together, is often lacking in Northern Virginia, which has a heavy percentage of transients — people who live here for three or four years and then move on. It takes a powerful force to establish in residents a feeling of continuity and pride in their own community. The Runner has done the job and done it well.

This neighborhood voice of the people deals with matters of vital concern to its citizens. Over the years, issues involving dogs, street lights, sidewalks, new roads, Japanese beetles, street congestion, trash collections, school integration, public transportation and classroom shortages were discussed and positions taken.

Strictly personal items weren't ignored. Births were recorded and some deaths, too. There were (and still are) recipes and want ads and personal items. And there was county news of interest to Holmes Run Acres, items such as school bond issues or new bus schedules. Sometimes, former residents wrote back and reported on what they were doing.

Sprawling Fairfax County, with its more than 600,000 people spread over 400 square miles, needs cohesive neighborhood groups to generate civic action and responsibility Holmes Run Acres is a prime example of a strong, united community that has done much for its citizens over a long period of time. One big reason for that record of success is the Holmes Runner

Happy 30th birthday and congratulations to the 45 editors and co-editors who have labored so hard to keep the Runner going.

# THE RUNNER IS 50! - VIVIAN SMITH

Take a good look at this publication you're holding: state-of-the-art, visually exciting, a product of the latest computer technology. And it's also 50 years old this year! All 50 years were produced by volunteers. Not many publications can make that claim.

The Holmes Runner has seen a lot in this half-century, and it reported on what it saw not in one voice, but in many. It was written by architects, lawyers, secretaries, housewives, soldiers, artists, authors, technicians, physicians, government employees, teenagers, and children. They came to Holmes Run Acres from cities and small towns across the United States and from countries around the world. The writing was not always polished, not always professional, but it was always authentic, always real. It has been a labor of love from many hearts.

The first issue of the Holmes Runner was published in August 1952, and the tradition of cover art by residents began with the October issue. The early staff typed stencils for up to 65 pages an issue, once a month, nine months a year. The artists used styluses to trace their illustrations. After hand-cranking the mimeograph, volunteers ran around a table collating the pages, sometimes adding hand-painted touches to all 350 covers.

Glancing quickly through old Runners is next to impossible. You linger over a child's drawing from the 50s, identify with a poem somebody wrote in the 60s, laugh about a writer's old Studebaker that served as a limousine for a visiting ambassador. You cry at memories of neighbors who survived Auschwitz and Dachau, share the pangs of Vietnam as you read a veteran's letter.

You are in a time warp: Fairfax County is a rural area still at the "end of the line." There is no neighborhood school, no public swimming pool in the county, and a park system newly organized with 14 acres and a staff of nine. There are notices about evacuation routes, nuclear firestorms, and block wardens, along with those about parties, PTA and civic association meetings, a bridge group, a garden club, a book club, and art classes. The Runner is a neighborhood bulletin board, helping residents pool their talents to provide many of the public services

one day to be taken for granted.

AND SUDDENLY THE RUNNER IS 50: (2002) You are amazed at the lively discussions about dogs (should there be a leash law?), about streetlights (county lights or yard lights planned by architect-neighbors?). You see the first growing pains as expansion begins and volunteers track the widening of Gallows Road, the new hospital, the coming of Yorktown, the Beltway-and today, the widening of that Beltway.

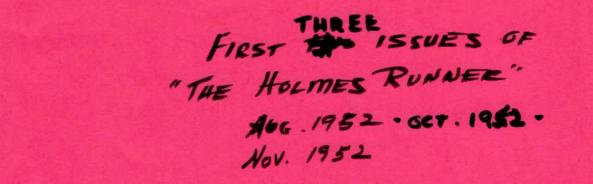
Though sponsored by and serving as the voice of the civic association, the Runner also reflects the tone set by each editor. There have been years when no one seemed willing to assume this time-consuming job; there have been covers pleading for an editor. But always, someone has stepped forward. And always, there have been people willing to help keep the Runner in continuous publication.

As Holmes Run Acres approached its 25th anniversary, we asked historians in Fairfax County if there was any interest in the Runner issues some of us had saved through the years. The answer was a resounding "Yes!" The years since World War II, with their intense change from rural to urban life, have been unique in the history of Fairfax County. We didn't think of ourselves as writing "history" as we talked about our day-to-day interests and concerns, but the county assures us that's just what we've been doing, and in quite a personal way.

And so, if you've written for the Runner any time these past 50 years, your writing is preserved, bound in books, in the Virginia Room of the Fairfax County Public Library. Eric Grundset, a staff member, wrote on the occasion of the Runner's 30th anniversary that our publication will prove invaluable for future research, perhaps even in genealogy. "Most important is the information on the growth and changes in a neighborhood as written by the residents themselves."

Those of us who have been involved in even small ways are proud and happy to have been a part of this treasure that is the Holmes Runner Happy Birthday, Holmes Runner-and many more!

Vivian lives at 3415 Surrey Lane with her husband Dave. She moved to the Acres in 1954 and has been acting as our community historian since 1991. She enjoys collecting Acres memorabilia and prefers to think of herself "an archivist, rather than a pack rat."





# FIRST HOLMES RUNNER - AUGUST 1952 EDITORS: K.D. FLOCK AND FRANCES SPATZ LEIGHTON

THE HOLMLS RUHINER

i.urust 1952

Neusletter 1

This is the first newsletter signaling the official opening of the membership drive of Holmes Run Acres Civic Association. It is your organization and this is your publication and your opportunity to contribute to the growth of your community.

The following will give you in a few lines what the executive committee has spent many hours deliberating. We hope you will become a member and work actively, not passively, for our mutual interests.

First of all you are probabl; curious, as your editors were, about the make up of Holmes Run Acres, so . . .

#### DID YOU KNOU?

We have a NBC reporter who covers The 'lhite House. He has a five minute radio and TV news cast each week he is in 'lashington. He followed presidential candidates to Chicago and went to Colorado with Ike. One of your neighbors is with the Eisenhouer Campaign full time.

There is a research writer for Drew Pearson - an artist who built a studio as an addition to his home here - a writer for News Neek - the Chairman of the Senate Staff of the United Press - a color printer for National Geographic Magazine - an architect - a former airline hostess - a fish and wildlife expert and many more who we will meet as we go along.

It is of interest to note also that there are two sets of maiden laties doing their own handy man jobs and gardening in the area and a bacheler or two who are housekeeping. Maybe we could start a club to trade some home cooking for lawn mowing.

#### RESULT'S CI MEETI CS

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Executive Committee Leeting - .onday, July 7. Results and plans as follows:

A near accident to a child by a deliver / truck backing from one of the driveways led to recommendation that we all keep the trucks in t street. wake them form the habit now.

The Corresponding Secretary was to write to the County to get warning signs put up in the streets for protection of children.

Block representatives were suggested so more reople could have a hand in promoting our mutual welfare.

A nousletter was suggested.

The constitution was put in order according to the last vote.

The fourth Monday in August was the date selected for the next meeting.

The Corresponding Secretary was to write to the County to get data on phone numbers for fire and other emergency service.

Plans were made for a membership drive.

A SHOT A DISTANCE

Executive Committee Meeting - Nonday July 28. More results and plans.

A census will be conducted to call on every resident, solicit membership, get needed statistics, recruit assistance and work out the block captain organization.

A paint firm has offered 10% discount to our members on paint and wall paper purchases. More of this will be coming to members.

The reply from Fairfax County on the signs was vague so another follow-up will be made.

In case of fire call CRescent IFI - Police call CRescent 42 Ambulance call CRescent IFI. Better write these down in a handy place.

#### OUR NEXT NEETING

The next meeting date for everyone at the Grange Hall will be on Monday, August 25 at 8 p. m.

#### GOOD MEWS!

The Japanese Beetle control committee did a big job of research and knocking on doors of experts. They have the best answer that science knows. A special release will come out on this since it is too much to put in this letter.

#### DIST INCT ION

A committee called on all merchants who donated prizes for the picnic contests. Merchants were flabergasted as they never had any appreciation of this kind shown before. Score one for us!

#### GARDEN NEWS

There is much interest in gardening so a garden committee will be organized. An expert in African Violet raising and care has been uncovered in our midst so possibly a group can be formed who are interested in this and other green thumb activities.

#### LOOKING AH EAD

It was suggested that we can get publicity in a big time magazine for the organization this year through some of our writers and their

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contacts. This certainly won't hurt the value of your property.

-3-

#### WHO'S WHO

Attached is a list of committee membership as it stands on August 3 but new members are being added each day. Only through participation can we succeed.

#### SPEAKERS

The speakers for our next meeting on Monday, August 25 at 8 p. m. will be Mrs. Mckinney of the Annandale PTA. The Architect of our new school and the Assistant County Superintendent of Schools. They will talk about school problems which will interest most of you.

1 41

Fublicity Committee ----- K. D. Flock Frances Leighton ORGANIZATION

HOLIES RUN ACRES CIVIC ASSOCIATION

#### 1952 - 1953

#### Committees

Note- In order to get this news letter out in a hurry we could not wait until all prospective committee members were contacted hence some are listed as "proposed". 福山市

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#### Officers

#### 1. Civic Improvement

Chairman - - - - - Leonard P. Aries - - - - 2410 Hemlock - JE 4-4384 Co Chairman - - - A. Ford Lovelace - - - 2426 Holmes Run JE 4-4470 Proposed members - Howard E. Ball - - - - 2411 Hemlock - JE 4548 Joe Cragwall - - - - 2423 Hemlock Don Olivola - - - 2527 Holmes Run JE 2-0499 (See sub committees 6 and 7)

#### 2. Youth Activity

Chairman - - - - - Russel F. Trudeau - - - 2025 Laurel Ct. - JE 4-4562 Proposed members - Milbur D. Micks - - - 2012 Sycamore Dr. JE 4-4427 Cecil E. Gubser - - - 2000 Gallows Rd. - JE 4-4583 Mrs. Norma J. LaFaver - 2021 Holly Lane - JE 4-4474 Mrs. Jody P. Lloyd - - - 2010 Gallows Rd. - JE 2-3507

#### 3. Program

Chairman - - - - John C. Oliver - - - - 2525 Holmes Run- -JE 2-4979 Proposed members - - F. J. Anderson - - - - - 1932 Gallows Rd. -JE 4-4560

#### 4. Publicity

5. Membership and Hospitality

and the second s

Chairman	-A. M. Smith 2012 Holly Lane - JE 44582
	Audrey J. Bouck 21,04 Hemlock JE 4-4483
	Mrs. Sarah Laha 0000 T
	Mrs. Sarah Lahr 2020 Laurel Court - JE 4-4405
	IT's Raymond Lahr - 2020 Laurel Court - IF 1. 1.282
	rus. John Kinney 2022 Laurel Court - JE 1-1-282
	HIS. Dena Leen 1950 Holly Lane IF 1.1.1.72
	Mrs. Gordon Smith - 2103 Hemlock JE 4-4551
	Mrs. Nell Anderson 1000 Gall
	Mrs. Nell Anderson- 1932 Gallows RdJE 4-4560
	14'S. Jane Gragwell- 21:23 Hemlock TE L. LEGT
	Mrs. Hauge 2010 Sycamore JE 1-4564
	Mrs. Nancy Ginsburgh 2422 Hemlock JE 4-4375
	The manoy dimbourgheater Hendock JE 4-4375

-2-

6. Beetle Project-(Sub-committee under Civic Improvement).

H. Mike Birnbaum - - - - - - - - - - - - - - - JE 4-4480 Guy M. Trimble - - - - - - - - - - - - - - JE 2-6891

7. Water Rates-(Sub-committee under Civic Improvement).

#### COMMITTEE RESPONSIBILITIES

#### I. Civic Improvement

- A. Develop and plan an action program of objectives for the coming year. Investigate, secure plans and estimates, make recommendations. The Following are suggested:
  - 1. Playground and Swimming Fool
  - 2. Landscaping and Care of Circles.
  - 3. Landscaping and Improvement Contest for Next Spring.
  - h. Christmas Home Decorating Contest Exterior.
  - 5. Rose Garden Contest.
  - 6. Japanese Beetle Exterminating Program.
  - 7. Mater Rate Reduction Drive.
  - 8. Gallous Road Speed Limits and Widening
  - 9. School Liaison.

#### II. Youth Activity

- A. Develop and plan an Action Program for the Youth of the Community.
  - 1. Organize Cub Scout Dens.
  - 2. Organize Boy Scout Troop
  - 3. Organize Girl Scout or Camp Fire Girl Groups.
  - 4. Organize and plan one annual show, carnival, or other fund-raising device for the benefit of the youth program.

#### III. Programs

- A. Plan programs for honthly Meetings September through June.
  - 1. Secure outside speakers.
  - 2. Arrange for hall and refreshments, if any.
  - 3. Use talent available in community for musical and novelty numbers where possible.
  - 4. Plan and organize one big Annual Party.

### COMMITTEE RESPONSIBILITIES CONTINUED

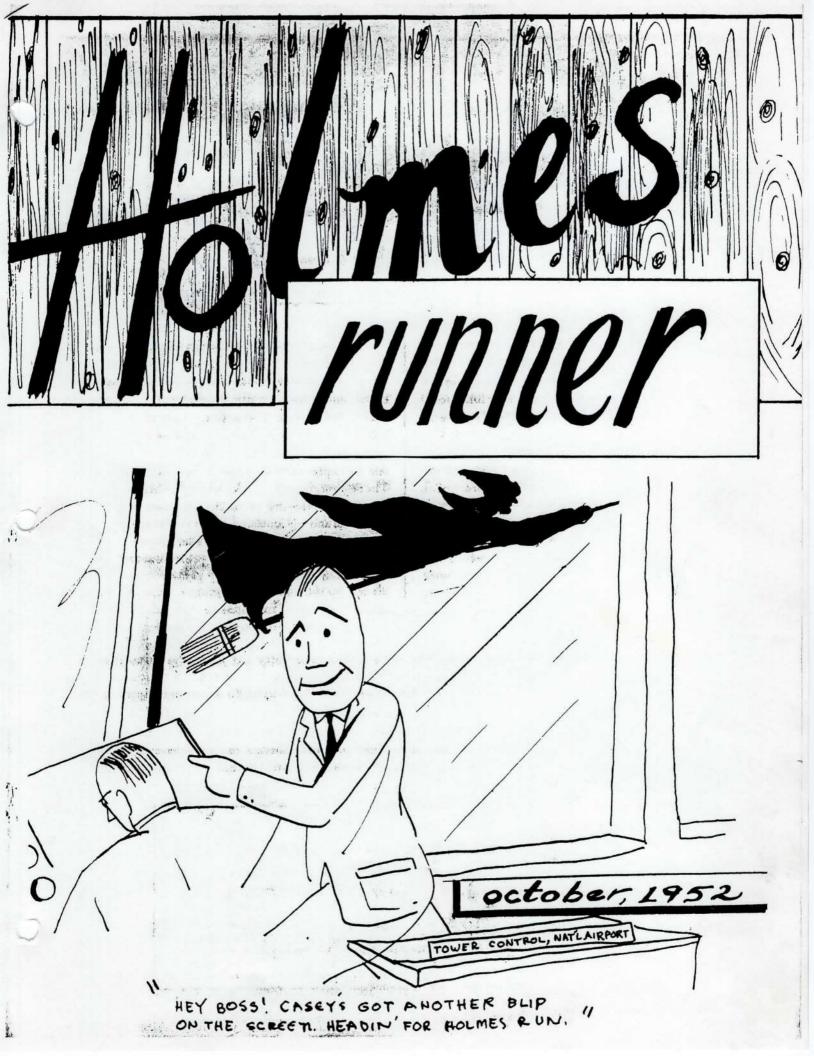
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#### IV. Publicity

- A. Keep the members informed on all community activities.
  - 1. Issue notices of all meetings.
  - 2. Issue press releases to local and District papers after every meeting. Take advantage of every opportunity to creditably publicize the community.
  - 3. Assist other committees in publicizing their activities.
- B. Prepare on Annual News Story on the Community for National Distribution

#### V. Membership and Hospitality

- A. Sign up every eligible resident as a member.
- B. Melcome all new residents to the community, and make them feel at home. Acquaint them with our program, urge their participation, sign them up.
- C. Organize a phone calling committee to get the maximum attendance to every monthly meeting.





#### LETTER FROM OUR PRESIDENT

Greetings, Holmes Runners

A little over two months ago I humbly accepted the office of president of your association, being appreciative of the honor and responsibility which goes with the position.

At that time we had not a single official member; our bank account was zero; Gallows Road and our interior streets were speedways; and our properties were being invaded by Japanese beetles.

Today we have over one hundred member families with more joining daily, we have a sizable bank account, speed limit signs have been erected and a beetle exterminating program is well under way However, this is only a small beginning - more projects are coming - projects of vital interest to every resident.

I am constantly amazed at the enthusiasm, eagerness, and initiative displayed by the chairmen and their committees in tackling the various assignments, and by the favorable response of the membership at large. A heart-warming thing is that many people have voluntarily offered their services. These instances of civic spirit are highly encouraging and convincing proof that Holmes Run Acres is an outstanding community of outstanding people.

If not already a member, I urge you to sign up now - and get in on what promises to be a sure winner

L H LaFaver, President

#### MEMBERSHIP

The committees have endeavored to call on everyone in the community but may have missed some. If you have not been contacted - don't wait for someone to call again, just send a \$2.00 check to Mr Geo Presson, with the names of all members of your family over 18 years of age Your membership card will be delivered promptly

#### BEETLES

Authorities are agreed that the grubs in the ground may do more damage to root systems and turf than the adult beetles do to foliage. One more reason for ordering beetle control when your committeeman calls to collect.

> NEXT MEETING Date: Monday, September 22, 1952 Time: 8:00 P M. Place: Grange Hall, corner of Gallows Road and Anna Road Subject: Business Meeting The meeting starts on time. All residents are cordially welcome.

#### HOLMES RUNNER, OCTOBER 1952

Editor Fran Leighton

Associate Editors Howard Ball, W W Condit Sarah Lahr, William Marshall Wright Art Director: Thomas Yanosky Published by Shoap Lithographic Service

#### EXPLORING HOLMES' WOODS W W. Condit

#### Holmes Run is situated at nearly the farthest north limit of the southern flora, and at the southermost limit of the Middle Atlantic flora, thus giving a rather wide variety of vegetation for our enjoyment. It also presents us with some problems as to the successful cultivation of many specimens found in nursery catalogues. We have to use special precautions in raising certain trees, flowers and shrubs. But we do have a wider choice than

most geographic locations in the East. Nature herself has been presented with the same choice. Within a two mile radius of our settlement there are over thirty different types of trees. These include varieties of beech, cherry, chestnut, dogwood, gum, hickory, locust, magnolia, maple, oak, persimmon, pine, poplar, sycamore and walnut. Of shrubs, the commonest are the holly and mountain Degenerate specimens of domestic fruit laurel. trees also exist, but usually are found around the ruins or basement mounds of former farms or planta-The paths and lanes leading to these tions. antebellum establishments may be traced in the woods today by the absence of very large trees along their course Much of this area once grew corn, wheat and other crops and has been reforested accidently by neglect and the reinvasion of nature.

The southeast area of Holmes Run, contiguous to the Run itself offers many different types of delicate wildflower, particularly in the swampy locations. Here we find beebalms, morning glories, Indian Pipe, thistle, wild orchidae, cornflower, milkweed, dog-tooth violets, adders-tongues, hepatica, rue anemone, butter-and-eggs, buttercups, wintergreen, partridgeberry, mayapple, jack-in-the-pulpit, skunkcabbage and pinks.

Holmes Run is very rich in fungi (in addition to the mildew that attacks your stowed household belongings). More that seventeen types of mushrooms and non-gilled fungi grow in the fields and woods hereabouts. On your lawns, after a rainy period you will find the excellent flavored agaricus campestris. The morel, conical or convoluted mushroom preferred over all others in Europe is very abundant in the woods. Unfortunately, turtles and insects also have excellent taste, and to find enough for a meal unsullied by these creatures is quite difficult. We have also our share of the deadly amanita and the very poisonous fly mushroom, so care must be exercised. Any mushroom with white gills and a bulb at the base of the stem should be avoided. The others are edible if not too tough, although the peppery lactarius will make you think you are eating undiluted tabasco sauce One thrown into a batch of campestris, however, gives a delicious flavor

In the late spring and early summer, prior to the usual long drought, it is only fair to warn the woodland wanderer that the wood tick is abundant, particularly active after a rainy spell While those infected with rocky mountain spotted fever are virtually non-existant in the area, the consequences of their bites are still very annoying. A secondary infection in children's hair, causing very nasty little lesions lasting several weeks can occur Close cropping and scrubbing with tincture of green soap is the remedy

If one prefers the same flora carefully manicured, he has a choice of three state parks within easy driving distance. The nearest of these is the Chopawamsic Recreation Area, about 45 minutes ride down Route 1, immediately below its junction with Route 234. There are ample picnic facilities available in the area, and an excellent view from the top of the old fire tower The second state forest of interest lies in Maryland, about thirty miles from Washington, out Route 5 to 301. This is the Cedarville State Forest, with ample foot trails, outdoor camping sites, picnic grounds with fireplaces, and an abundance of Indian relics on the surface that may be picked up by the sharp of eye. The third area is the Westmoreland State Forest, 95 miles south, reached by taking Route 1 to Fredericksburg and Route 3 to the Park entrance. Here the woods are as well combed as on a European estate. Swimming is a main feature, and the beach is excellent, of soft white sand, with the huge trees towering above almost to the water's edge. On either of the last two excursions it is interesting to stop and see the old Pohick Church, in the pews of which General Washington frequently slept.

Such jaunts are not really necessary There are three miles of bridle paths in the immediate vicinity of Holmes Run, and in dry weather they provide excellent walking facilities. So, if you are desirous of exercise, or curious, just strap the papoose on your back, cut yourself a stout staff, and herd the ambulatory members of your family on a local sightseeing trip afoot.

#### Page 3

#### ON THE RUN WITH FRAN LEIGHTON

Almost sorry to see the Autumn come, it hampers our flying saucer observers. But honestly, one Holmes Runner, who shall remain nameless, did see one of those high-flying cigars cruising along one hot summer night when she couldn't sleep and wouldn't sleep and stepped out her back door in the early A.M. Wanted by the Police of Fairfax --DOGS. Our good vice prez Smith who has talked to the uniformed gents reports they again hav of their eye on Holmes Run, especially the newer sections which have not been thinned yet in their dog population, and are planning a raid to rival that of Pancho Villa. They told Smitty they recently picked up 108 of Fairfax Canine Corps and had to put away 102 because only 6 owners paid the ransom. Those living in the older section of Holmes Run are 10 dogs short, so stranger, beware! clothesline or wire to make a dog-run won't hurt the tree or the pocketbook Best wishes to a lot of Mamas-to-be who are doing more than Luria Bros. to fill Holmes Run Acres: Hope Lovelace, Jeanette Hart, Audrey Featherolf, June Oliver, Miriam Trimble, Margaret Johnson and Elizabeth Hennessy.

Milestone: The first birthday of the first baby to be born to a Holmes Runner - date, September 10; it me it anything but Holmes Run School That's baby boy, Lawrence Lowell Ames; parents, Laila and Lloyd. Incidentally, the Ames have just returned from a car trip westward through half the states and figured they've travelled the equivalent of Equator to North Pole And speaking of travelers, Dick Davis, the Adm. Byrd of Holmes Run Acres is due home from a trip northward to Thule, Greenland on assignment for Newsweek ... Who's the Holmes Runner who's back on the road after being grounded for chasing the wind along the high-Holmes Run Acres needs some Den ways? Mothers and a Pack Leader for a lot of little Cubs who have to Run clear to Falls Church. Contact Mrs. Jody Loyd, 2010 Gallows Road Who is a spittin' image of James Cagney? Well, take a look at our publisher some day and judge for yourself Jimmy Shoap (Soap with an H) really has the moniker of, oh no, Wayne But we forgive him that Ed Green's title, till election or maybe later, Personal Assistant to Ike Not bad. His wife, Eleanor, took the kids to Capon Springs, W Va. for vacation, changed her mind and brought them back in 36 hours, decided Holmes Run isn't bad place for vacationing

If you like the masthead and cartoon on cover, they were done by the man near and dear to me, name of Thomas. The masthead stays, the cartoon gets changed each issue Got any cartoon ideas?

Orchids to Jean Burbach who is opening an Outgrown Shop so Holmes Run mammas and papas don't have to throw away their children's clothes. Take them to her, 2014 Holly Lane, JE 4-4569 neatly pressed and on a hanger with a label telling size, price asked, date, your name, phone and address. All those not sold in 3 months will be returned to you or donated to Goodwill Industries, as you desire. Burbach's Bargain Basement will be open every Monday from 1 to 4 and 7 to 9 P M Ch yes, 20% of purchase price will go to help naintain this publication, so PLEASE patronize Maternity clothes also saleable. We are all watchng to see what the three prize-winning lands-"capers" will be up to next the Moultons, the Cozads and the Gubsers. We're sure they have a few more gardening tricks up their trowels. And by the by, they'd better keep their yards letter perfect because they are our guides. It's nice to know two of our teachers at our new schoolhouse will be home folks, Norma LaFaver and Pearl Cohn, who are the wives of our prexy and our water rate committee chairman, respectively On the subject of the school, our president is sending a letter to the thorities which will put the skids on any plans to mat it is, ain't it?

Hope to run into you soon,

ran

#### THE COMPLEAT HOMEOWNER Howard Ball

Amoungst the joys of homeownership which real estate salesmen always manage to forget are those of perpetual poverty and unrelenting weariness. This circumstance arises out of the fact that something always needs doing about the place, with your back and your pocketbook standing the gaff There may be a short and golden era when the "kids" can and will lend a hand, and some of the chores can be delegated to your better half But the brunt always settles down on the old man, sooner or later This would not be so bad if you ever got a a real vacation, which you don't

Take the little matter of that lawn, for example You probably thought you had it made when you saw that Sims Bros. sod truck pull away, leaving a rumpled but oh so green carpet where clay had ruled before. What a cruel joke that was!! What is now your front yard may have seemed heavenly to some contented cow, but to your discerning eye and (Continued on page 4)

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TNDS

#### MOTHER SAVERS Sarah Lahr - Jean Burbach

We Holmes Runners, in our handsome, up-to-theminute houses, are strong for the philosophy of living to match our homes--such as "Easy does it." And we housewives think too much of our families and ourselves to be slaves to old-fashioned drudgery in any form. I hope Jean and I won't be accused of "dirty politics," if we eschew the term "labor savers" to describe the fashion-wise aids for harassed mothers we want to tell you about this month. We believe you will agree that a phrase more to the point of the matter is: "mother savers."

Right now many mothers are turning out fall and winter school duds for their youngsters. What greater boon for these busy mamas could there be than the new warm fabrics that can be washed? In no time at all washable woolens justify their somewhat higher original cost in cleaning bills saved. The woolens containing orlon don't even need the touch of an iron. And these dunkable materials are as beautiful as they are practical. On this item, we found the best buy at Kann's, for instance, you can find the orlon and wool fabric at \$4.95 a yard. Hecht's has the washable wool jerseys at \$3.19 a yard and the washable all-wool flannels at \$3.98 a yard. The prices, by the by, are now much lower than when these "miracle" fabrics first came out last year

For sturdy practicability, corduroy has long been a favorite material for all ages. But corduroy playclothes and school clothes, that get de-grimed in the family washing machine, with a minimum of subsequent pressing, are a particular blessing for young mothers. The new corduroys get prettier every year, too. Did you know that you can buy striped, plaid, or checked corduroy, as well as corduroy in a whole palette of luscious colors? At the Home Stitch Shop in Shirlington they are featuring corduroy in red and navy plaids, black, green, or red houndstooth checks and black and white checks, as well as the plain colors.

In this part of the country "cottons" are a yearround mainstay of any school wardrobe. Everyone knows that cottons are inexpensive to buy and care for, but have you seen the new cotton fabrics that have a silky sheen that takes them out of the lowly "wash goods" class--cottons that look and feel like wool for winter wear--beautiful dark-hued cottons and Tartan plaids to replace pastel shades come winter? Hecht's has the beautiful Everglaze cottons-heavy, washable, crease-resistant, with a woven-in iridescence. Their Bates disciplined cottons are less expensive, but have the same crease-resistance, and some of them contain enough nylon and rayon to make them very soft and longwearing.

Mothers who don't have the time or inclination to fashion their children's clothes themselves from the wonderful new fabrics we've described for you may still take advantage of these mother savers in "ready-mades." The prices run a bit higher for garments in the new "wonder" materials than for less "talented" clothes, but we think they will save money as well as mothers in the end. At the Little Folks Shop in Falls Church, we especially liked the plaid corduroy skirts and Everglaze plaid gingham dresses for girls as well as the tweeduroy trousers and flannel-lined jeans for boys. A new shipment of fall hats has just arrived at the Children's Cupboard in Falls Church, by the way At Hecht's we found the permanently pleated orlon and wool skirts for young girls at \$7 99, printed corduroy skirts at \$4.99, some very clever three-way and six-way jumper outfits at \$4.99 and \$5 99, and reversible plaid and alpaca coats at \$23.98 We found dunkables galore at Billie's Children's Shop in Fairlington--all-nylon snowsuits, washable rayons, Everglaze cottons, tweeduroys and texturoys, and the flannel-lined blue jeans. They also have the much-desired add-a-year coat sets at \$22.95, which are easily enlarged by a special hem feature.

#### THE COMPLEAT HOMEOWNER

(Continued from page 3)

your lawn mower's clogged blades it more closely resembles what it really is - a jungle. It's green, and it stops gulleys, but that doesn't make it a lawn

Just out of idle curiosity I hauled down my copy of the 1948 Yearbook of Agriculture, "Grass" (Senator Byrd would be delighted to mail you one, be you Republican or Democrat) Starting on page 302 a couple of grass experts reveal - in 14 points - the secret of making good lawns. My advice is that you not read it unless you are tough minded. You will find that your lawn, if you can call it that, was established by methods which violate at least 10 out of the 14 points. This provides some clue to how much hard work you have ahead of you. And the time for that grass rehabilitation program to get under way is right now, well before the first frost arrives. Even the minimum treatment will soak up at least two full week ends and several day's pay

(Continued on page 5)

#### IN DEFENSE OF F F H R A. (First Families of Holmes Run Acres) Wm. Marshall Wright

It has been assumed that I am a writer. Whether this idea stems from laziness on the part of the editors, or that mystic complacence that leads the proprietors of the crumbiest flop-houses in Skid Row to decorate their doors with signs reading "Through these doors pass the world's finest people-OUR CUSTOMERS', I do not pretend to know I do know that this idea has killed more publications than Ike's delivery has killed good speeches. And I do know that it will kill this one unless it is mercilessly rooted out of the editor's minds.

The purpose of this article is frankly to arouse class hatred. I have been appalled at the way in which the early settlers in this community have forgotten their position and begun to mix readily and on an equal basis with the Johnny-come-latelys who settled in the forest lands beyond Hemlock Drive (?) It is not that we pioneers begrudge their coming. We braved the dangers of this barren and savage land to set up a colony for the "tempest tossed" refugees who yearn for the freedom to walk from their doors and see not an elevator but the gently rolling hills of solid crab grass. We have dedicated ourselves to the task of providing an asylum where lovers of nature may grimly watch their carefully nurtured shrubs be squeezed to death in the relentless clutch of the primordial clay and igneous bed rock which appear to be the only two components of soil in Northern Virginia. To these gentle pleasures we welcome these immigrants. But let them keep always in mind the debt that they owe to the hardy race of man who first ventured into this virgin soil. Let us remind them of the hazards that we so resolutely faced. What do they know of the bulldog courage that it took to venture over the greased and pock-marked ribbon that was Gallows Road last winter before the State of Virginia kindly turned it into the broad, straight, level, tree-lined boulevard that it now is. What can they know of the unflinching determination that inspired us to stay here during the scorching summer, the bitter winter, and the floods of the spring thaw without even telephone, to connect us with the bestions of civilization. How can they picture the enc struggle that some of us had with Mr. Cole, hard-hearted representative of the Brothers Luria, trying to convince him that houses without roofs did not meet the requirements of F H.A. Most of all, can they imagine the terror of the Fall of 1951,

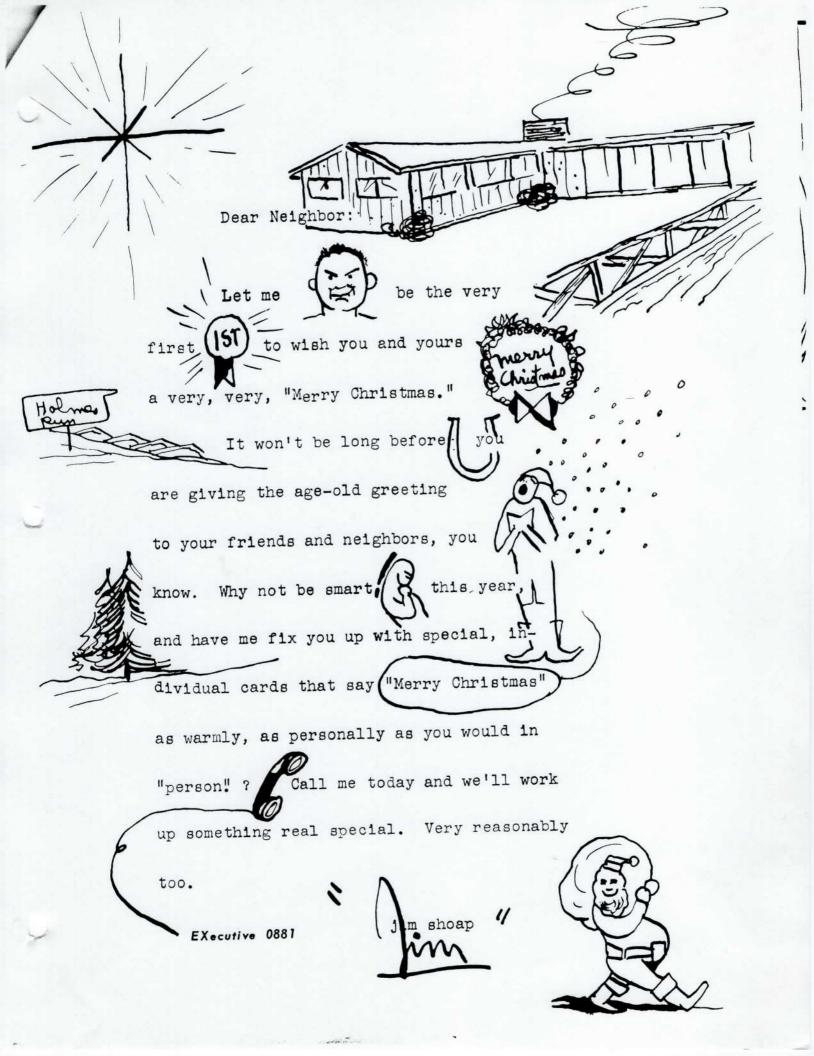
B.C. (Before Caulking) when we lay in bed and saw upon our ceiling a solid cover of strange, tiny, gray, armor covered animals, animals that thrived on DDT and were too small to hit with an Army 45 slug. The dust storms that followed each delivery truck, the hordes of man-eating flies that besieged the residents of Sycamore Drive prior to the destruction of their barn breeding ground to make room for the La Favre (?) house, the titanic struggles between husband and wife over that forgotten loaf of bread before the bus with the cow horn began bringing staples to our front doors. These things are both our memories and our heritage. They fashioned us into a new breed of men. We must instruct our newly arrived and softer brethern in the meaning of Holmes Run Acresism.) We must form an organization to perpetuate the principles for which this wilderness was conquered.) We must vigorously root out the un-Holmes Runian activities of power mowing, ready made shade trees, and the like If we original settlers band together as the First Families of Holmes Run Acres then the high road to the future is clear. We can prevent all dangerous innovations and make sure that our children will suffer, even as we have suffered.

# THE COMPLEAT HOMEOWNER

#### (Continued from page 4)

Fertility, good texture, and sound growing stock are fundamental. You can get the first by spreading about 75 pounds of ground limestone per 1000 square feet plus a minimum of 25 lbs. 5-10-5 (or higher analysis) commercial fertilizer to the same area. Texture is not so easy, and it takes time. Krillium (Fluffium, etc.) will help hasten the day, but it is a costly substitute for raking, rolling, small additions of top soil and mulches such as chopped straw. And the only way to diminish the population of the scoundrel grasses, such as crab, is to give it plenty of competition by liberal seeding of grassclover mixtures which will stand up under close mowing. The selective weed and grass killers help, but only in the short run. Those of you lucky enough to have large trees or even small forests on your lot have a special complication, that of generating a shade tolerant turf. Any eager seed salesman will get you straightened out on this.

It would not be fair to conclude without a word of warning. All of this leads only to more work. Your lawn will not only look better and feel better on junior's bare feet, but will alwo have to be mowed about twice as frequently as the jungle you now despise. The <u>lawn</u> always wins! Next issue we'll take up your treasured trees and shrubs.



THIND ISSUE

VOVERBER

#### THE HOLMES RUNNER

Publication of the Holmes Run Acres Civic Association, Fairfax County, Falls Church, Virginia. Published monthly by the Association. Mrs. Frances Leighton, Editor, 2014 Sycamore Drive, telephone · JEfferson 4-4387.

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#### EXECUTIVE BOARD

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#### Greetings - Holmes Runners :

Those of you who were at the regular meeting on September 22, heard the discussion relative to the continuation of this publication in its present form. It was again discussed at the Executive Board Meeting on October 10th. The problem is no nearer a solution now than it was a month ago.

It is my personal conviction that this publication can pay its way and prove a profitable venture for the Association. A house organ, a company newsletter, or a community magazine are all beneficial to a parent organization if properly managed and directed. There is no question but that we have the writers, the authors, and the talent to put out a distinctive and an attractive publication, and what is more we have the people with the enthusiasm, the desire, and the drive to do it.

As a community, we are going to need many things such as additional traffic safety signs within the area, street lights, play grounds and lunch room equipment for the school, sponsoring youth activities; a park, and there is some talk of a swimming pool. Those are all worthy objectives, just to mention a few. They are all going to require money. Would you rather dig down and shell out your own money for these purposes or would you rather pay for them from the profits derived from the sale of advertising in the "Holmes Runner"? It's as simple as that.

I am told by reputable authorities that the average family income in this area is over \$7000 a year. If That represents an annual payroll of about one and one-half million dollars. No advertiser is going to look askance at a market represented by a payrol of that magnitude. Furthermore, we represent a select market for modernistic furnishings, landscapping supplies and materials, patio and lawn equipment, and all the other necessities of modern living.

That's the story, and this now becomes a call for volunteers. We need an advertising committee of about ten men and women with a director of advertising in charge to sell the space. If any one has had experience along this line, or would like to gain experience, here is an opportunity to render a real service to the community. I wish you would call me if you can help on this enterprise.

What about it? It s up to you!

Editor: Fran Leighton Associate Editors Howard Ball, W W Condit, Sarah Lahr, William Marshall Wright Art Director: Thomas Yanosky Published by Shoap Lithographic Service

#### THE COMPLEAT HOMEOWNER Howard Ball

There are 624 million acres of forested lands in these United States, but in Holmes Run Acres this is a meaningless, and probably a frustrating statistic, unless you happen to live south of Hemlock Drive and east of Laurel Court. The forest dwellers and the sun lovers are about evenly divided, but merely having or not having a natural stand of trees has little to do with whether or not we are confronted with sylvan problems. It is only that our problems are of a different nature.

Out in the "great plains" area, the challenge is that of getting a shade tree or an ornamental shrub started. This is no mean trick, although it can be done If you doubt my word cruise by the Rourk's some afternoon, and look over his tree farm just east of the new school. Note the skillful use of native materials (I know, because some of it was borrowed out of what later proved to be my own front yard) such as dogwoods. cedars, and laurels. The reason why most trees borrowed from the forest have a bad time after transplanting is that folks' eyes are bigger than their backs are strong. They want overnight to sport a stately maple, with a girth of four inches and reaching 20 feet high. Such efforts are foredoomed to failure unless you have professional tree lifting gear. Stick to those little fat open grown babies about 6 to 7 feet tall. And take with them a root ball of at least a two foot radius or more. Go deep as well, and dig out some of the running roots too. And after it's in the ground, even though it crush your soul, prune back the branches without mercy For most transplanted trees die of thirst, with the foliage demanding more water than the shattered root system can provide. This first year mayhem on the crown will pay off in survival, and save the strain of replanting. Some goes for your shrubs.

Everything else being equal, you will also save trouble by not planting trees under your power or phone wires, over water and sewer pipes, and too close to your or your neighbor's driveway This saves the agony of surgery or actual removal later on.

Over in the tall timber zone along Elm St. you run into a different breed of cat Here, believe it or not, you may have too much shade After all, you do have the wash to dry, your favorite flowers

#### HOLMES RUNNER, NOVEMBER 1952

to grow, and you don't want to settle down to a year round battle with mildew. So don't be alarmed if one or two of your nice oaks or tulip poplars looks sickly. They make excellent fire wood. However, if you insist on saving every stick on the place, you had best check these features. (a) how many bulldozers sharpened their blades on trunks near your house, (b) how many inches or feet of subsoil were piled over the normal root level, and (c) how much of the root system was ripped out by foundation excavation. Where such disturbances are combined with the compacting effect of "cat" and "dozer" tracks you are probably headed for minor if not major trouble. Tree wells help, but they are no cure-all. Spotting of fertilizer at the bottom of deep crowbar holes will also delay the demise of a seriously weakened tree. Where root loss is .... heavy, pruning helps, if you can do it yourself. (commercial work is expensive) without breaking your neck or poking a hole in your rooftop. But don't get your hopes too high. It is the disruption of normal water and drainage conditions which really is the killer, and about this you are virtually powerless. Time, alas, alone will ameliorate such conditions.

Shrubs can do much to cover up the horrible nakedness of a new house or yard, but be careful. They can also cause plenty of headaches. For instance, a well planned maze of shrubs out in your yard can increase lawn mowing and trimming time by a factor of 100%, especially if you use an electric power mower with that "handy" little cord that follows you around. Another thing Shrubs grow up, just like you did. They can turn a glassed-in panorama into a gloomy patch of jungle green in just two or three growing seasons. And, placed too close to your foundation, they can provide a paved highway for insects of all kinds to mount their assault upon choice bits of framing and wood panels. Shrubs fall into two groups. The austere and monotonous kind, that look the same all . year round and never do anything spectacular (mostly the evergreens). They are nice to have around in the winter. But they'll never give you the lift that comes with the first saffron shaft of Forsythia early in March, or the warm ruddy glow of Japonica a bit later. And try for sure to latch on to at least one late berry bearer, such as Fire Thorn. They proudly flaunt their colors well into the first snows. Thus the year is spanned.

Next issue we leave the biological realm for things technological, such as what goes on in the home workshop. After all, the hobby season is about upon us, and you've promised junior you'd fix his toy. Well? Are your tools sharp, your brushes soft and clean? We shall see

#### HOLMES RUNNER, NOVEMBER 1952

#### THE HEARTY HEARTH W.W. Condit

The red glow of the hearth signifies comfort, contentment and combustible practicality The esthetic glow of a good bed of ashes not only contributes to the peace of mind, but conserves a piece of the purse. It can also give the swivelchair bred man some valuable exercise, resulting in either a heart attack or more robust health. Let's examine these somewhat alliterative allegations.

Before you have a fire you must have the necessary ingredients. We all have fireplaces. In fact, some of us have two of them.Firescreens are necessary. They come in all types, a matter for the individual taste, for as long as they keep in sparks (and if you're careless, rolling logs) they are satisfactory. Some sort of support for the logs is necessary. Andirons are the most common, and can add a very artistic touch, for they come in a great variety of designs (and prices). Log cradles are not so well known, but are very practical. Then, too, you can buy grates for cannel coal. The latter costs less than logs today, and gives a lot more heat with a very nicely colored flame. Some of you might be interested.

Logs come in many sizes, of many kinds of wood. The three commonest are pine, oak and hickory. Pine are usually cheaper and are very aromatic Fireplaces appeal not only to the eye but to the olfactory sense as well. Pine that is not entirely seasoned (dry) is rather hard to ignite, sends out wild sparks, and smells very pungent. Sometimes it's fun to throw a green pine log on an old, established blaze. Oak is hard to ignite, gives a great deal of heat, and lasts longer Hickory is betwixt and between. If your logs are large, five inches or more in diameter, they should be split for the best effect. If they are very large, they should be quartered. Cordwood is usually satisfactorily split. It is not advisable to do this job without considerable experience Accidents arising from the task are many and can be gruesome as well as painful.

Now you have your equipment and your fuel. You must build your fire. The best base is probably loosely crumbled newspaper on which you have piled twigs, chips, small branches or other kindling. Then light it. It's better for the fire, for the eyes and for the nose to have the draft wide open at this time. If this method is too irksome, there are some aids which may be used. Some employ chemicals, some ressemble flares, and some are just applied by means of a spout to the wood. All seem to work well, and your local hardware dealer can advise you. Never use gasoline or kerosene, however, for the backflash can give you are to be If you have a nice fire going, but feel it is too prosaic, you can safely stage a minor display or pyrotechnics. Here are a few methods:

Dried citrus fruit peels soaked in copper sulphate solution produce odd, dancing little flames of many colors;

Dried pine cones, either "straight" or soaked in the above are quite striking;

A solution of four pounds of copper sulphate and three pounds of rock-salt and water, in which loosely-rolled newspapers have been soaked, and dried produces the popular "newspaper log" which burns beautifully.

In conclusion, remember to keep a good bed of ashes.

#### ION COAT NOTES Sarah Lahr - Jean Burbach

All self-respecting authorities (self-styled) on coats should begin their pontifications with a short treatise anent the Ideal Coat. (This is a long-standing rule which we just made up). The Ideal Coat, to 99 44/100% of all women, is mink.

Jean and I thus put ourselves squarely in opposition to Valentina, the couturiere, who is supposed to have shrieked in disdain: "Meeeenk? Bah! Meeeenk is for fooootball!" We think this view is possible a wee bit snobbish. It's true that mink is pleasant to wear while witnessing gridiron affrays, but it's really quite suitable also for shopping, luncheon engagements, teas, bridge parties, cocktail gatherings, dinner dates, the theater, or even dancing parties and Presidential receptions.

Mink, mutation or dyed, is available in shades from white to almost black, and in a wide variet y of styles. Furthermore, while mink epitomizes luxury to many, it is actually one of the most practical and longwearing of all furs. As your full-length mink shows signs of faithful service you can cut it down to a jacket, or stole, or cape, or muff, or tippet. Or you might rather folleo a suggestion we've long cherished from a fashion magazine: "Don't discard your old mink coat; have it made into a rug for your bedroom. Fur feels so charming on bare feet as you slip out of bed on a cold morning."

If some of you are not, at the moment, loaded with pelf for pelts, you might possible like to hear about some of the non-mink garments Jean and I admired in our search for Fashion Finds. And after considerable note-comparing and minkless soul-searching we've come up with two major conclusions. The first is that the much publicized "poodle" coats have gone to the

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#### HOLMES RUNNER, NOVEMBER 1952

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#### FASHION FINDS (Continued from page 3)

lance, are unsellable items). Even buyers for the shops admit this. So unless you madly adore the shaggy dog look (and jokes!) spurn poodle coats! Secondly, this is a year when no matter what shape you're in--piccolo or mandolin-there's a handsome coat for you.

Contour-wise, there are coats fitting like a second skin from shoulder to hand-span waist, below which they flair moderately or extravagantly. The opposite extreme, and possible the newer line, if such it could be called, is an enormously voluminous garment with the side seams starting at the elbow. These modish pup tents have simple mandarin-type throat closings, several large buttons on the upper chest, are often modeled with a large fox muff, and would be impressive, we think, on all of you who are six and a half feet tall, weighing 105 pounds.

Ultra "high style" is for the rich, and the exhibitionistic -- the well-heeled, and the roundheeled, as it were. Holmes Runners who are neither can still find very serviceable fashions to suit their needs, figures and personal tastes. Jean and I were both taken, for instance, with an all-purpose coat featured at one of the better shops for only \$35. It is of a nubby tweed, is loose-fitting without excess bulk, and boasts a milium lining, to provide warmth without weight. This same store also has what impressed us as an extremely sensible combination: a fitted reefer with matching skirt. These come in softcolored plaid tweeds, and would seem to be so useful as to almost amount to a Holmes Run uniform.

For dressier occasions Jean favors a clutcharound-you, domino-type wrap, which would accomodate all manner of poufs, bustles and elaborately draped poitrines. Were I buying a formal sort of cloth coat I think I would look for an almost classic fitted model, with perhaps dropped or rounded shoulders for a new touch, and a somewhat flared skirt. The material: an elegant, smooth-textured black.

Just a word about colors: beige (or oatmeal), grey, and benedictine brown are all newly favored and versatile shades. Scarlet is being promoted some this year, as is a new greyed yellow-green Black, of course, is perennial.

News in fabrics is tartans or clan plaids, and zibilene, a soft, fleecy stuff. Nubby weaves are shown in all shades. The British-type tweeds, with heather mixtures or muted plaids, are, of course, eternally popular, and justifiably so.

One new gimmick to revive last year's coat we'd like to pass along: a huge, large-patterned plaid wool stole-cape, or six foot tubular jersey stole-scarf, both with fringe

#### THE KAFFEE-KLATSH

#### Miriam Trimble

It is our purpose to chronicle here, just for the record, the most important and timely issues raised at the regular (i.e. daily) meetings of the Holmes Run Acres Kaffee-Klatsch.

This group of experts is assembled and operates somewhat on the order of a television panel show, with the added embellishment of brimfull kaffee cups.

Now that you have the picture, I'll give you an example of the type of burning issues raised at our meetings, Before some male wag comments on the word "burning", we of the klatsch want to scotch the idea that everything burns in our kitchens except issues, certainly nothing on our 4-burner gas ranges. Which brings us to cooking.

The other day we got around to the question of pressure cookers. My "next door" neighbor and my "across the street" neighbor expressed themselves as against them. As cooks these girls are no slouches, so I paid some attention to their remarks. To summarize, (and that is imperative since space is limited) they felt that quick cooking of foods under pressure robbed them of flavor and furthermore the jobs a pressure cooker could do well were very limited.

Though representing the minority opinion on this three-woman tribunal, I rose (only figuretively) to speak on behalf of the pressure cooker. Pressure cooking is modern cooking. It can save time, preserve the nutritional values in food and taste mighty good.

Several days later I was browsing in Brentano's Parkington Book Store and found, strictly by accident, a book entitled "Pressure Cooking" by Ida Bailey Allen. Miss Allen said what I'd been trying to say, only she said it much better. Her book has 400 pages of 'what to' and 'how to' with a pressure cooker. This includes 750 recipes and menus. Cost of the book is \$2.50.

Even if this book doesn't make a complete convert of everyone who reads it, it is sure to open your eyes to the versability of this elite of the pot and pan kingdom.

There are instructions on how to cook in advance complete menus for company dinners, luncheons and supper parties.

For example, Miss Allen says the following company dinner can be prepared in 45 minutes complete.

\* Shrimp Cocktail Salad Plates \* Chicken Cacciatore \* Spaghetti Peas Crusty Rolls \* Pound Cake a la Mode Chocolatina

Chianti Cottee

communed on page 5)

FILE

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#### HOLMES RUNNER, NOVEMBER 1952

#### MEET YOUR NEIGHBORS

Everyone who reads political news in Virginia these days knows about Byrd men. But are you aware of the large number of bird men-flyers to you--we have in Holmes Run Acres? There are Air Corps, Navy and Marine Corps aviators with very distinguished flying records-- and decorations, need we add, up to here. Though their present assignments keep these airmen mostly Pentagon deskbound, they're up flying high, wide and handsome every chance they get. You can easily spot 'em by the wild blue yonder in their eyes.

Civilian government employees constitute another large bunch of Holmes Runners. We have lawyers, economists, research analysts, administrators, foresters, engineers, a biologist, a cartographer, a patent examiner, a physicist, an accountant, a personnel officer, and a hospital consultant. We also have one of something there's only one of anywhere: a gentleman with the FBI whose title, he says, is "Supervisor, SOG"-- SOG that is, as in Seat of Government.

There's quite a group in our midst who "work for the Federal Government" period full stop. There's also quite a set of service men in quote sensitive spots unquote. We hope these sensitive officers get together with the Central Intelligence folks and devise an identifying grip or high sign so that they can swap shop talk and still keep their secrets safe. The chats would have to be in hushed hush hush, of course....

Private industry is not wholly unrepresented in Holmes Run Acres. Aside from the news writers you read about in our first issue, there are two telephone men, some sales representatives, a commercial artist, a radio engineer, a radio technician, a real estate salesman, a civil engineer, a lawyer, a law student (industrious), and a psychiatrist, with three nurses and a secretary on the distaff side.

The largest single group of Holmes Runners consists of those who serve as cook, nursemaid, laundress, cleaning woman, chauffeur, marketer, seamstress, errand runner and dish washer, not to mention house painter, interior decorator, gardener, brick layer, and baby sitter. Our questionnaire lists members of this group as unemployed--classification--housewife.

THE KAFFEE-KLATSH (Cont. from page 4)

#### Time Saving Routine

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- Pressure-cook, cool and shell shrimp for salad plates.
- 2 Make and cool chocolate sauce.
- 3 Set the table

- Page 5
- Prepare and pressure-cook chicken cacciatore. service in covered dish.
- 5. Assemble salad plates.
- 6. Pressure cook Spaghetti.
- 7. Start coffee. Put rolls, butter and relishes on table.
- 8. Combine spaghetti and chicken for service.
- 9. Serve dinner.

Starred recipes are in the book, but those of us with pressure cookers have instruction books, presented tree of charge with the cooker, which include time charts and recipes for these dishes.

I've just about decided that if my two neighbors behave themselves they are going to each get a copy of "Pressure Cooking" in their Xmas Stockings.

#### ODES TO THE HOPEFUL W. Marshall Wright

#### Barefoot Boy

Barefoot boy with cheeks of tan (not to mention eighteen grand) Shows himself to all the land As paragon of blameless youth Symbolized by clean hound's tooth. If he is the new boy Veep No more TV tears he'll weep (Forty grand a year he'll reap. That will feed his Cocker Spaniel And buy his brand new Boy Scout Manual).

#### Everybody's Pin Up

Everyone seems fond of Ike, Joe Mc., Jenner, Cain, the like, Even Taft, in famed decree Called their difference just "degree". Otherwise they all agree. (Disgusting unanimity).

#### The Honest Man

Honest Adlai speaks with candor, Won't to public foibles pander. For a candidate, unique. Laudable, (but dumb I think).

#### John Sparkman

About John Sparkman we'll say no word Because there's nothing bad we've heard.

#### ON THE RUN WITH FRAN LEIGHTON

Hello and Goodbye to the Johnny Platts and Ford Lovelaces, who are leaving our development to follow the lure of Luria freres' bigger and erhaps) better development, Pine Springs. We ate to see them go, were just getting nicely acquainted. But that's life ... It will also be goodbye soon to newcomer, Erline Barreiro, who is taking a trip to California and plans to stay away all winter. Won't she miss sweeping the snow from the carport? Waiting for the snow plow to clear Gallows Road (that broad, treelined boulevard) ... Good News to everyone is that Edi Hilburn is slowly recovering from polio. We hope to see her back home soonest. She's a great trouper ... Did you ever see a beautiful woman, perfectly groomed except for one thing-her slip is hanging down in the back? Well, that's the way Holmes Run Drive has struck some people who live in it and some who come to visit. It's only a little flaw we have, one that can be remedied, thank goodness, and that is clothes hanging in the carports to dry. We know that there are emergencies, and we know that the first week one moves in one does not have time to shop for one of those outdoor clothes hanging gadgets. But the complaints are legitimate when the clothes keep appearing week after week and month after month. And the ironic thing is that it usually happens right across the street or next door to a family who are putting heart, soul and oney into improving their homes and yards but

ren't the courage to mention it. Even your vest friends won't tell you ... While we are inserting the needle, what about the name of that school? Are we going to sit idly by on our civic pride while the name Woodburn School is made to stick? .. If you want to bring good cheer to a Holmes Runner who hates to ride to work alone every morning, help him find someone who works at Gravelly Point, across from the airport, so that they can form a car pool. His name is Bud Cifelli, JEfferson 4-4399 and his wife says he's beginning to doubt there is another soul "Going His Way" ... Did you happen to see the wild geese fly past Friday, Oct. 10, and hear the strange and wild and thrilling cry which brought us rushing out into the yard and ready to follow? .. Congratulations to Elizabeth Hennessy, Audrey Featheroff and Margaret Johnston, who have given birth to little girls and finally reversed the trend of baby boys in Holmes Run Acres ... One woman's opinion: Most beautiful rock garden in Holmes Run Acres --Audrey Sullivan; greenest thumb -- Flo Flock; kindest heart -- Kathy Birnbaum (who can't turn out a stray cat, kitten, hamster, goldfish and what have vou, and so is saddled with all of them): most like

her name -- Gracia Houge; prettiest hair -- Helen Trudeau; raciest car -- "Jaguar" Moulton; best raconteur -- K. D. Flock, laziest female -- Me .. Xmos is coming and if you want Holmes Runner Jimmy Shoap, otherwise known as our publisher, to make up some humdinger cards for you, get ahead of the pack and call him quick at EXecutive 0881 or stop at his home at 2000 Sycamore Drive ... Cheers for Guy Trimble, a truly great guy who, with his loyal crew, canvassed Holmes Kun from fir tree to Hemlock and managed to get 92% participation in the grand and glorious beetle control program. Now let the bugs come. We're ready for 'em .. Friends of Immi and Nick Close will be happy to know that though they have moved they have not gone far -only to Rockville, Md., where they have purchased a little farm ... The Knoertzers, who have bought the Close home have made an important contribution to our community -- a baby sitter named Rennie, age 14, wonderful with kids and marvel of marvels, available weekends. Call her at JEfferson 2-8268. Rennie's pop, Captain Halford A. Knoertzer is just back from the Korean War where he spent a year as skipper of the attack cargo ship U.S.S. Montague. Folks, be sure to read the letter from the prez if you want The Holmes Runner to grow up into a nice big, little magazine. And if you do and if you want it to, and if you just pick up your phone and let Hank LaFaver know you have an hour a week to spare, it could make all the difference in the world.

Hopin' to run into you soon,

Aran

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#### GALA HALLOWEEN JAMBOREE!!!

Hey kids, get your mothers started on your Halloween costumes right away for the big Holmes Run Acres Halloween Party to be held on October 31, Halloween night. There will be fun and frolic for everyone and prizes for the best costumes.

Get out early for Trick-of-Treat because at seven o'clock or thereabouts the big parade will start and you will want to join in - yes, with your dad and mother too - because after winding through Holmes Run Acres, the parade will end at the Big Bon Fire! It will be real spooky with pumpkins, ghosts, witches, and goblins romping about in the eerie fire light. There will be surprises too. We might even burn a witch on the fire.

So start getting ready now. We'll give you more detailed information later on, but we want you to be prepared for the best Halloween fun you've ever had.

work way ... you --- the O W L

& game areas

#### HOLMES RUNNER, NOVEMBER 1952 REPORT ON THE NORTH Richard J. Davis

The North Pole, kiddies, looks just like your refrigerator (or mine) the day before payday cold and barren. This I can report from personal observation, having recently returned from a trip to Greenland and the top of the world. It was a serious mission to see military installations in that vital region, particularly the huge newU.S.-Danish base at Thule, Greenland, only 910 miles from the Pole. But of the serious aspects of the cold war in cold climes you have, I am sure, read plenty in the daily press (and in Newsweek, I trust!), so permit me the frivolity of passing along some of the lighter, but sometimes educational, aspects of one suburbanite's journey into the relatively unknown.

Did you know, for example, that mosquitoes are a scourge of the Arctic? Yes, the bogs of northern Canada (if you think you've got drainage problems you ought to fly over Baffin Island) offer a happy nesting ground for our stinger-beaked friends, and our arctic survival gear included mosquito netting. It isn't even awfully cold for much of the year. It was 23 above zero on the ice at the North Pole when we were there --- or warmer than my bedroom on some January mornings last Winter when, seeking to hold out a bit on Rosslyn Gas, I kept the thermostat turned down.

When we were briefed on what to do if we crash-landed on the ice, practically the first words to buffet our ears was a warning against liquor. And there I was with a pint of liquid heat brought along for just such a contingency. But even the best stuff, we were told, would in the long run make you feel colder. (Morale effects were not mentioned.)

P.

A. ....

A highlight of our trip was the visit we made to a bona fide Eskimo village. The site planning was pretty good: a lovely iceberg filled bay, towering ice-capped mountains all around, and good space between houses. But the design and construction --- clods of earth piled atop each other --- would never be approved by the Southwest Research Institute. Space utility was very high, however: eleven people lived in one house about 15 by 20 feet.

When I got back to Hemlock Drive I thanked Providence (and Gerald and Eli) for my crabgrass and my sickly fruit tree, for John Q. Eskimo's lawn is an unhappy marriage of rubble and moss and his tallest tree is the arctic willow which towers three inches above the ground. I was even grateful for the dogs in my neighborhood, including my own St. Bernard, for at least here we outnumber the canine population (I think), whereas in Thule Village the Huskies would sweep an election p Greenland has one great asset an 11,000foot-thick ice cube that covers most everyone's back yard and is surely big enough to cool all the highballs ever mixed, including even the bar of the National Press Club. This crystaline ice snaps and pops while it melts, so that Old Grand-Dad sounds like Sugar Corn Pops, which is nice if you like sound effects with your evening pick-me-up. But I for one --- and this, friends, is my message --- prefer the quiet of my backyard, the beauty of my crabgrass, the seven leaves of my apple tree, and the little house that Luria built, to all the wonders of the Far North.

Be sure to come to the next meeting, Nov. 24th, 8:00 P.M., Grange Hall, corner Annandale and Gallows Road.

#### Dear Editor:

Having lived in ye Holmes Run Acres a mere three months, I suppose that we are a pair of the "Johnny-come-latelys" written about so disparagingly by Mr. Wright in the October issue of the Holmes Runner. However, despite our recent arrival, we wish to assure you that we too have suffered.

Until we moved in in June, no one except my father-in-law had seen our dreamhouse. He, progressive soul that he is, cast all his doubts aside and reported to the folks in Baltimore that, "It's out of this world, but from far away, it can look like a stable."

On our second Sunday here, our relatives swarmed down to Virginny like those "tiny, gray armor-covered animals," Mr. Wright described so well (animals that are still with us, I might add).

"This is a house?", commented an uncle. "I thought for a minute I was in Pimlico."

"Are you going to be cold - ha, ha - this winter - ha, ha! Only a row house is warm. Wait until the wind blows through the walls and the windows sweat and the snow piles outside the windows. Then you'll know how good you had it in Baltimore."

And so it still goes. Many relatives and friends have not ventured down as yet, but we shudder at the very thought of inviting them. We fervently defend our dear little abode with all our hearts, just as we do our uncle who died in a mental hospital and our cousin who writes numbers, but we are tired. Above all, we dread hearing those oft-repeated words ... "modern - phooey. A good row house they could have, with two bathrooms."

Sincerely yours in pain, /S/ Rose R Kushner

ROSE KUSHNER (Well Known In 1st book of public acclasm a breast concer: WHY ME?" THE WASHINGTON POST "MISSED SCHETTING IN HER CREDITS: FRANCES SPATZ LEIGHTON

# Washington Chronicler Frances S. Leighton, 87

By JOE HOLLEY 4 - 14 - 07 Washington Post Staff Writer

Frances Spatz Leighton, 87, a prolific writer and journalist who made a career chronicling the lives of people who work backstage, backstairs or in backrooms in official Washington, died April 6 of congestive heart failure at Manor Care in Arlington. She lived at Lake Barcroft in Falls Church.

Ms. Leighton wrote more than 30 books and countless articles on subjects such as the White House chef during the Eisenhower years, Jacqueline Kennedy's dressmaker and personal secretary, the man who ran the Senate restaurant, the man who worked as the House of Representatives doorkeeper for 42 years (William "Fishbait" Miller) and the dogs who have occupied the White House.

She began carving out her journalistic beat shortly after arriving in Washington during World War II. Among the many freelance articles she wrote for Sunday supplements and other publications, including The Washington Post, were profiles of a Washington woman who "prayed" herself thin, an Ohioborn grandmother who was the official keeper of the Great Seal of the United States and a 12year-old freshman at Georgetown University.

Many of her books were of the "with" or "as told to" variety, including "My Thirty Years Backstairs at the White House" (1961), which did not end up on the remainder table after public interest had moved on to the next big thing. Written with Lillian Rogers Parks, a seamstress and maid who worked in the White House from the beginning of the Hoover administration in 1929 to the end of the Eisenhower years in 1961, the book was on the New York Times bestseller list for 26 weeks and became the basis of a nine-part NBC miniseries in



Frances S. Leighton wrote more than 30 books and many articles on insider aspects of Washington.

When the Leighton-Parks book came out in 1961, it so alarmed the incoming first lady that she ordered all White House domestic employees to sign a pledge that they wouldn't write about their White House experiences. Jacqueline Kennedy's personal secretary for 12 years, Mary B. Gallagher, waited until 1969 to write her book, after Kennedy became Jacqueline Onassis. That book was "My Life With Jacqueline Kennedy."

"Fran was such fun to work with and so conscientious," said Gallagher, who had stored away a 700-page manuscript of her reminiscences for her two sons to read when they grew up. Once she felt free to tell her story, she sought Ms. Leighton at the National Press Club. The two women worked at Gallagher's home near Alexandria nearly every day for six months to get the manuscript in shape for publication. They remained friends until Ms. Leighton's death.

Ms. Leighton occasionally wrote books about the rich and famous, including "The Pat Nixon Cookbook" (1960), with recipes for tamale pie and peppermint stick cake; "In the Footsteps of John Paul II" (1980), with John Szostak; "June Allyson" (1982), with the actress; and "The Search for the Real Nancy Reagan" (1987). WAS THE FIRST EDITOR OF "THE HOLMES RUNNER"

Reviewer Marten Down didn't like the Reagan book. "If this is the unauthorized biography of the First Lady, one shudders to think what the authorized version will be like," she wrote in the New York Times. "Frances Spatz Leighton is so sympathetic to Nancy Davis Reagan that she almost becomes one with her."

Ms. Leighton was born Frances Ornstein on a dairy farm in Geauga County, Ohio. At Ohio State University, she wrote poetry, had a show on the campus radio station and was a member of the Verse Writers' Guild of Ohio. She told an interviewer at the time that her aim in life was "to conduct a newspaper, poetry and philosophy column." She dropped out of school three weeks before graduation and moved to Washington.

Before launching her bookwriting career, she was a freelance journalist with the Metro Sunday Group, a contributing editor to Family Weekly and Washington editor of This Week Magazine.

A diminutive woman with red hair and piercing green eyes, she was more comfortable asking questions than answering them, recalled Ed Sauer, a longtime friend. "She was focused, animated, always interviewing. you," he said. "I think she knew a lot more than she wrote."

In more recent years, she wrote "How to Write and Sell Your First Novel" (1986 and 1998) and "How to Write and Sell Your First Nonfiction Book" (1990). She also gave public lectures. Her regular topics included the extramarital affairs of U.S. presidents.

For the last 25 years of her life, she lived in a house filled with books and surrounded by 60-year-old azaleas. She hosted an annual azalea party the first Sunday in May, which featured great food and what she called "a round robin." Toward the end of the party, she ushered the remaining dozen or so partygoers into her living room and had each of them share a story from his or her past.

Her husband, retired Air Force Col. Kendall King Hoyt, died in 2001.

She leaves no immediate survivors.

THIS issue reports on the October meeting - so There meest have been 2 issues in november . 

THE HOLMES RUNNER

\* Just a few items of interest to keep you up to date until we can do better. and interest DON'T FORGET TO COME TO THE NEXT MEETING -- GRANGE HALL MONDAY, THE 24th - 8:30 P.M.

November 21, 1952. Second Holmes Run Acres Civic Improvement Association

23

issue in november)

Publicity Committee

#### MINUTES IN MINIATURE

At the October session of the Civic Association, a brief business meeting preceded an evening of dancing.

The resignation of A. M. Smith as chairman of the membership and additality committee, and of the civic improvement consistee was announced. Earl Rogers succeeds him on the membership constituee and Guy Trimble is the new head of the civic improvement group.

Mr. Primble reported 95% participation in the beetle convict project from property owners in the "old" section of Holmos Run Acres.

Edward Spoonamore announced that other, civic associations in the area are being brought into the water rate reduction project of his committee, and remarked that prospects for successful reduction seem reasonably good.

The petition seeking bus service into Holmes Run Acres was discussed, and referred for further study to the civic improvement committee.

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The possibilities of building a swimming pool to serve the development, and possibly adjacent areas, were briefly debited. Col. William F. Savoie reported on his investigation of this matter.

Dancing was the next order of business at this "meeting and the eighty or so members present pronounced it "a real ball." Mrs. Audrey Sullivan was chairman of the program for the evening. Refreshments were the responsibility of Mrs. Yolanda Moss, who was adsisted by Mrs. Millie Hutsinpiller and Mrs. Jane Squire. Mrs. Debbie Dale solected the records for dancing and acted as caller for the Faul Jones. Seating arrangements were provided by Joe Cragwall and his assistant, Bob Gillis, Mrs. Mable Knoertzer, with her aide, Mrs. Dorothy Gubser, decorated the hall for the party. The reception committee consisted of Dr. and Mrs. Paul Grey and Comdr. and Mrs. Russell Trudeau.

#### PUMPKIN CAPERS

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Well over two hundred adults and children witnessed the climax of Holmes Run Acres! first community Halloween celebration when they gathered around the roaring bonfire on the school grounds for the judging of costumes and awarding of ribbons to the winners. The "Big Spook Parade" for young Trick or Troaters began at the corner of Elm and Executive Drives, and was preceded by a gaily decorated truck equipped with a loud speaker and a musical horn, wended its way down Elm to Holmes Run Drive to Sycamore and thence to the school yard.

the reported 93% participation in the

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"bio" sail at First, second and third prize ribbons were given to the boys and girls in the various age groups. Judges included Mr. and Mrs. F. W. Anderson, Mr. and Mrs. Eugene Jackson, Mr. and Mrs. Hershel Hutsinpiller, Mr. and Mrs. E. V. Caine and Mr. and Mrs. John Oliver. Costumes were judged for their originality.

scould reduct in seen reasonably goods prospects for

Comdr. Russell Trudeau, who is chairman of the youth program for Holmes Run Acres, was in charge of arrangements for the occasion and also trimmed the truck. Rusty's wife, Helene, prepared the prize ribbons and obtained the judging committees. 1 . ic a swimming pool

Col. Gene Kreighbaum took photographs of the first prize winners and led Jody Lloyd's Cub Scouts in the parade. The Cubs, in uniform with arm bands, acted as policemen in keeping the paradors together. Cacil Gubser acquired permission to use the school yard for the bonfire which was made by Russell Trudeau and Sully Sullivan. Allen Moulton contributed the Louispeaker used on the truck during the parade and at the judging, Bob Gillis loaned his truck and played the horn on it with telling technique.

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#### CUB SCOUT ACTIVITIES

The Holmes Run Cub Scout den has been very active in community affairs during the past month.

The Cubs of Den 7 passed out Liberty Bell notices to help get out the vote for the national election, helped keep order during the Halloween parade and party, and have been helping to distribute the Holmes Runner and notices of the Holmes Run Acres Civic Association.

Members of the local den are: John LaFaver, Frederic Lloyd, Peter Steketee, Richard Davis, David Gubser, David Noble and Michael Dubin from Holmes Run Acres; Jack Reed from Luttrell Road; Bryan Speer and Michael Kibler from Holmes Run Heights.

The den meets after school every Friday at the home of Mrs. F. M. Lloyd, the den mother. Mrs. William Steketee, Mrs. Richard Davis and Mrs. Robert Reed serve with the den mother as a mothers' committee to plan weekly meetings and the den's participation in the monthly Pack meeting at Westlawn School, as well as to assist her in other activities.

The November theme for local cub activity is "Faith of Our Fathers" and the den is planning a skit on freedom of worship for the next Pack meeting on November 28.

Since the local den is filled up, plans are now under way to form a new Pack which will meet at the Woodburn School.

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#### PRE-SCHOOL NEWS

The children of the local pre-school, which meets daily at 2010 Gallows Road, entertained their parents at a costume party on Halloween morning with songs, dances and finger plays. They have now started work on their Christmas projects.

The school is divided into two groups, nursery and kindergarten, under the direction of Mrs. F. M.Lloyd, who formerly taught pre-school classes in the Cleveland, Ohio, school system for three years following her college training in this field. She is assisted by Mrs. Cecil Gubser, who has taught in Billings, Montana, and locally. The Merrill-Palmer method is used as a basis for study.

Reading readiness and number readiness are taught the kindergarten group. The school now has vacancies for one nursery age pupil and for two kindergarteners.

Thanksgiving vacation will be observed the last week of November and Christmas vacation from December 19 to January 4.

#### Holmes Run Acres Unit Fairfax County League of Women Voters

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The next meeting of this group will be December 3 at 8:15 P.M. at the home of Mrs. Cremeons, 2412 Elm Street. The subject for discussion will be "The National Budget." Everyone is welcome to attend these meetings. The League of Women Voters is a non-partisan organization devoted to achieving good government through the active participation of informed citizens.

#### NEWS ON THE SWIMMING POOL

The Civic Improvement Committee is looking into "the feasibility of a swimming pool for our community, They have been busy collecting information on types and sizes of pools, costs, legal requirements, maintenance problems, public health requirements, etc.

When all the facts are assembled (and this should be in a few weeks) the committee will report its findings to the entire community.

With these few facts at hand, each family will be asked (1) if it favors the project and (2) the amount of financial support each family can contribute.

#### SCHOOL BOND ISSUE

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On November 12, Helene Davis represented Holmes Run Acres and the Woodburn School P.T.A. at a meeting called by W. T. Woodson, Superintendent of the Fairfax County Schools, to discuss the proposed school bond issue which we hope will come before the voters of Fairfax County sometime in January. If the school bond issue is passed, Woodburn School will be richer by four to six classrooms by 1955.

#### SCHOOL COLORS

A joint committee of P.T.A. and Holmes Run Acres Civic Association representatives met a few nights ago and selected the interior colors for the new school. This was at the request of the school authorities. The ladies naturally dominated the committee action and strange as it may seem, their selections on subsequent checking, were in exact accord with duPont Coloramics Engineers. They wanted peach in the cafeteria -- they didn't know why -- but the coloramics experts said "Lunchrooms should be peach - it enhances the appearance of food." Some classrooms are midnite green, some light rose the halls are light green with green marbelized tile floors. The cafeteria will have red marbelized floors. We think you will like it.

#### WELCOME NEIGHBORS

Saturday afternoon I saw my opportunity, Jean had lassoed our two "Wild Indians" for a drawing table round-up and the two girls began to commit mayhem and murder with pencil spears and crayon swords on several defenseless picture book cowboys and animals. Silently I stumbled out a secret side panel, making my way over the prairie to the New Territory - to say "hello", to some of our newly-arrived neighbors.

Mr. Cullen E. Waldo, homesteading at 2337 Holmes Run Drive, appeared to be ready for any encounter -- man or beast. He held out a quiver full of arrows and several bows suitable for hunting purposes. An avid archery fan in the past, he is interested in joining with others to plan a target range. With his experience, he should prove a very valuable member in any archery club. There is an interesting bow and arrow arrangement design over his downstairs fireplace. If you need pointers on how to make a bow or bowstring, Mr. Waldo can supply the answers. He is presently with the Survey and Map Unit of the Forest Service, located in the Del Ray Section of Alexandria.

Mr. and Mrs. Harold B. Bauer of 2407 Holmes Run Drive are formerly of Sausalito, California. Harold has a liason position between the government and his real boss, the Flying Tigers. Only today instead of shooting down enemy planes, the Flying Tiger Line delivers the supplies where and when needed for our fighting men overseas. They have a beauty of an Irish Setter, Mrs. Bauer can stop looking for that crib she will need in January. Please contact Mrs. Sieber, 2420 Executive, who wishes to give you a crib which she says is now occupying valuable space.

Jim and Eve Hogan, 2401 Executive, moved in on the 14ths. They have returned from a three-year tour of duty in Japan. Jim is with the Air Force. Their hometown some years ago was Ashland, Wisconsin.

Lt. and Mrs. Louis G. Timberlake, 2405 Holmes Run Drive, recently left the warm zephyrs of the Charleston Navy Yard. Lou will be with the Bureau of Naval Personnel.

Mr. and Mrs. Bob E. Mowson, 2414 Elm, cover both sides of the Potomac. She is at the Pentagon and Bob is a lawyer in the Legislative Council of the House of Representatives. Formerly of Rochester, New York, we welcome them both to Holmes Run Acres.

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Mr. and Mrs. Fred J. Steber, 2420 Executive, moved here about three weeks ago and are from Arlington. Fred handles much of the Holmes Run Acres properties as a real estate agent for Mr. Luria and when one of "their own" believes the sales patter, it must be mighty convincing.

Mr. and Mrs. Lorenzo W. Hall, 2421 Elm, are two very active people. Mr. Hall is helping a Scout Troop of Alexandria in their activities. He is with the Government Printing office.

Mr. and Mrs. George T. Ward, 2416 Elm, weren't home nor were Dr. and Mrs. Armand Brodeur, 2417 Hemlock.

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The Longs at 2310 Executive were entertaining with glowing flames, et al.

Mr. and Mrs. Bob Rausch, 2424 Elm were trapped at late lunch which always seems to happen. He is with the Treasury Department. Mrs. Rausch's sister, Miss Althea Hardee is interested in joining a car pool as a riding member only.

Nancy and Harold Hersh, honeymooning at 2302 Executive Avenue, are newly-weds as of September 6 and are now hating the writer as they read this for mentioning same. Nancy is a portrait artist with the Navy's Special Projects Section of BUAER. Harold is setting his sights on a career as a trial lawyer. If you want your hair curled free of charge, ask about his experience as a crop duster pilot.

Congratulations to Mrs. Charles B. Woodman of 2335 Holmes Run Drive on their new tax exemption -- a girl, born November 14th. Mr. Woodman is now the Principal Planner on the Planning Commission of Fairfax County. Plenty of active experience too -- for about the past five years he was the City Planning Director for Palm Springs, California, (Swimming Pool Committee Please Note: Mr. Woodman estimates that Palm Springs has 500 swimming pools, average price about \$2,500, and varying from enlarged bird baths to a grand piano shape for a movie star. Of course, ground conditions, weather, volume of sales, and many other features are favorable in the Palm Springs Area.) Mr. Woodman and his wife, Margaret, are formerly of Cambridge, Mass.

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Mr. and Mrs. J. K. Lindsay, 2419 Hemlock, are especially interested in three bikes for their boys, Douglas, age 10; Jeffrey, 12; and Brian, 14. The boys are excellent horsemen but refuse to "Ride the plugs around here." They also baby sit and deliver the Evening Star. Mr. Lindsay previously was with the Corps of Engineers in the San Francisco Area but is now with the Board of Commissioners, District of Columbia and has a parking lot ticket at 6th and C, N.W.

It was an interesting afternoon and, as the lengthening evening shadows stretched across the prairie, I hurried home. Don't remember who said that neighborliness doesn't cost a penny, if they remember to oil your lawn mower borrowed last summer and exchange your tools for the books you meant to return. Besides -- its an old custom -- this welcoming and I reckon that a friendly smile and a hello is one of the few commodities in life which aren't taxed or given a ceiling price. Appears to me that we've got some right nice folks in the New Territory.

* Name	CAR POOL HOPEFULS Work Address	Will Yes	Drive No	Hours
J. K. Lindsay	Municipal Center Washington	X		8:15-4:45
Althea Hardee	Telephone Office King & Washington Alexand <b>i</b> a		x Pay Gas	8:30-5:00
Jim Hogan	Pentagon	x		8:30-5:00
C.E. Waldo	Del Ray Section Alexandria	X		8:00-5:00
L.G. Timberlake	Bureau of Navy Personnel, Annex	X		??

\* See text of this article for home address.

----- Charles Burback.

#### MEMBERSHIP COMMITTEE

Earl Rogers, the new chairman of the membership committee has really gone to work. He has been seen even at night making his calls and getting his committee organized.

They have a plan as follows: A calling committee composed of Col. F. W. Anderson, Howard Ball and Mrs. Earl Regers have an organization of four people that are to call four more people when something is cooking that needs action. That four calls four more and soon the word goes around. They can make announcements in a hurry or call for any kind of action that seems necessary.

The committee of four and their helpers are getting all kinds of statistics on people of the community so there will be a record that will be of real service. New memberships are acquired as the welcoming committee goes into action.

NOTE: The Publicity Committee needs a volunteer who can cut stencils. Call K. D. Flock, JEfferson 4-4410.

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MORE NEW RESIDENTS The second s

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A girl - Christine M. Cozad, October 18. Richard and Elizabeth Cozad. Richar A na 17 and 1 gen a sa in a

A girl - November 10. Mr. and Mrs. Stephene Dennis, 2009 Sycamore.

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## GOOD NEWS

Edith Hilburn, who was a polio patient confined to Gallinger Hospital, has improved sufficiently to be moved to Anderson Clinic. We all hope this means that complete recovery is on its way.

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#### WOULD-BE THESPIANS TAKE NOTE

A Little Theater group here in our community is already taking form. An interested embryo organization is at work on details of formaticn, and basic production plans are under way.

Every interested Holmes Runner -- with or without theater experience -- will be welcomed. . In addition to actors, there will be a need for stage and property personnel, and individuals for work in production and direction, as well as writers.

Watch for an early announcement of full details sometime after the November community meeting. Meanwhile, dust off your old Summer Theater costumes, and prepare to actively join the HOLMES RUN LITTLE THEATER group.

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### FULL PROGRAM PLANNED FOR YEAR

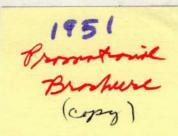
Your Program Committee is actively working to provide the residents of Holmes Run Acres with an interesting and worthwhile series of activities for the months ahead.

Major activities tentatively scheduled include a card party in December, a Valentine Dance in February, and a Community Picnic in the late spring.

Included with the monthly business meetings will be a program of entertainment aimed to aid you in getting to know your neighbors better, or a specific speaker talking on a topic of community interest. As usual, refreshments will be served, and we hope you will linger over a cup of coffee and visit with your fellow Holmes Runners.

Since the Program Committee is anxious to plan activities of interest to you, don't hesitate to submit your comments and suggestions to the committee chairman, John Oliver, 2525 Holmes Run Drive (JE. 2-4979).

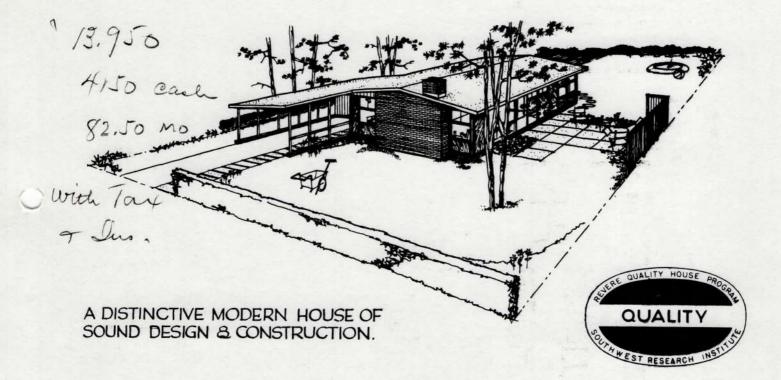
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# HOLMES RUN

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A PLANNED COMMUNITY OF CONTEMPORARY HOUSES IN FAIRFAX COUNTY



# LURIA BROS. BUILDERS 2300 Wilson Boulevard • Arlington, Virginia • OWens \$500 SATTERLEE & LETHBRIDGE - ARCHITECTS - ENGINEERS NOW: KEYES, SMITH, SATTERLEE & LETHBRIDGE

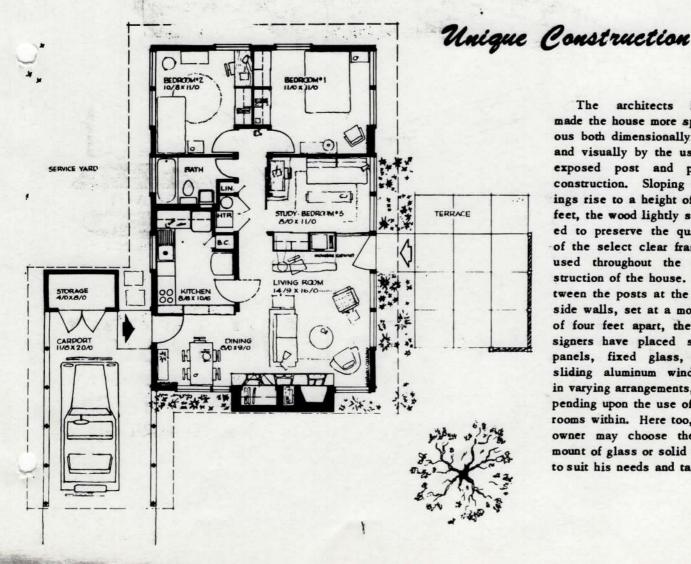
A Rural Setting with City Conveniences

On a rise of land in Fairfax County, Virginia, surrounded by wooded tracts on three sides, Holmes Run is only twenty minutes from downtown Washington via Lee Boulevard.

Considerable care has been taken in the site planning of the community. The lots average about one quarter acre in size and are served by Municipal sewer, water, gas and electricity. Interior streets follow the natural contours of the land. The houses have been arranged on the lots to take best advantage of the view and the sun, and the architects have adapted the basic plan to provide the proper use of three types of lots. Thus there are one story houses with attached carports. two level houses with carports and entrances at the upper floor, and two level houses with enclosed garages and entrances at the lower floor. Further diversity is gained by the use of two types of carport, and through variations in color on exterior panels and doors.



Dining Alcove & Kitchen Pass-thru



The architects have made the house more spacious both dimensionally and and visually by the use of exposed post and panel construction. Sloping ceilings rise to a height of ten feet, the wood lightly stained to preserve the quality of the select clear framing used throughout the construction of the house. Between the posts at the outside walls, set at a module of four feet apart, the designers have placed solid panels, fixed glass, and sliding aluminum windows in varying arrangements, depending upon the use of the rooms within. Here too, the owner may choose the amount of glass or solid wall to suit his needs and taste.

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Another means of increasing the size and usefulness of the living space is the extensive use of built-in storage units and cabinetwork. A naturally finished table and table linen storage unit eight and a half feet wide separates the dining alcove from the kitchen. Sliding doors give access to the storage space below the hardwood serving counter, and shelves above make dishes convenient to reach from both rooms. In the kitchen this is supplemented by six feet of additional wall cabinets, ample base cabinet storage and drawers, and a large broom closet.

## Designed for Flexibility

The Holmes Run houses have been planned to provide a pleasant, open and flexible living area. Centered about a mechanical core of kitchen, bathroom, and utility closet, the floor plan provides a generous living room, dining alcove, two bedrooms, and a third bedroom-study with a moveable storage wall. This device allows the owner the choice of adding this space to the living room by revolving the unit parallel to the hall, or separating the rooms either in part or completely by means of removable partitions. The house is thus adaptable to various and changing family needs.

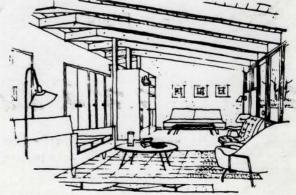
A seven foot wide movable storage wall stands between the living room and third bedroom or study. It is divided up to provide hanging storage, bookshelves, record storage, and space for television receiver or radio-phonograph.

Two four foot wide closets in the master bedroom, and one in the second bedroom, all equipped with sliding doors, are partitioned inside, complete with adjustable storage shelves and hanging rods. An additional storage space in the master bedroom for winter clothes, suitcases, etc., measures three by eight by four feet deep.

A four foot wide closet in the living room, with cabinets over, and a full length linen closet complete the storage facilities within the one story houses. For bulkier storage there is a four by eight foot storage room at the rear of the attached carport.

Heating Through the Floors

Concrete slabs on the ground are carefully damproofed and insulated at the edges to prevent damp, cold floors. The heating ducts circulate warm air through pipes below the concrete, helping to warm the floor, and supplying the heat at the points where it acts most effectively to keep the house comfortable and free of drafts. A large brick fireplace in the living room will add its cheerful light and warmth when desired.



View showing storage wall revolved.

Two Level Houses for Hillside Lots

A considerable proportion of the Holmes Run houses will be two level houses. Both floors open out to the ground. The upper floor is similar in plan to the basic one story house. The lower level has a large recreation room with fireplace and full windows. An entry or hall, utility room, provision for a possible second bathroom, and a garage or another large bedroom and storage room are also included on the lower floor.

# Ventilation, Insulation and Sun Control

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Sliding aluminum windows are weather tight, smooth in operation, maintenance free, and quickly removed for easy cleaning. Combination of venting sash near the ground and in upper panels, cross ventilation in living area and bedrooms, and high ceilings throughout the house are designed to keep cool air circulating on the hottest days. Thick insulation over the 2" plank roof and 4" rockwool in sidewalls turn back summer sun and holds in winter heating. Wide overhangs all around the house cut off the suns rays in the summer but admit the low winter sun through the house.

# An Efficient Work Center

The centrally located kitchen has been carefully planned and detailed. It is fully equipped with range, refrigerator, and a double bowl sink with garbage disposer. There are well proportioned and located work counters and base cabinets, and an exceptional amount of shelf storage space. Provisions for installation of washing machine and exhaust fan have been made.

CORNERS MEMORIAL BRIDGE 141 IOLMES RUN

Financing - 7.74.A. and G.T.

The Holmes Run houses will range in price from \$13,950.00 to about \$17,500.00. Houses have been approved by F.H.A. and the Veterans Administration. 10% down payment for veterans.

COPY OF ORIGINAL AND ORIGINAL MAINTENANCE MANUAL PROMOTIONAL FOR HOLMES RUN ACRES' HOUSES BROCHURE

WITH FOREWORD BY BUILDERS, THE LURIA BROTHERS

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HRA files

Rie Parmenter

A DISTINCTIVE MODERN HOUSE OF SOUND DESIGN & CONSTRUCTION

LURIA BROS. BUILDERS 2300 Wilson Boulevard · Arlington, Virginia · OWens 8500 SATTERLEE & LETHBRIDGE - ARCHITECTS - ENGINEERS NOW: KEYES, SMITH, SATTERLEE & LETHBRIDGE

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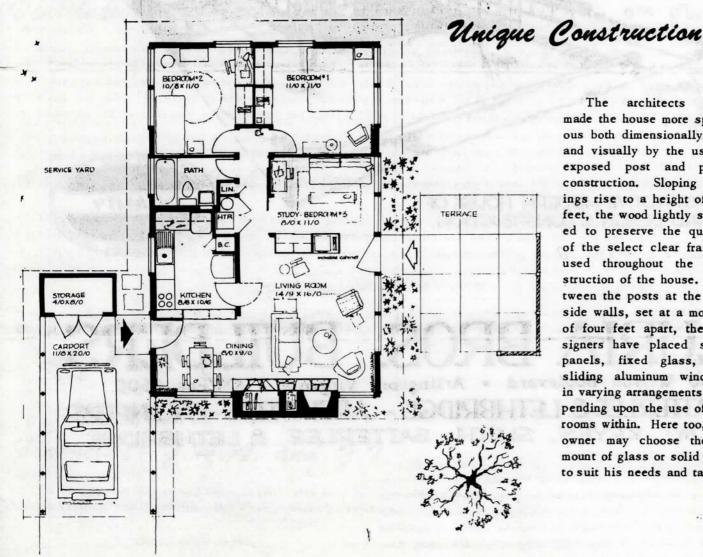
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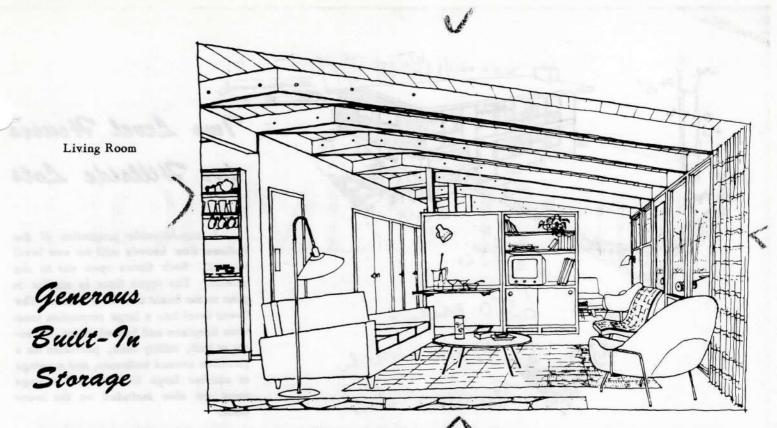
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The Holmes Run houses have been planned to provide a pleasant, open and flexible living area. Centered about a mechanical core of kitchen, bathroom, and utility closet, the floor plan provides a generous living room, dining alcove, two bedrooms, and a third bedroom-study with a moveable storage wall. This device allows the owner the choice of adding this space to the living room by revolving the unit parallel to the hall, or separating the rooms either in part or completely by means of removable partitions. The house is thus adaptable to various and changing family needs.

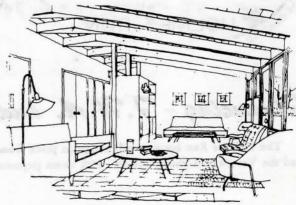
A seven foot wide movable storage wall stands between the living room and third bedroom or study. It is divided up to provide hanging storage, bookshelves, record storage, and space for television receiver or radio-phonograph.

Two four foot wide closets in the master bedroom, and one in the second bedroom, all equipped with sliding doors, are partitioned inside, complete with adjustable storage shelves and hanging rods. An additional storage space in the master bedroom for winter clothes, suitcases, etc., measures three by eight by four feet deep.

A four foot wide closet in the living room, with cabinets over, and a full length linen closet complete the storage facilities within the one story houses. For bulkier storage there is a four by eight foot storage room at the rear of the attached carport.

Heating Through the Floors

Concrete slabs on the ground are carefully damproofed and insulated at the edges to prevent damp, cold floors. The heating ducts circulate warm air through pipes below the concrete, helping to warm the floor, and supplying the heat at the points where it acts most effectively to keep the house comfortable and free of drafts. A large brick fireplace in the living room will add its cheerful light and warmth when desired.



View showing storage wall revolved.

950 6350 care es i Le

Two Level Houses for Hillside Lots

A considerable proportion of the Holmes Run houses will be two level houses. Both floors open out to the ground. The upper floor is similar in plan to the basic one story house. The lower level has a large recreation room with fireplace and full windows. An entry or hall, utility room, provision for a possible second bathroom, and a garage or another large bedroom and storage room are also included on the lower floor.

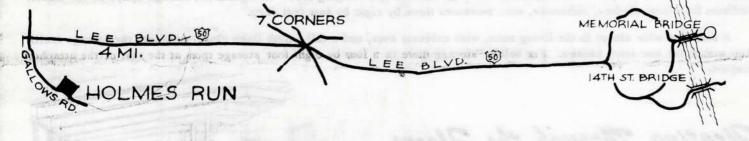
basingly provide themery has added between and by-

# Ventilation, Insulation and Sun Control

Sliding aluminum windows are weather tight, smooth in operation, maintenance free, and quickly removed for easy cleaning. Combination of venting sash near the ground and in upper panels, cross ventilation in living area and bedrooms, and high ceilings throughout the house are designed to keep cool air circulating on the hottest days. Thick insulation over the 2" plank roof and 4" rockwool in sidewalls turn back summer sun and holds in winter heating. Wide overhangs all around the house cut off the suns rays in the summer but admit the low winter sun through the house.

# An Efficient Work Center

The centrally located kitchen has been carefully planned and detailed. It is fully equipped with range, refrigerator, and a double bowl sink with garbage disposer. There are well proportioned and located work counters and base cabinets, and an exceptional amount of shelf storage space. Provisions for installation of washing machine and exhaust fan have been made.



# Financing - 7.74. A. and G. 7.

The Holmes Run houses will range in price from \$13,950.00 to about \$17,500.00. Houses have been approved by F.H.A. and the Veterans Administration. 10% down payment for veterans.

# HOLMES RUN

A PLANNED COMMUNITY OF CONTEMPORARY HOUSES IN FAIRFAX COUNTY

A DISTINCTIVE MODERN HOUSE OF SOUND DESIGN & CONSTRUCTION.

# LURIA BROS. BUILDERS

SATTERLEE & LETHBRIDGE - ARCHITECTS - ENGINEERS NOW: KEYES, SMITH, SATTERLEE & LETHBRIDGE Dear Mr. and Mrs.

It is with the greatest of pleasure that we welcome you into the community of Holmos Run. Please find enclosed the key to your new home, and it is our sincere wish that you will find it a key to greater contentment and happiness.

We would like to take this opportunity to congratulate you on your new venture. We are sure that you will find that in owning a home you have found real security for you and your family.

In order to add to your comfort and satisfaction, we have assembled as much information as we could gather from the various sources regarding the many products incorporated into your home. It is also our intention, by submitting this folder, that you will have a better understanding of the responsibilities and future maintenance of your new home. We believe that one of the best ways to insure a friendly relationship between a new owner and builder is to establish the basis for mutual understanding at the <u>very</u> beginning of their dealings with each other.

We have tried, through our representatives and information folders, to give you a general picture of the various features in Holmes Run, and now that you are ready to move in, we would like to add to that information in detail, so that you will have a more complete knowledge of all of the important items in your home. In order to obtain the maximum usage and efficiency out of any product, it is important to know how to maintain it, and the same is true of a home. Please bear in mind that there are many items incorporated into your home of different manufacture and there are many hands involved in their assembly and installation. We have done our utmost to be most discriminatory in our selection of both materials and men, and we have kept them both on a high standard, but at the same time there are bound to be minor adjustments or repairs.

The attached folder will explain the importance of maintaining your equipment, where to call in emergencies, and other information that will aid you as time goes by. If there is any further information you may desire that is not contained herein, please call Mr. Horace L. Layton of our firm.

We have done everything in our power to build you a home to be proud of, and we sincerely hope that it will meet in every way with your complete satisfaction.

GOOD LUCK!

Very truly yours, LURIA BROTHERS

#### 1) ON HEATING

(a) Keep your filters clean? - - dirty filters not only unbalance the system, they are responsible for excessive fuel bills.

(b) A clean house will be impossible unless the area containing furnace is kept clean. Any dirt or dust in this area will eventually be drawn into the furnace and distributed to the living area.

(c) Oil the fan and motor bearings every 40 or 45 days. CAUTION! A few drops of No. 10 motor oil in each motor bearing is sufficient - - do not oil to excess. The fan bearings, however, may be oiled generously.

(d) Do not attempt to adjust the flame or controls unless you have been instructed. Call the Gas Company for all service pertaining to the furnace except in those instances where you feel competent to adjust it yourself. They will instruct you to call the installer (N. W. Martin & Bros., Inc.) if the controls are defective as covered by the one year guarantee.

(e) The thermostat is only a thermometer and records the temperature in the particular spot that it's located. Set the dial for comfort whatever the temperature may read. In some houses this may be as low as sixty-five degrees, in others, it may be as high as seventy-five degrees depending solely on its location. Needless to say the lower the thermostat setting the more economical the system will be. However, in severe weather it's not advisable to lower the night setting of the thermostat over five or six degrees upon retiring as the gas consumed in recovering the temperature in the morning will exceed that saved during the night. In mild weather, of course, you may vary the night temperature as much as you like. IN SUMMARY: Set the thermostat both day and night for your comfort and use the thermometer reading merely as a guide.

#### 2) ON PLUMBING

1) During freezing winter weather outside hose connection should be turned off inside the house. Turn off outside hose valve in the following manner:

(a) In the heating room turn off valve tagged "Wall Washer." (b) Open, and leave open, outside hose valve.

(c) Return to heating room and open small bleed on side of wall washer valve.

To turn water back on in the spring, reverse the above procedure, being certain to close small bleed valve.

#### 3) ON HOT WATER HEATER

It is helpful to clear your hot water heater once a year. This may be done in the following manner:

- (a) Connect your garden hose to the drain valve on the bottom of the hot water heater.
- (b) Extend the hose out onto the driveway.
- (c) Open drain valve for five to ten minutes.
- (d) Close valve and remove hose.

This operation is not absolutely necessary but it should prolong the life of the heater and produce clearer hot water.

#### 4) ON OUTSIDE WINDOW AREA

One of the advantages of modular type of construction is the fact that replacements of wood panels or glass can be made without a major renovation job. If, for example you find after living in the house for some time, that it would be more to your liking to have a wood panel inserted in a glass area, it can be done with relatively little work and expense.

#### 5) ON PAINTING

These homes have been finished with the finest materials, inside and out, and meticulous care in workmanship has been exercised. All the interior wall surfaces have remeived the proper sizing coat of paint and have been finished with a coat of oil base flat wall paint, which may be washed, with care, providing no strong soap or alkalis are used. The walls in the baths and kitchens have received in addition to "sizing", a coat of Enamel Undercoat and a finish of fine gloss enamel. On the exterior, all windows and window frames and all plywood panels have received a prime and undercoat and finished with the finest longoil outside paint. All outside pine panels and clapboard have received a coat of Valentine's Val-Oil, and then finished with a fine spar varnish. It is suggested that after a period of two years, it would be well to renew these finishes, which in effect, is really true economy. In other words, at a minimum of expense all surfaces can be fully protected, before any serious deterioration can set in.

On the interior walls, all that is necessary is to apply one thin coat of flat, semi-gloss or gloss paint and the same for the doors and trim. One thin coat of good paint will be sufficient unless a new color is selected and then, in some instances, two coats may be required. The same applies to the exterior except that different materials are called for. On all woodwork and plywood paneling, apply one full coat of the best exterior paint, brushed out well, and not applied as a heavy coat, which can be a great mistake. Use a good paint and brush it out well. On all pine paneling, apply one full coat of good spar varnish. If these steps are taken every two or three years, it will save the home owner many extra dollars in costly repairs that will become necessary if the surfaces are neglected.

#### 6) ON MILO CABINETS

Specially designed MILO cabinet-wall closets have been installed to provide more efficient storage space for your clothing and household articles. These popular factory-built closets are made of the finest materials obtainable. They are equipped with warp-proof sliding doors, designed to give you life time service.

#### 7) ON GRADING

The design of the finished grading was planned by the architect to allow for the best possible drainage and usable space for outside area or yard. It must be recognized that laws of nature make it impossible to keep water drainage from flowing in a line of least resistance and, therefore, the lowest grade will receive more flowage of storm water. However, the heavy storm water will continue along the curb and gutter and discharge into catch basins in the streets, flow through underground water pipe, and eventually into a stream.

#### 8) ON LANDSCAPING

Greenbrier Farms have placed eight (8) plants in various locations around the house so that the shrubs will have the best advantage as far as future growth, appearance and view is concerned. It is advisable to keep the plants watered periodically, especially during the hot summer months.

Complete landscape planning of the entire yard will be furnished at an extra cost, by Lou Bernard Voigt, Landscape Atchitect. WI \_ 2560.

9) <u>ON</u> FENCING

We will furnish, on request, several designs by the Architect for fencing-in of yards or for screening terraces and service yards. These fences will be in character with the houses and subdivision and are designed with the idea of adding privacy and more livability to the houses. We request strongly that no anchor fences be installed as they definitely do not add to the appearance of the community.

#### 10) ON CONCRETE DRIVES

(a) Upon settlement, thin concrete cracks may appear in the concrete drives. This is characteristic with concrete as it is with plastic and other materials. However, expansion joints have been placed next to the curb and in other sections of the drive in order to take care of the natural expansion and contraction of the concrete so that no large cracks should occur.

#### 11) ON ROOFING

After water proof building paper is placed over 2" sheathing board, rigid insulation board is applied. Over this insulation is a 4-ply built-up slag roof. This is without question one of the finest and most durable type roofs. The owner is cautioned however, to inspect his roof after a period of several years, for any bare spots, in which case they can be covered with asphalt black cement and slag.

#### 12) ON GUTTERS AND DOWN SPOUTS

Regarding the galvanized metal work it is recommended to keep gutters clean of debris and every two years cover them with a good metallic paint.

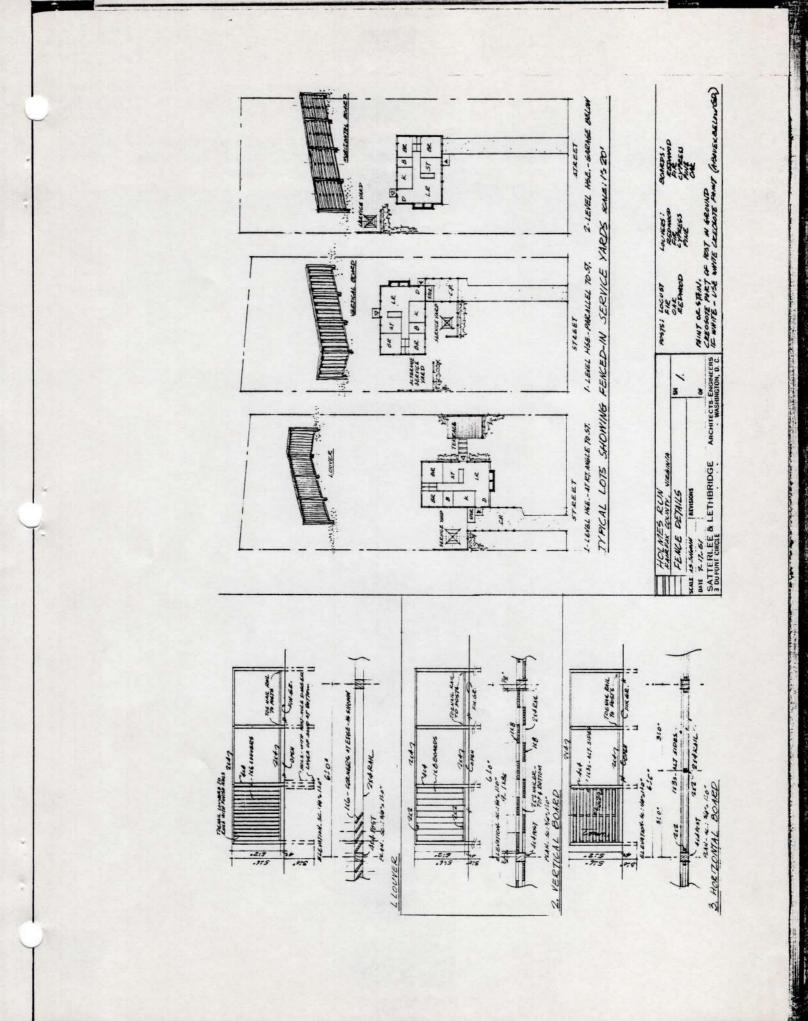
#### 13) IN-SINKERATOR DISPOSAL

- (a) See instruction sheets.
- (b) For service on your In-sinkerator garbage disposal call TE 4978 or OLiver 1077. Before calling be sure to read the operator's instruction sheets.
- (c) The purchaser must mail in the guarantee card after settlement on house is made.
- 14) ON LUMBER
  - (a) All lumber used throughout is either Fir or Kilndry Pine. This will minimize the warpage and shrinkage expected throughout the "drying-out" period of a new home; however, any lumber, no matter how dry, will have <u>some</u> expansion and contraction.
  - (b) Fine grade plywood has been used on interior and exterior. The exterior plywood has been specially treated for weathering. This is the same type plywood used for boats and other products exposed to the weather.
  - 15) ON ALWINTITE HORIZONTAL SLIDING WINDOW

This type window is without question one of the finest on the market because it contains the following features:

- (a) Stainless Steel weatherstripping.
- (b) Both sash are removable therefore easy to keep clean.
- (c) Stainless Steel lock.
- (d) No accessory parts.
- (e) Slide easily.

The Owner is advised to keep dirt out of the tracks so that the windows will continue to slide easily.



#### ARCHITECTS

Lethbridge and Satterlee No. 3 Dupont Circle Washington, D. C. HObart 3515

#### CONTRACTORS

(1) DISPOSALS

Allied Sales Company 107 East Lenox Street, Chevy Chase 15, Maryland Mr. C. A. Del Mar

(2) HARDWARE

Barber and Ross Company, 5th and V Street Washington 2, D. C. Mr. Earl H. Collier

(3) KITCHEN CABINETS

Boro Wood Products Company P. O. Box 125 Bennettsville, South Carolina Mr. Jack Leckner - DI 2803

(4) PLUMBING

Mr. William E. Bookhultz & Son 31 Grant Circle, N. W. Washington 11, D. C. RA 6287

(5) CONCRETE PIPE

Helms Concrete Pipe Co., Inc. Jefferson Davis Hwy. at Four Mile Run, Alexandria, Virginia

(6) ELECTRIC FIXTURES

O. R. Evans and Brothers, 1328 Eye Street, N. W. Washington, D. C. Mr. L. H. Duckett (7) SCREEN DOORS

Flaherty Brothers 1232 Mount Olivet Road, N. E. Washington 2, D. C. Mr. V. J. McCarron LA 6-6311

(8) TILE FLOORS

Gott's Linoleum, Inc. 4634 North Washington Blvd., Arlington, Virginia Mr. Ralph L. Mallonee OX 2609

(9) DRI-WALL

Harmon & Vella Contracting Co., 2719 North Dinwiddie Street Arlington, Virginia Mr. Charles Vella.

(10) MILLWORK

Lamar and Wallace 37 New York Avenue, N. E. Washington 2, D. C. Mr. W. M. Mussante

(11) UTILITIES

WATER Annandale Water Company, Inc. Annandale, Virginia FA 7484

POWER Virginia Electric Power Co. Arlington, Virginia OW 3030

#### UTILITIES, Cont'd

GAS

Rosslyn Gas Company 3240 Wilson Boulevard Arlington, Virginia Mr. Flecher - CH 8000

(12) LUMBER

Devlin Lumber Company, Bethesda, Maryland OL 1355

(13) HEATING

N. W. Martin and Brothers P. O. Box 287 Arlington, Virginia Mr. T. E. Samuels

(14) CABINETS

Milo Products Corporation 1010 Vermont Avenue, N.W. Washington 5, D. C. Mr. Milton Lowenthal ST 9047

(15) SEWER & WATER

Nance and Vivadelli 2420 Wilson Boulevard Arlington, Virginia Mr. Thomas G. Vivadelli

(16) ELECTRICIAN

Mr. E. B. Ramey McLean, Virginia ELM 3343 (17) GLASS INSTALLATION

Hugh Reilly Company 1334 New York Avenue, N.W. Washington 5, D C. Mr. John A. Farrall

(18) WINDOWS

The United Clay Products Co. Continental Building Washington, D. C. Mr. A. H. Graeff - DI 0787

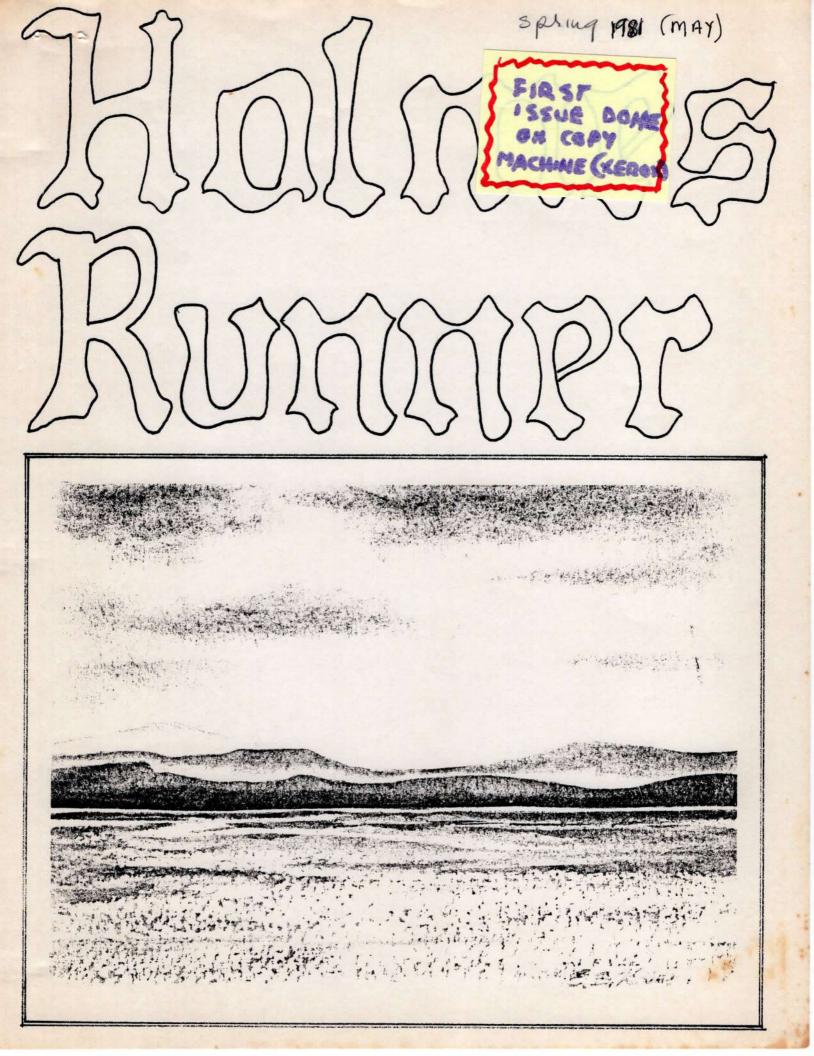
(19) WEATHERSTRIP

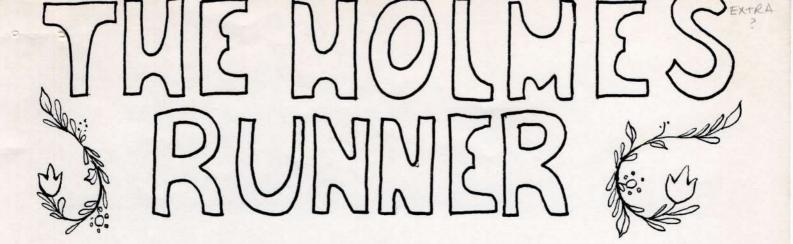
The Veri-Best 3914 - 5th Road, North Arlington, Virginia GL 8329

- (20) ROOFING Virginia Roofing & Sheet Metal Company 600 North Henry Street Alexandria, Virginia Mr. C. B. McClaskey - TE 1323
- (21) LANDSCAPING

Greenbrier Farms Laurel, Maryland • LAUREL 444

- (22) SOD G. H. Sims Company Arlington, Virginia - FA 7919
- (23) CONCRETE Maloney Concrete Company 3112 K Street, N. W. Washington, D. C.





MAY 1981

The purpose of THE HOLMES RUNNER is to express the voice of the Holmes Run Acres Civic Association, its Board of Directors and members. THE HOLMES RUNNER will accept any signed article expressing personal opinion, and publish such articles, space and suitability permitting.

The Statt:

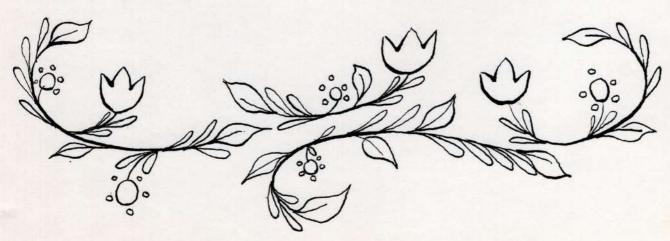
Editor Art Editor Production Editor

Acres Estates Come Into The Kitchen Teen Scene The Grapevine Want Ads

THE HOLMES RUNNER is published nine times a year by the Holmes Run Acres Civic Association and is distributed free to its members. Extra copies may be obtained from Louise Sayre, 573-3747. Carol Sizemore Deedee Kaman Louise Sayre

John Purvis Shirley Carscadden Lynn Davey Judy Oram Vicki Donnelly

All articles and letters to THE HOLMES RUNNER should be submitted to Carol Sizemore, 7704 Holmes Run Drive, 560-6622.



#### HRACA BOARD MINUTES -- APRIL 1, 1981

The April 1, 1981 regular meeting of the Board of Directors of HRACA was called to order at 8:30 p.m. at the home of Chris Nelson by the president, Larry Rosenberg.

Minutes of the March meeting were not available, and plans for the upcoming Annual Meeting of the Association became the subject for discussion. What date would be a good one for the meeting? Should it be held in conjunction with the "Family Day in Luria Park" scheduled for May 9? After discussion, it was the consensus of the group that a date between May 10 and May 20 would be decided on, and that the meeting should be at Friendship Church, as usual -- date to be decided after consulting with the Church calendar. Deedee Kaman, Dot Almassy and Steve Turner will organize a bring-a-dish dessert for 6 to encourage attendance at the meeting, Don Meeker will prepare posters for the neighborhood, and a flyer is to be prepared announcing the dessert party, to be distributed with ballots.

Orrin Long, Jr. presented the slate of 27 candidates to be on the HRACA ballot for election to the 1981-82 Board of Directors -- the slate as presented was unanimously accepted by the Board. It was also decided to invite all of the candidates to appear at Luria Pari on May 9, complete with name tags, so that Association members can get to meet them and make an informed voting decision at the Annual Meeting. Candidates invited to appear in Luria Park between 12:30 and 2 p.m. on the 9th.

Scott Steele reported on plans for Forum #1 scheduled for April 4 at Woodburn School: George Lawson, architect; Victor Meadows, landscape specialist; two financial advisors; and an arborist.

Youth: No report

Community Facilities: Chris Nelson will check on the painting of curb numbers. He will also inspect Luria Park to see what still needs to be done by the Park Authority.

The Treasurer's report was accepted as presented -- copy attached.

Publications: John Purvis noted the Xerox employees have volunteered to run off the Holmes Runner and it was decided to take advantage of this opportunity and see how it works out.

There was a discussion of the receipt of anonymous letters by a number of residents concerning the condition of their property. The Board deplores anonymous letters on any subject, and President Rosenberg will write a letter for publication in the Runner regretting that this has happened.

2

Civic Affairs: David Sayre reported that there is a possibility of our area being transferred from Providence to Mason District, but this has not been definitely decided.

On the Neighborhood Watch, patrols are out in HRA and statistics show that most incidents occur on Friday evenings and on Sundays. The Patrol needs a portable walkie-talkie (approximate cost \$150) and entrance notice signs at approximately \$33.50 each. A motion that the Civic Affairs Committee be authorized to purchase a hand-held citizens band radio to be used in support of Neighborhood Watch in an amount not to exceed \$150 was made, seconded and passed.

A resolution was presented that the Neighborhood Watch program is a function of HRACA and is responsible to the Board of HRA for its activities, and that the Neighborhood Watch is to make a report to the Board at each monthly meeting. During discussion, it was suggested that we check with an attorney, the police department and our insurance company concerning HRACA liability in this matter. The resolution was tabled until the May Board meeting.

Chiles Tract: Rezoning meetings are scheduled for April 9 and 27. There are water and traffic problems and it was recommended that we concentrate on these.

The meeting adjourned at 11:30 p.m. Board members attending were Nelson, Kaman, Sayre, Robe, Turner, Rosenberg, Heacock, Long, Steele, Meeker, Purvis, Almassy, Valosio, Keegan and Malovany.

> Respectfully submitted, Jean Heacock, Secretary

Treasurer's Report - April 1, 1981

Luria Fund Savings Checking		486.22 1452.81 32.81
	\$	1971.84
Income Publications	\$	106.40
Expenses Misc. Publications Postage	\$	1.00 609.18 6.60
	\$	616.78

submitted by Marty Keegan, Treasurer

#### HRACA BOARD MINUTES -- MAY 6, 1981

The May 6, 1981 regular meeting of the HRA Civic Association Board was called to order by President Larry Rosenberg at 8:30 p.m. at the home of Deedee Kaman.

Minutes of the April meeting meeting and the Treasurer's report were accepted as read.

Ballots for election of directors for the year 1981-82 have been distributed to area hostesses.

During discussion of the agenda for the Annual Meeting of HRACA, to be held at Firendship Church on Tuesday, May 19, it was suggested that committee reports should concentrate on ongoing work rather than past accomplishments.

Community Affairs: It was decided that something should be done to improve the appearance of the HRA entrance signs. John Purvis will get estimates for the cost of this and it was decided to recommend to the new Board that the signs be repaired if the work can be done for something in the area of \$200.

30th Anniversary: Chip Valosio reported that a police parade permit has been obtained for the Saturday In The Park and that ScoobyDoo will attend from King's Dominion. Don Crow will organize a soccer game; there will be a walk-run at 10 a.m. and a dog show at 1:30. The FCHS band will parade from Woodburn School at 11 a.m. and candidates for HRACA Board election will be invited to attend the festivities. Donuts and drinks will be free and hot dogs will be available at 25¢ each. It was decided that \$50 would be donated to the band and that the band members would be given free hot dogs after their performance.

Blessing Heyman reported that the Dinner-Dance was a great success with 118 Holmes Runners in attendance. Ten houses are signed up for the House and Garden Tour, with the possibility of more to come, for Sunday, May 17. A flowering plant will be given to each house open for the tour.

David Sayre reported on the Neighborhood Watch program -- several patrols are now covering the Acres and the police department is conducting training sessions for others.

Larry Rosenberg will testify at the Board of Supervisors meeting next week on the -- probably -- final hearing on plans for the Chiles tract.

4

Community Facilities reported that Mobil Oil Co. is using Luria Park for softball -- with beer and lots of noise and speeding cars --Scott Steele will write a letter of complaint to the Park Authority. Attending this meeting were Heyman, Valosio, Sayre, Turner, Long, Almassy, Purvis, Robe, Steele, Kaman, Heacock, Keegan, Rosenberg and Malovany.

Next meeting will be June 3 (joint meeting of old and new board members) at the home of Marty Keegan, 3428 Surrey Lane.

Meeting adjourned at 10:45 p.m.

## Respectfully submitted, Jean Heacock, Secretary

Treasurer's Report May 6,	1981
Luria Fund Savings Checking	\$ 492.51 1478.09 105.83
Total	\$ 2076.43
Income	
Interest Anniv. Dinner	\$ 31.57 1547.00
	\$ 1578.57
Expenses	
Anniv. Dinner Insurance	\$ 1573.00 38.00
	\$ 1611.00

The June and Annual minutes were not submitted to -The Holmes Runner as of 29, 1981.

5

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#### PRESIDENT'S ANNUAL REPORT TO HRACA MEMBERSHIP -- MAY 1981

This was an active year for HRACA. We spent a lot of time fighting the intense urbanization of our area as represented by the Chiles tract development, particularly. We finally got a viable Neighborhood Watch program in operation. We completed improvements of Luria Park, held four major community events, and began what we perceive as a long term effort to increase the sense of pride in the community and to get residents to spruce up its appearance. These efforts took a lot of time on the part of Board members and other residents. It is my hope that future Boards will continue these efforts with yet more results than the modest ones we have achieved.

1. We began the year with the idea of conducting our business with the overall planning goal of orienting activities toward increasing the good appearance of the Acres and increasing our sense of community pride and participation. To that end we decided that the Board members should give tangible evidence of our involvement by painting the house numbers of curbs, ourselves. We actually have done this for about 80% of the Acres. Not bad considering the tremendous psychological barrier most of us erect when it comes time to lift a paint brush.

2. The first of a series of special forums dealing with home improvement was conducted at Woodburn School on April 4, 1981. It was attended by more than 50 residents. It is hoped that these modest first efforts will be expanded upon in the years to come.

3. The County has now completed their work on Luria Park, thanks to he persistent efforts of our Community Facilities Chairman, Chris Nelson. The Park is nicer than ever. There is a chance that some more improvements can be gotten in the way of plantings and equipment (e.g. benches, etc.).

4. The entrance signs to the Acres were fixed up a lot, but more work is needed on them.

5. In celebration of the 30th Anniversary of HRA, and in keeping with our goal of increasing community awareness, we held three very successful events in May. The Community Day in the Park brought out at least 100 people to watch and listen to the Falls Church High School band perform and to hug Scoobie Doo. Our Second Annual Dog Show resulted in about 30 awards being given to our canine population. The 30th Anniversary Dinner Dance was a great event. About 125 people came. Many folks who used to live in the Acres returned to visit with us at this event. The belly-dancer got at least one husband in a lot of trouble. The House and Garden Tour brought out about 100 people as Mother Nature cooperated by giving us a beautiful day to enhance our beautiful homes on this tour. 6. Needless to say the annual International Dinner came off in the great style we have come to expect of it.

7. The Neighborhood Watch Program has been formally launched with about 20 people participating in patrols at this point. This program has been successful in a number of surrounding communities where crime has been reduced because of it. The Board has formally adopted the program as a part of HRACA activities and gave its first measure of support by financing one mobile radio for the patrol units.

Once again, a tremendous amount of time has been spent by 8. the Board and other residents on the Chiles Tract development. Our opposition to the very intense development proposed on this tract has taken the form of an attack, primarily, on the traffic consequences of this development. We believed, as did the other civic associations with which we cooperated, that this area of potentially adverse consequences offered the best hope for demonstrating that the proposed development was risky, if not viable. In short, these efforts had as their basis facts and logic. These were as naught compared to what the developers had to offer -- namely, money. The developers have This carrot, committed to spend \$18 million on traffic improvements. and possibly others we know not of, has swayed the VDH&T, the Federal Highway Administration, and the County Planning Office to support the development.

On Monday, May 18, the Board of Supervisors voted 7 to 2 to approve the development on the Southeast section and 6 to 3 to approve the Northeast section development. In both cases there are elements of the development which exceed the County Master Plan designations. Supervisors Scott and Davis opposed both developments and Supervisor Moore opposed the Northeast development.

Supervisors Herrity, Alexander, Falk, Duckworth (who used to live in HRA), Pennino, and Travesky voted to support this development despite its probably adverse consequences to the local residents. But, they don't live here. Elections may be three years away, but maybe our friends in the districts where these supervisors serve will remember that they could be next.

The short of it is that our fight lasted for more than six years. Now it is all but over. It will probably be three to five years before commercial occupancy begins on these tracts. Until then we should monitor their progress to see that they live up to the proffers they have made in every detailed respect. We will have to mount coordinated attacks if they fail to meet their promises and we will have to reach all the Supervisors, not only our district representative. The bright side is that the HRACA can turn its attention to other matters for a while.

7

While all the people who helped out this year deserve recognition, I want to end this message with special thanks:

-- to David Sayre and Frank Spielberg for their efforts on the Chiles tract fight and David for the Neighborhood Watch efforts.

-- to John Purvis, Scott Steele and Steve Turner for their efforts on the community revitalization program.

-- to Dot Almassy for many, many things, like organizing food service at the Day in the Park and this meeting. For running our membership drive and the block hostess program.

-- to Chip Valosio for organizing the Day in the Park and getting Scoobie Doo.

-- to Blessing Heyman for organizing our 30th Anniversary celebration.

-- to Marty Keegan for her excellent exchequer services and helping out on a lot of our activities this year.

-- to Jean Heacock, secretary extraordinaire.

-- and last, but far from least, to Deedee Kaman who organized our international dinner, provided art work for the Runner, who now runs our Neighborhood Watch program, and who is generally a great asset to our community.

For myself, I thank you for the privilege of serving the community this year.

Larry Rosenberg, President

# MEMBERŠHIP - 1981

The season started in September with a membership kick-off brunch for the Black and Area Hostesses. A neighbor from across Gallows, Cookie Jones, gave a demonstration on Japanese flower arranging.

We have 293 members in the HRACA at this time.

Please take the time to say thank you to your hostesses and maybe next year you would like to help out in this capacity.

Dot Almassy

CIVIC AFFAIRS COMMITTEE REPORT 1980-81 David Sayre, Chairman

Last night as I dug around for some papers to prepare this report, I flipped through scads of papers and lots of reports that I've acquired over the past couple of years - enough to fill a plastic milk crate. Most of those papers pertain to the Chiles tract, and so I'll start off this report with a discussion of that.

As most of you probably know by now, the Fairfax County Board of Supervisors approved yesterday (May 18), by a 7-2 vote, the rezoning application of Cadillac-Fairview, a Canadian development company, to put some 2½ million square feet of commercial development on the southeast quadrant of the Chiles tract - the portion nearest us. The dissenting votes were cast by our supervisor Jim Scott and the supervisor of neighboring Mason District, Tom Davis. We had gone on record opposing this rezoning application unless some significant conditions on development were imposed in order to absolutely halt development if the applicants' optimistic traffic projections are not met.

Besides approving the southeast rezoning application, the Board approved, by a 6-3 vote, the rezoning application of Costain, another Canadian development firm, to put some 1.7 million square feet of commercial development on the northeast quadrant of the Chiles estate. We had also opposed this application absent imposition of the same conditions. Together the two proposals would also add some 1,100 residential units as well as a 500-room hotel and 100,000 square feet of retail activity.

Some of the minor recommendations we and other civic associations had made with respect to these proposals were incorporated - for example, some clarification as to the placement of the highrise buildings and some of the strategies for monitoring traffic and water problems which will result. And, Cadillac-Fairview agreed in its proffers to respect the covenants prohibiting vehicular access from our community through Holmes Run Woods to the north. <u>But</u>, since the developers refused to agree to and the Board refused to require a halt for longer than 2 years to construction should the developers' strategies for dealing with increased traffic fail, neighboring communities are left without adequate protection in light of the proposed tremendous development envisioned here.

What this means to Holmes Run Acres, I'm not sure. Since before Louise and I moved here in 1975, members of this community have participated in discussions on these tracts. The importance of their development and the resultant impact on our community is obvious. A short-run impact may well be increased economic property value because of the proximity to employment opportunities. However, this proximity may add increased development pressure on our community as other, albeit smaller, vacant tracts are pushed for development, and this may impact to our detriment on the quality of life which people here have come to enjoy. This pressure can be seen with respect to another tract just across the Beltway from us. On a wooded tract near the 7-11 and the Exxon station, a rezoning application for a medical office complex was approved earlier this year. We joined other civic associations in opposing this when sufficient citizen protection was not forthcoming.

The opportunity for some further comment on the Chiles tract development still exists when the developers come in for actual site plan approval, but that will not be an opportunity for significant substantive change.

Although we are nearing the end of the Chiles tract saga, perhaps the real challenge awaits us. One of the local papers has been running a series on the divergence of the older eastern part of the county from the new western, developing part. This divergence may bring increasing pro-development pressures on us which we will have to live with, or move on.

The other major area of civic affairs that we have been involved in has been the Neighborhood Watch program. Interest developed over a year ago in response to growing resident concern with an apparent increase in crime in the Acres. In last year's May-June Runner, we published statistics concerning incidents and are now in the process of obtaining similar statistics from the police department. Throughout the year I have written brief articles in the Runner outlining the Neighborhood Watch program to describe to residents what it is and isn't. Briefly, it is not a group of vigilantes roaming willy-nilly around the community, but it is a group of your neighbors, acting in a structured program, riding through the Acres to act as an extension of the eyes and ears of the police to report on things they observe.

Right now we are averaging 2-3 patrols a week and are actively recruiting more people to help out the 30-35 people who are now active. Recently the Civic Association Board approved an expenditure of \$150 to provide radio equipment to supplement the privately-owned equipment now being used and we are now in the process of determining what is best for our needs.

We will be having a meeting June 17 at 8 p.m. at Woodburn School to provide training for new members of the community interested in joining the program. I hope to see then those of you who are not yet participating.

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## ANNUAL MEETING - TREASURER'S REPORT

1980 - 1981 across the Beltway from 16. On't wooded that the 7-11 and th Expon station, a recoring application for a medical office complex

# Beginning Assets - 6/1/80

Checking account Savings account Luria Fund	\$ 145.79 1,032.99 \$ 467.53	
	\$ 1,646.31	\$ 1,646.31
Income		
Committees		
Publication & Reproduction	\$ 658.79	
Program & Social	1,803.25	
Membership & Hospitality	1,755.00	
Total - Committees Interest (posted to savings & Luria	4,217.04	
accounts)	96.08	
Total Income	\$ 4,313.12	\$ 4,313.12
Expenses		
Publicity & Reproduction	\$ 1,566.84	
Youth	54.00	around the comm
Program and Social	1,940.15	
Membership & Hospitality	175.38	
Civic Affairs	3.30	
Community Facilities	77.98	
Federation Membership	30.00	
Bond & Insurance	149.00	
Taxes & Fees General Meeting	10.00	
Postage	38.23	
rostage	71.30	
Total Expense	\$ 4,116.18	\$ 4,116.18
	a wick I .hary	
Ending Assets 5/19/81		
Checking Account	\$ 22.65	
Savings Account	1,328.09	
Luria Fund	492.51	
TOTAL ASSETS	\$ 1,843.25	\$ 1,843.25

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# HOLMES RUN ACRES CIVIC ASSOCIATION

PROPOSED BUDGET 1980-81

	Proposed Budget	Actual Budge
NCOME:		
Membership Program & Sociàl Publications & Reproduction Miscellaneous (Interest)	\$ 1,800.00 250.00 600.00 50.00	\$ 1,755.00 1,803.25* 658.79 96.08
	\$ 2,700.00	\$ 4,313.12
XPENSES:		
Committees:	A 1 (50 00	\$ 1,566.84
Publications & Reproduction	\$ 1,650.00 100.00	54.00
Youth	400.00	1,940.15
Program & Social	275.00	175.38
Membership & Hospitality	70.00	3.30
Civic Affairs Community Facilities	100.00	77.98
Administrative:		tendellen en til
Federation Membership	35.00	30.00
Bonding & Insurance	150.00	149.00
Taxes & Fees	15.00	38.23
General Meeting	25.00 65.00	71.30
Postage	50.00	- 0 -
Stationery		In cost no
India wallatera	\$ 2,935.00	\$ 4,116.18

\*Differences in income and expense for the Program and Social Committee were due to the 30th Anniversary dinner which was self sustaining at \$1,573.00.

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On June 8 DeeDee Kaman and I attended a Fairfax County Police Dept. meeting for coordinators of different Neighborhood Watch programs in Mason District.

At the meeting the police department provided each group with some statistics as to what has been going on their area. Since the beginning of the year through April, the following incidents in the Acres have been reported to the police:

Event	Street	Date
Burglary - Forced Entry	Gallows	1-7-81
Burglary - Forced Entry	Gallows	1-30-81
Burglary - No Force	Gallows	2-20-81
Burglary - Forced Entry	Gallows	2-27-81
Petty Larceny - Vehicle Parts	Hartwell	4-17-81
Petty Larceny - Other from Vehicle	Hemlock	1-18-81
Petty Larceny - Vehicle Parts	Hemlock	1-25-81
Petty Larceny - Other from Vehicle	Surrey	1-3-81
Vandalism	Gallows	2-9-81
Vandalism	Sycamore	1-18-81

Over in the homes which back up to the houses on Surrey and the courts off of it, there have been one grand larceny and three petty larcenies involving vehicles.

In our neighbors, Holmes Run Woods, there were the following incidents:

Burglary - Forced Entry	Freehollow	3-4-81
Grand Larceny - From Buildings	Freehollow	4-2-81

This is not a complete list, since I understand there was an incident in May, but it does give some idea of what has been going on in the community.

At our June 17th Neighborhood Watch meeting at Friendship Methodist Church, we had a good turnout - approximately 35 persons, including a number of new people. We will be getting in touch with everyone who has expressed an interest in Neighborhood Watch, providing them with information and scheduling them. We're developing a large number of active, interested people and that factor, together with our recent acquisition of two hand-held CB radio units should enable us to share the burden around so that we don't call on any one individual too often for help. However, if you have not been called lately, please inform Deedee.

Remember, though, the Neighborhood Watch program isn't just the patrols we're putting on to reduce incidents. We're also trying to encourage awareness so that people can take steps with respect to their own homes to reduce their attractiveness as a target and to watch out for their neighbors. If you are interested in a Home Security survey, under which a Fairfax County police officer will visit your home, inspect it and make suggestions with respect to security, you can arrange for that by calling the Mason District Police Station at 691-2244 and asking for either Officer Larry Clark or Officer Al Santiago, who are the community relations officers for our district.

Finally, attached is a schedule of recorded phone messages that the police department has. One of these may provide you with some useful information. To hear the recording dial 691-COPS.

### CALL COPS SCHEDULE JULY, 1981

WED.	1	Protect Your Home While You Are On Vacation
THU.	2	Current Police News
FRI.	3	Crime Solvers Crime of the Week
SAT.	4	Crime Solvers Crime of the Week
SUN.	5	Crime Solvers Crime of the Week
MON.	6	Beware of Itinerant Home Improvement Frauds
TUE.	7	If Your Vehicle is Carrying an Oversized Load
WED.	8	Current Police News
THU.	9	Shoplifting is a Crime
FRI.	10	The Fairfax County ASAP Program
SAT.	11	Crime Solvers Crime of the Week
SUN.	12	Crime Solvers Crime of the Week
MON.	13	Fire and Rescue Services Safety Message
TUE.	14	Teaching Your Child To Telephone for Help
WED.	15	What Constitutes Credit Card Fraud
THU.	16	The Law Regarding Runaways
FRI.	17	Use Child Restraining Devices in Cars
SAT.	18	Crime Solvers Crime of the Week
SUN.	19	Crime Solvers Crime of the Week
MON.	20	If You Find a Lost or Inuured Animal
TUE.	21	Posting Property Against Trespassing
WED.	22	Safety Precautions for Babysitters
THU.	23	Beware of the Bank Examiners Scheme
FRI.	24	Current Police News
SAT.	25	Crime Solvers Crime of the Week
SUN.	26	Crime Solvers Crime of the Week
MON.	27	Don't Tailgate
TUE.	28	Current Police News
WED.	29	The Deadbolt Lock
THU.	30	Don't Make a False Report
FRI.	31	Summer Security Tips

## Library Offers Special Program

The Fair Oaks Library, in the Fair Oaks Regional Shopping Mall, has begun a young people's story and crafts program.

Programs are for children ages three to seven. They are scheduled for Wednesdays at 7 p.m. and Saturdays at 2:30 p.m. Registration is required. For further information call 321-9810.

## 24-Hour Job Info Line Offered

The Fairfax County Office of Personnel has implemented a special 24-hour job information telephone line. The recorded message lists current job openings in the County Government, starting salaries and test information.

Following the message, callers who want employment application forms are asked to state their names and addresses. Application forms are mailed on a daily basis.

Interested persons may reach the recorded job listing by calling 691-4600.

# Public Schools Need Substitute Bus Drivers

The Fairfax County public school system has openings for regular and substitute bus drivers, and aides for special education buses. Drivers and aides selected will finish out this school year and begin regular bus runs in the fall. Men and women interested in applying for bus driver openings should call 691-2701. Aide applicants should call 691-2577.

Bus drivers should be 21 years of age and in good health, and have a good driving record with a minimum of two years' driving experience. Persons selected attend a week's training course including classroom and behind-the-wheel training.

Special education bus aides should be 18 years of age, must have completed the sixth grade, and need to be in good health, physically fit, and of calm temperament.

Bus drivers and aides are well paid, with the salary dependent upon the length of the work day. In addition, excellent fringe benefits are available including life insurance, retirement, and hospitalization. Bus drivers and aides are permitted to take their preschool-age children with them on their runs.

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THUS DON'S Make a Faist Report

#### Summer Program for Child Day Care at Selected Sites

The School-Age Child Care Program of the Fairfax County Office for Children will provide full-day child care service (7:15 a.m. -6:15 p.m.) at selected elementary school sites this summer. Openings are still available at three centers: Bren Mar Park, 6344 Beryl Road; Freedom Hill, 1945 Lord Fairfax Road, and Groveton, 6900 Harrison Lane. Interested parents should contact the Office for Children (691-2924) to receive program and registration information.

The summer program will run from June 29 through August 28. (There will be no service on July 3.) Each program will include regularly scheduled field trips and swimming at regional park pools, drama, music, arts and crafts, nature and science projects, outdoor sports and games, and picnics in a camp-like atmosphere. Each center will be staffed by a center supervisor, two head teachers, four assistance teachers, and four aides.

In addition to its summer program, the County will continue to offer before-school and after-school child care services in 25 elementary schools in September. Parents should contact their base school principals for further information on pupil placement. Brochures and specific locations for the fall program are available from the Office for Children.

#### Consumer Protection Commission Needs Volunteers for Arbitration Program

Volunteer arbiters are needed by the Fairfax County Consumer Protection Commission to meet demands for the Commission's Consumer Arbitration Prgram. Arbitration is an effective alternative method of resolving consumer disputes while avoiding the cost and inconvenience of going to court.

The County's arbitration service is available at no cost to consumers and businessmen alike and is recommended when parties have been unable to reach an agreement using such informal grievance procedures as direct negotiation or mediation. In each case, a panel of volunteer arbiters is called upon to serve as an impartial third party, hear evidence, determine the cause of a controversy, and suggest settlement. Decisions are enforceable in the courts.

Volunteer arbiters must be at least 18 years of age, but need no additional qualifications or prior experience. Volunteers will receive copies of the Consumer Arbitration Rules to serve as guidelines and will participate in a one evening training session conducted by the American Arbitration Association. There is no charge for this training. An attempt is made to schedule arbitration hearings at a time convenient for all participants--including the volunteer arbiters. In the interest of providing a pool of volunteers representing a cross-section of the total community, the Consumer Protection Commission hopes interested individuals, regardless of occupations will volunteer.

For more information call Tony Provine at 691-3214.

#### Dog Owners Cautioned on County Regulations

Spring fever, which annually afflicts a high percentage of County residents, often manifests itself among four-legged residents as well. Such manifestations, particularly by dogs, include running loose, visiting neighbors, fouling walkways and garden and lawn patches, barking and otherwise serenading the neighborhood, and indulging in many similar nuisance-like activities.

Dog owners are responsible for ensuring that their pets are law-abiding County residents. County code requirements stipulate that "dogs must be restrained by a dependable leash and controlled by a responsible person when off the property of the owner." It is further against the law to allow animals to trespass on or damage another person's property or to continually make loud and objectionable noises.

All dogs are required to be licensed annually and to be given rabies inoculations and other appropriate health car attention. Vicious animals must be confined.

Violations of these sections of the County Code are misdemeanors and violators are subject to a fine of up to \$25 plus court costs. In addition, dogs which are reported running loose or in violation of other sections of the Code could be impounded by the Department of Animal Control. Dog owners may redeem such dogs only after presenting proper documentation of licensing and rabies inoculation and payment of redemption and boarding fees. For further information on animal violations call the County Animal Warden at 830-3310.

Volunteer arbiters must be at isset 18 years of age, but need no additional qualifications or prior experience. Volunteers will receive copies of the Consumer Arbitration Rules to serve as quidelines and will perticipate in a one evening training searion conduct by the American Arbitration Association. There is no charge for this training. An attempt is made to achedule arbitration hearings at a time convenient for all participants--including the volunteer arbitration.

#### Women's Re-Entry Program Offers New Career Series

The Fairfax County Re-entry Women's Employment Center has designed a new program to help women explore and understand a variety of specific career fields. Called the "Career Exploration Series," the program will be offered to Fairfax County residents as two separate series during the weeks of July 20 and July 27. Participation for each series will be limited to 10 women.

Among the professional fields to be explored are personnel work, commission sales, public relations, social service, data processing and counseling.

The first session in each series will be held on Monday (July 20 and July 27) at the Re-entry Center's offices at 7620 Little River Turnpike (Va. Rte. 236) in Annandale, from 1 p.m. to 4 p.m. Participants will discuss goal setting and career planning and will use the resources of the Center's career reference library to research the specific occupational field they are investigating.

The second session, held on Wednesdays, will be called "the workplace experience." For a major portion of the workday, each participant will be "on the job" with a person who is actually working in the career field being explored. The participant will observe, ask questions, and perform tasks as assigned by the person who is being observed.

On Friday, for the third and final session, women enrolled in the series will return to the Re-entry Center for an exchange of information on their individual on-the-job experiences and for an evaluation and analysis of the career exploration experience overall.

Cost of the Career Exploration Series is \$50. Application forms and more detailed information are available by calling the Re-entry Center at 750-0633, Monday through Friday from 8:30 a.m. to 4:30 p.m.

The Fairfax County Re-entry Women's Employment Center programs and services are open only to residents of Fairfax County.

#### Hot Line to Aid Deaf

The Vienna Optimist Club recently purchased and presented a new telecommunications device for the deaf (TTD) to the Christian Fellowship Church for use as a Fairfax County Deaf "Hot Line" available to anyone needing its services. A TTD allows a deaf person to make phone calls by typing messages. It has a television screen which displays 24 lines of print at one time and allows messages to be pretyped to speed up long distance calls. The "Hot Line" can be called by any deaf person who has an emergency or who just has the need to talk to someone. The TTD Hot Line telephone number is 759-2122.

The Optimist Club of Vienna has been involved in a "Help Them Hear" educational program for almost two years under the direction of its "Help Them Hear" Chairman, Roland Finken. Anyone knowing of needs among the deaf community in Vienna, particularly among its youth, is encouraged to write to the Optimist Club, P.O. Box 472, Vienna, Va. 22180.

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## WOMEN'S SELF-IMAGE CHANGES

In 1971 a survey conducted by Response Analysis of Princeton, New Jersey, found that both working and non-working women had a positive image of their lifestyle. A similar study done in 1979 discovered that a majority of the housewives now believes the working woman has a richer, more active, and more interesting lifestyle than they do. Only one-third of the working women gave a positive rating to the housewife's lifestyle.

Working women also said they would continue to work even if they didn't need the money. Full-time housewives who plan to hold jobs in the future voiced the same opinion.

Even when they are employed, most women continue to shoulder the major responsibility for household chores and care of the children.

Carol Z. Sizemore

## HYPERTENSION: Pressure Too Much for 60 Million

Now recognized as a health problem of the first magnitude, hypertension (high bood pressure) has been estimated to affect approximately 60 million adult Americans. According to Dr. Edward D. Freis, one of this country's pre-eminent experts in hypertension, "About 26 million work days and billions of dollars are lost each year because of it."

How familiar are you with the facts about hypertension? Perhaps the following quiz will test the accuracy of your knowledge concerning hypertension.

1. Hypertension is the medical term for high blood pressure. True False

2. Hypertension literally means that the blood pressure is high and stays high. \_\_\_\_\_ True \_\_\_\_ False

3. Nervous and tense people are the ones with high blood pressure. \_\_\_\_\_ True \_\_\_\_\_ False

4. High blood pressure has initial symptoms.

\_\_\_\_ True \_\_\_\_ False

5. You can tell by the way you feel when your blood pressure is high. \_\_\_\_\_ True \_\_\_\_ False

6. High blood pressure can be cured and treatment discontinued. \_\_\_\_\_ True \_\_\_\_\_ False

7. High blood pressure can be treated easily and controlled. True False

8. You can skip the medication - if you do the other things your doctor tells you. \_\_\_\_\_ True \_\_\_\_\_ False

9. Controlling high blood pressure helps prevent heart disease, kidney disease, and stroke. True False

10. Your blood pressure goes up and down, depending on what you're doing. \_\_\_\_\_ True \_\_\_\_ False

High blood pressure is a common <u>silent</u> health problem and can be a killer because most people with the illness don't feel sick. Untreated, it can hasten hardening of the arteries and cause stroke, heart failure, blindness, and kidney failure. Left untreated, it can knock years off one's life. If you are a hypertensive and have ever tried to obtain life insurance, you may have experienced some problems. You may have had to pay higher premium rates. You may have been turned down. These are some of the obstacles people with hypertension encounter.

Blood pressure is simply the force exerted by your blood against the walls of the blood vessels. The pressure is created by the pumping of your heart and the resistance of your blood vessels. When the physician determines blood pressure with the familiar blood pressure cuff, a sphygmomanometer, two numbers are recorded.

The higher of the two is called the <u>systolic</u> blood pressure, and measures the pressure exerted when the heart pumps. The lower number represents the pressure in the blood vessels while the heart relaxes and refills between beats. This is called the <u>diastolic</u> blood pressure.

Although the average reading for adults is 120 systolic over 80 diastolic, the upper limit of normal blood pressure is 140/90. Pressures consistently higher than this need medical evaluation. Blood pressure varies within a limited range, but when it goes up and stays up, it is called <u>persistent</u> high blood pressure - a potentially dangerous development.

About 90 percent of those with hypertension have what is called essential hypertension, and this does NOT mean necessary. This is a term that describes hypertension of uncertain or undetermined cause. Secondary hypertension, on the other hand, may be caused by a number of specific problems such as

- hardening of the arteries,
  - certain kidney diseases or obstruction to kidney blood flow,
- certain hormone-secreting tumors, or
  - irregular handling of salt by the body.

Severe cases of hypertension are called <u>malignant</u>. In this case, the word malignant has no relation to cancer. It usually means that the patient's health worsens as the disease progresses and carries a poor prognosis unless treatment is prompt and successful. Today, many people with this type of hypertension have a better than 50/50 chance of living 10 years or more if the rapidly rising blood pressure can be controlled.

Hypertension also possibly complicates pregnancy. Women who experience even temporary rises of blood pressure and <u>edema</u> (accumulation of fluid in body tissues) during pregnancy have an increased risk of suffering from high blood pressure in the future. It's important for both the mother and her developing baby that the pressure remain in the normal range as pregnancy progresses. If it gets too high, blood vessels may be constricted and the blood supply from mother to baby seriously reduced. Some women who use oral contraceptives may develop hypertension. However, "the overwhelming proportion of women show only slight or no pressure reaction at all. The nub of the problem is patient susceptibility," said Dr. John H. Laragh of The New York Hospital-Cornell Medical Center. He suggested that doctors should be especially cautious when prescribing oral contraceptives for a woman with a history of high blood pressure and excessive weight gain during menstruation.

Theodore Irwin, who has written extensively on health and social problems says, "At present, high blood pressure is the major disease suffered by this country's balck population, as well as the most important factor in their shorter life expectancy." Generally, the hypertensive death rates among blacks in young adulthood and in middle age are from three to 12 times greater than those for whites. A National Health Survey has disclosed that 21.1 percent of urban blacks have hypertension, compared with 13.5 percent of urban whites.

High blood pressure seems to be different among black people. Developing earlier in life, it is frequently more severe and results in a greater number of deaths at a younger age - more commonly from stroke than from coronary artery disease.

Why do so many black people have high blood pressure? A University of Michigan study deemphasizes any genetic factor, pointing instead to the evidence that black men and women in relatively "good" Detroit neighborhoods had an eight to nine percentage point advantage over blacks in "high-stress" areas where crime rates were high and family incomes low. Living under constant tension in the inner city may affect the blood pressure of black residents. Research continues to seek answers to these and other questions underlying essential hypertension.

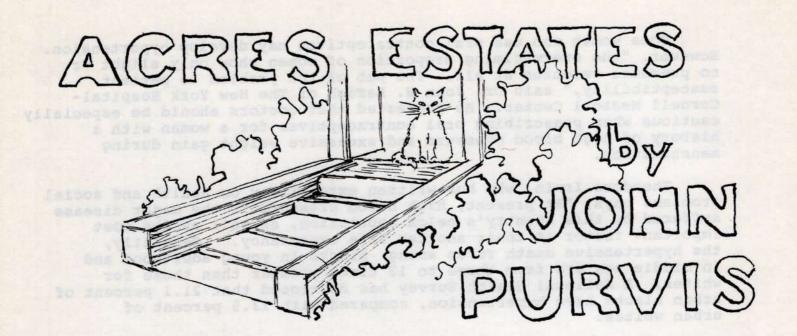
Treatment of high blood pressure requires lifetime medical care. Though it usually cannot be cured, with treatment most people are able to lead normal lives and continue their regular occupations. When treatment is indicated, it may include reduction of stress, exercise, diet changes, reducing salt and sodium intake, cutting out or curbing smoking, and taking medication.

If medication is used, drugs are highly effective in lowering, but not curing, high blood pressure. Remember, it takes at least two people to bring hypertension under control - you and your doctor. Together you can work out a therapy regimen.

As a hypertensive, your life and how long it is expected to last can be controlled to a certain extent. Your life insurance company considers this when deciding whether or not you are a good risk. What you do about controlling your blood pressure problem can also bring you benefits in dollars and cents.

Answers to Quiz: 1. T 2. T 3. F 4. F 5. F 6. F 7. T 8. F 9. T 10. T

Carol Z. Sizemore



Each year the arrival of Spring necessitates scraping away the ugly residue of Winter. This project means the residents of the Acres have to spend untold hours and monies replenishing the beauty of their homes and landscape. This year it was especially important to participate in this ritual of Spring, as it marked the 30th anniversary year for the community.

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For many, however, the cosmetic clean-up was the easy part. Major overhauling and revitilization projects were required on many of the homes, which proved to be both more costly and time consuming than usual.

Recently one of the Acres families, who had undergone one of these extensive home revitilization projects, sent me an interesting newspaper article. In light of all the money and time they had just spent on their home, they were able to find some comfort and satisfaction in this article by syndicated columnist Art Buchwald. We all know Mr. Buchwald is a funny man, but as I read his article, I found something more than humor. Reading between the lines, I found a profound statement which pointed out the responsibilities one accepts when they become a homeowner.

With permission from Mr. Buchwald and the Los Angeles Times Syndicate, I am reproducing this article for you to read and enjoy. Those of you who have undergone your own costly home improvements, will, I hope, find the same comfort and satisfaction in Mr. Buchwald's satire as the family who sent me the article. For those of you readers who have escaped the inevitable, take heed.

# Art Buchwald

# Spring Clean-Out

N EW YORK — It used to be if a person owned a boat and was queried, "How much does it cost to run?" the response was, "If you have to ask, you can't afford it."

With the arrival of spring, the same answer could go for someone owning a house.

I came home the other day to see a man standing on my roof. "What are you

doing up there?" I asked him. "Four thousand dollars, which doesn't in-

clude the gutter work."

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Buchwald

I was about to say something, when a truck drew up and two men started throwing

mulch on the lawn. The driver said, "You're lucky it

was a warm winter. The grass looks in pretty good shape." "How good?" I wanted to know.

"Two thousand and six dollars, if you want us to prune the trees."

A car parked behind him. The man got out holding a clipboard and a ruler and started to measure the retaining wall, next to the garage. "What's up?" I asked. "Your wife called and asked me

"Your wife called and asked me to give her an estimate on what it would cost to repair your wall."

"I know what it will cost," I said.

"How much?"

"Three thousand, two hundred and twenty-five dollars."

"How did you know?"

"I have psychic powers." A large van pulled up in back of the retaining-wall man's car. "Where do you want the patio furniture?" the burly man asked.

"You sure you got the right house?"

The man checked his order slip. "It says 'Patio Furniture \$4,500."

# "You've got the right house."

I sat on the stoop and lit a cigar. Two men in overalls came around from the side of the house. "It's had it."

"What's had it?"

"The air conditioner. The motor is shot. You need new bearings, and the cooling unit has to be replaced. You would be better off buying a new one than having us fix the old one."

"Don't I know it," I said. "What are air conditioners going for these days?"

days?" "If you want one that will last, start thinking six thousand."

"That's what I was thinking," I said.

"You have to order one now in time for the summer," one of them said, handing me the slip.

I was about to go into the house when the painters arrived. They kept staring up at the windows and writing numbers on a pad.

"There's a lot more trim on those windows than you think," one told me. "Also your front door is warped. You better have that fixed before we paint it."

"I'll bet you couldn't paint the windows for less than three thousand," I said.

"We could, but you'd be wasting your money. They should have at least two coats."

My wife called down from porch, "Don't let the painters leave until they look at the cracks in the basement."

"Why would I want them to leave?" I said.

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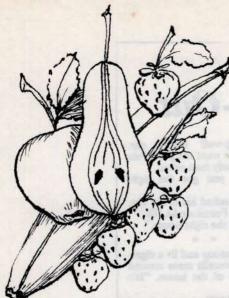
The roofer was putting his ladder back on the truck, the mulchers had finished their mulching, the retaining-wall man had left, and the painters were in the house talking to my wife.

My son drove up in his car. "What's up Dad?" he asked.

"Sit down, son. I have something to tell you. Some day," I said, pointing at the house and grounds, "All this will be yours." "When Dad?"

"How does today suit you?"

© 1981, Los Angeles Times Syndicate



... come into the kitchen

These recipes from the April issue of Braniff's International Travel Flying Colors started me thinking LUAU or at least a summer patio party. Combine with a salad and you'll have a feast!

#### HAWAIIAN CURRIED CHICKEN

3<sup>1</sup><sub>2</sub>-pound chicken, trussed 2 teaspoons salt 7-ounce package coconut

14 cups hot milk

2 tablespoons butter

1 onion, finely chopped OR 1/4 cup instant minced onion, softened in 1/4 cup cold water for 10 minutes and drained

1 clove garlic, finely chopped OR ¼ teaspoon instant minced garlic, softened with the onion

2 paper-thin slices fresh ginger root, minced

1 tablespoon curry powder

1/2 teaspoon turmeric

2 tablespoons flour

1 cup chicken broth

1 teaspoon prepared mustard

Salt and pepper

Put the chicken in a large saucepan. Add sufficient cold water to barely cover the chicken, and then add the salt. Bring to a boil. Reduce heat, cover saucepan and poach chicken for 50 minutes until tender. Cut chicken meat into 1-inch pieces and set aside. Preheat oven to 400 degrees. Spread ½ cup of coconut into a shallow pan and bake for 8 minutes until lightly toasted. Set aside. Steep remaining coconut in hot milk for 15 minutes. Heat butter and saute onion, garlic and ginger for 3 minutes, until tender. Stir in curry and turmeric and then the flour. Add coconut with milk, chicken broth and mustard. Season with salt and pepper and simmer for 15 minutes. Strain, pressing all moisture from the coconut. Add chicken pieces to strained sauce. Serve hot on a bed of rice and garnish with toasted coconut. Serves 4.

#### CARAMELIZED PINEAPPLE FLAMED IN RUM

2 (83-ounce) cans pineapple rings

3 tablespoons butter

4 tablespoons sugar

1/3 cup dark rum

4 scoops mango or vanilla ice cream

Drain pineapple rings, then heat butter in a chafing dish or wide skillet. Add pineapple rings and sprinkle with half of the sugar. Cook over high heat for 4 minutes, then turn and sprinkle with remaining sugar. Continue cooking for 2-3 minutes until sugar has carmelized. Add rum and light it with a match. Serve pineapple rings with a scoop of ice cream. Spoon hot butter rum sauce over the ice cream. Serves 4.

# HAWAIIAN RUM COOLER

For 1 drink:

2 ounces light, white rum Strained juice of 1 lemon or lime 1 tablespoon coconut cream OR orgeat (almond syrup) 6 ounces fresh pineapple or orange juice Ice cubes

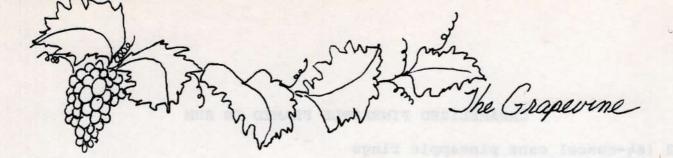
Shake the ingredients in a cocktail shaker or combine in a blender until frothy. Serve with a straw over ice cubes in a tall frosted glass or in a hollowed pineapple shell. Float a gardenia or other fragrant blossom in the drink.

Good cooking to you and have a great summer!

#### Shirley Carscadden

Sympathy to Frankle Maskar of Els Tetraco whose pother passed away in Sultrorland in January. The Meshare had viritors from Sawal is sarly March. Don and Jean Gately spent ten days here and enjoyed visitios former Solmer Run reighoots.

What a wild idea for a number adventure? Now 'bout a four-boun boot ride off the stp of Cape Cod to water for ministing wanteer I sook three resargers to Provincetown, Mers. Submer before that, After spending sign hours at the woodrow Wilson stop in the New Jersey Turnping (wouldn't buy ges until one single after midnight is was odd/even time), after heving lunch and Sinner at that hestion of hospitality, Howard Johnson's, and after tunierring with valicus in the set of the solution of ges took at inter formation where we unrolied out size orth of ges took as into formation where we unrolied out sizeping bags in the parking lot of a ges



June is bustin' out all over. . .lightining bugs and poison ivy return, Wolftrap opens and graduations abound (for me, two down, one to go - hallelujah!)

Debi Smith of Surrey Lane, former lead singer with the "Hags," an Irish folk group, is now doing solo work. Shw appears in early June at the Cellar Door and with the Washington Folk Festival at Glen Echo. Her sister, Megan, graduated recently in Colorado with a B.S. in Pre-med.

Stephanie Cooper, daughter of Mary Lou and Richard Cooper of Holmes Run Dr., had a "one-man" showing of her sculpture at the Fendrick Gallery in Georgetown in May.

Gymnast Tanga Barton of Hemlock Dr. won the Virginia State Class II meet at Yroktown High School in the spring.

Adios to Jack and Bonnie Carroll of Sherwood Court who have moved into a Holmes Run-type house at Bryce Mtn. Bonnie and son, Jeff, have won several ski trips to Colorado and Wyoming this past year.

Ruth and Glen Moore of Sherwood Ct. spent five weeks in late winter traveling to Florida in their trailer home. While there, they teamed up with another couple for a talent show and won first prize!

Warren and Gladys Guild of Friar Tuck Ct. came home tan and lovely after a week in the Caribbean - St. Thomas and St. John.

Orrin Long, Jr., of Hartwell Ct. was in New Orleans for Madri Gras.

Sympathy to Frankie Meeker of Elm Terrace whose mother passed away in Switzerland in January. The Meekers had visitors from Hawaii in early March. Don and Jean Gately spent ten days here and enjoyed visiting former Holmes Run neighbors.

\* \* \* \* \* \* \* \*

Want a wild idea for a summer adventure? How 'bout a four-hour boat ride off the tip of Cape Cod to watch for mitrating whales? I took three teenagers to Provincetown, Mass., summer before last. After spending eight hours at the Woodrow Wilson stop on the New Jersey Turnpike (couldn't buy gas until one minute after midnight it was odd/even time), after having lunch <u>and</u> dinner at that bastion of hospitality, Howard Johnson's, and after conferring with various turckers, California travelers, and a sheriff, there was nothing to do but wait it out. Our \$5 worth of gas took us into Connecticut where we unrolled our sleeping bags in the parking lot of a gas station which opened at 7 a.m. We finally made it to the Cape, pitched our tent and went to the harbor to purchase boat tickets - a bargain at \$6. The ride on the open sea was spectacular, with a biologist-cum-binoculars up on the bridge scouting for whales. There happened to be humpbacks and finbacks that day One of the behemoths surfaced right next to the boat and the spray from his blow dampened our faces. What an experience!

Touring through "P'town" was a trip in itself: wild and crazy people, sedate folks, kids, animals, all sorts of vehicles, neat shops, great restaurants, and super beaches. We hated to leave. The trip home was uneventful: glad I was driving my trusty Pinto (?).

for his class, will be at Dartmooth College, MR

Cathy Jackson (from PCRS, very active in recent, will no stadying at the iniversity of Indiana in the fail \* \* \* \* \* \* \* \* \* \*

From the production editor -

Getting the Runner to your doorstep involves a lot of work and the cooperation of many volunteers. Without Ruth Jones (and her assistants) and Marion-Gray and Dick Kraft, the Runners would have remained boxes of uncollated, unstapled paper. Thanks to Lina Barzdukas for her fine printing job and to Snezana Wolford who has provided copier services for these last two issues. Thanks, too, to the area and block hostesses, who had many HRACA papers to deliver this year.

This year also saw the transfer of the Chitter Chatter column from Jane Underhill to Judy Oram. Surely Jane set some sort of record for longevity as a member of the Runner staff. Don't forget, Judy will be waiting to hear from you (at 573-4081) with your news of neighbors, past, present and future.

Louise Sayre

Jeen Scene

In this month's TEEN SCENE I'd like to bid farewell and good luck to area seniors who will be furthering their educations in college this fall:

Scott Davey, from O'Connell High School and captain of the soccer team, will be studying at St. Francis College in Allentown, Pa.

<u>Cathy Jackson</u>, from FCHS, very active in soccer, will be studying at the University of Indiana in the fall.

Jake Lowenstern, from FCHS where he was voted to have done the most for his class, will be at Dartmouth College, NH.

Craig Meyers, from FCHS and also an excellent asset to the varsity soccer team, will be studying at Ohio Wesleyan.

Paul Woodside, FCHS's star punter/kicker, hasn't decided yet where he'll be, poor kid. It looks like either the University of Arkansas or Alabama.

Craig Westbrook, from FCHS, an outstanding football player, will be at Washington-Lee in Lexington, Va.

Stacee Stevens, from FCHS and a 4-year cheerleader, will be at Radford University.

Marty Evans will also be at Radford University.

John Jordan will study at VPI hoping to major in marine biology.

Katie Hemple will be studying at Grinnell College in Iowa.

Kenny Shipp is thinking about studying at Northern Virginia Community College.

I'd like to congratulate all the seniors for making it through 12 treacherous years and good luck in the future!

Lynn Davey

# e ) a self-test thstv lea

All of us want good health. But many of us do not know how to be as healthy as possible. Health experts now describe lifestyle as one of the most important factors affecting health. In fact, it is estimated that as many as seven of the ten leading. causes of death could be reduced through common-sense changes in lifestyle. That's what this brief test, developed by the Public Health Service, is all about. Its purpose is simply to tell you how well you are doing to stay healthy. The behaviors covered in the test are recommended for most Americans. Some of them may not apply to persons with certain chronic diseases or handicaps, or to pregnant women. Such persons may require special instructions from their physicians.

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Cigarette Smoking	.*	nost .	astin br	ost te		Exercise/Fitness	Nº.	nos P	Alter
If you never smoke, enter a score of 10 for	4	5				1. I maintain a desired weight, avoiding overweight and underweight.	3	1	0
this section and go to the next section on Alcohol and Drugs.			10			2. I do vigorous exercises for 15-30 minutes at least 3 times a week (examples include		11400	
1. I avoid smoking cigarettes.	2	1	0			running, swimming, brisk walking).	3	1	0
2. I smoke only low tar and nicotine ciga- rettes or I smoke a pipe or cigars.	2	1	0			 3. I do exercises that enhance my muscle tone for 15-30 minutes at least 3 times a week (examples include yoga and calisthenics).	2	1	0
Smoking Score:		1		-7.4		4. I use part of my leisure time participat- ing in individual, family, or team activities that increase my level of fitness (such as gardening, bowling, golf, and baseball).	2	1	0
TOTADA TA						Exercise/Fitness Score:_		11	
Alcohol and Drugs						Exercise/ Finess Scores_			
1. I avoid drinking alcoholic beverages or I drink no more than 1 or 2 drinks a day.	.4	1	. 0	E.					
2. I avoid using alcohol or other drugs						Stress Control			
dling stressful situations or the problems in	2	2	1 (	,		1. I have a job or do other work that I enjoy.	2	! 1	. (

dling stressful situations or the problems in my life. 3. I am careful not to drink alcohol when taking certain medicines (for example, medicine for sleeping, pain, colds, and

allergies), or when pregnant. 4. I read and follow the label directions when using prescribed and over-the-counter drugs.

Alcohol and Drugs Score:

#### Eating Habits

1. I cat a variety of foods each day, such as fruits and vegetables, whole grain breads and cereals, lean meats, dairy products, dry peas and beans, and nuts and seeds.

2. I limit the amount of fat, saturated fat, and cholesterol I cat (including fat on meats, eggs, butter, cream, shortenings, and organ meats such as liver).

3. I limit the amount of salt I eat by cooking with only small amounts, not adding sait at the table, and avoiding salty snacks.

4. I avoid eating too much sugar (especially frequent snacks of sticky candy or soft drinks).

2	1	0

2 1 0

4 1 0

210

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1 0 2

hobbies that I enjoy.

2. I find it easy to relax and express my feel-

3. I recognize early, and prepare for, events or situations likely to be stressful for me.

4. I have close friends, relatives, or others

whom I can talk to about personal matters

5. I participate in group activities (such as church and community organizations) or

and call on for help when needed.

ings freely.

Safety

			•	
1. I wear a seat belt while riding in a car.	2	1	0	
2. I avoid driving while under the influence of alcohol and other drugs.	2	1	0	
3. I obey traffic rules and the speed limit when driving.	2	1	0	
4. I am careful when using potentially harmful products or substances (such as household cleaners, poisons, and electrical	,		0	
devices).	- 2			
5. I avoid smoking in bed.	2	1	0	

Stress Control Score:

Safety Score:\_

2 1 0

210

210

210

2 1 0

Eating Habits Score:

31

# What Your Scores Mean to YOU

#### Scores of 9 and 10

Excellent! Your answers show that you are aware of the importance of this area to your health. More important, you are putting your knowledge to work for you by practicing good health habits. As long as you continue to do so, this area should not pose a serious health risk. It's likely that you are setting an example for your family and friends to follow. Since you got a very high test score on this part of the test, you may want to consider other areas where your scores indicate room for improvement.

#### Scores of 6 to 8

Your health practices in this area are good, but there is room for improvement. Look again at the items you answered with a "Sometimes" or "Almost Never!" What changes can you make to improve your score? Even a small change can often help you achieve better health.

#### Scores of 3 to 5

Your health risks are showing! Would you like more information about the risks you are facing and about why it is important for you to change these behaviors. Perhaps you need help in deciding how to successfully make the changes you desire. In either case, help is available.

#### Scores of 0 to 2

Obviously, you were concerned enough about your health to take the test, but your answers show that you may be taking serious and unnecessary risks with your health. Perhaps you are not aware of the risks and what to do about them. You can easily get the information and help you need to improve, if you wish. The next step is up to you.

# **YOU Can Start Right Now!**

In the test you just completed were numerous suggestions to help you reduce your risk of disease and premature death. Here are some of the most significant:



Avoid cigarettes. Cigarette smoking is the single most important preventable cause of illness and early death. It is especially risky for pregnant

women and their unborn babies. Persons who stop smoking reduce their risk of getting heart disease and cancer. So if you're a cigarette smoker, think twice about lighting that next cigarette. If you choose to continue smoking, try decreasing the number of cigarettes you smoke and switching to a low tar and nicotine brand.



Follow sensible drinking habits. Alcohol produces changes in mood and behavior. Most people who drink are able to control their intake of

alcohol and to avoid undesired, and often harmful, effects. Heavy, regular use of alcohol can lead to cirrhosis of the liver, a leading cause of death. Also, statistics clearly show that mixing drinking and driving is often the cause of fatal or crippling accidents. So if you drink, do it wisely and in moderation. Use care in taking drugs. Today's greater use of drugs—both legal and illegal—is one of our most serious health risks. Even some drugs prescribed by your doctor can be dangerous if taken when drinking alcohol or before driving. Excessive or continued use of tranquilizers (or "pep pills") can cause physical and mental problems. Using or experimenting with illicit drugs such as marijuana, heroin, cocaine, and PCP may lead to a number of damaging effects or even death.



Eat sensibly. Overweight individuals are at greater risk for diabetes, gall bladder disease, and high blood pressure. So it makes good sense to maintain

proper weight. But good eating habits also mean holding down the amount of fat (especially saturated fat), cholesterol, sugar and salt in your diet. If you must snack, try nibbling on fresh fruits and vegetables. You'll feel better—and look better, too.



Exercise regularly. Almost everyone can benefit from exercise—and there's some form of exercise almost everyone can do. (If you have

any doubt, check first with your doctor.) Usually, as little as 15-30 minutes of vigorous exercise three times a week will help you have a healthier heart, eliminate excess weight, tone up sagging muscles, and sleep better. Think how much difference all these improvements could make in the way you feel!



Learn to handle stress. Stress is a normal part of living; everyone faces it to some degree. The causes of stress can be good or bad, desirable or unde-

sirable (such as a promotion on the job or the loss of a spouse). Properly handled, stress need not be a problem. But unhealthy responses to stress—such as driving too fast or erratically, drinking too much, or prolonged anger or grief—can cause a variety of physical and mental problems. Even on a very busy day, find a few minutes to slow down and relax. Talking over a problem with someone you trust can often help you find a satisfactory solution. Learn to distinguish between things that are "worth fighting about" and things that are less important.



Be safety conscious. Think "safety first" at home, at work, at school, at play, and on the highway. Buckle seat belts and obey traffic rules.

Keep poisons and weapons out of the reach of children, and keep emergency numbers by your telephone. When the unexpected happens, you'll be prepared.

# Where Do You Go From Here:

Start by asking yourself a few frank questions: Am I really doing all I can to be as healthy as possible? What steps can I take to feel better? Am I willing to begin now? If you scored low in one or more sections of the test, decide what changes you want to make for improvement. You might pick that aspect of your lifestyle where you feel you have the best chance for success and tackle that one first. Once you have improved your score there, go on to other areas.

If you already have tried to change your health habits (to stop smoking or exercise regularly, for example),don't be discouraged if you haven't yet succeeded. The difficulty you have encountered may be due to influences you've never really thought about—such as advertising—or to a lack of support and encouragement. Understanding these influences is an important step toward changing the way they affect you.

There's Help Available. In addition to personal actions you can take on your own, there are community programs and groups (such as the YMCA or the local chapter of the American Heart Association) that can assist you and your family to make the changes you want to make. If you want to know more about these groups or about health risks, contact your local health department or mail in the coupon on the right. There's a lot you can do to stay healthy or to improve your health and there are organizations that can help you. Start a new HEALTHSTYLE today!

This self-test was developed by the Department of Health and Human Services.

--CZS

WIND TRUCK TH

# **\*\*** ATTENTION **\*\***

What Your Scores Mean to YOU

# The Holmes Runner Needs Your Help

Editor: Volunteer position available for 1981-82. Produce nine newsletters beginning with the September issue. Publication and/or journalistic experience helpful, but not essential. Understanding, conscientious individual with a pleasant personality-----A Must!

Production Editor: Prepare copy for printer. Volunteer typists available to assist.

# For further information, contact Deedee Kaman at 698-8344.

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Carol Z.Sizemore Editor

Progress in life is not measured by security but by growth, and growth means taking occasional risks. You'll never get anywhere interesting by always doing the safe thing. many thanks

to

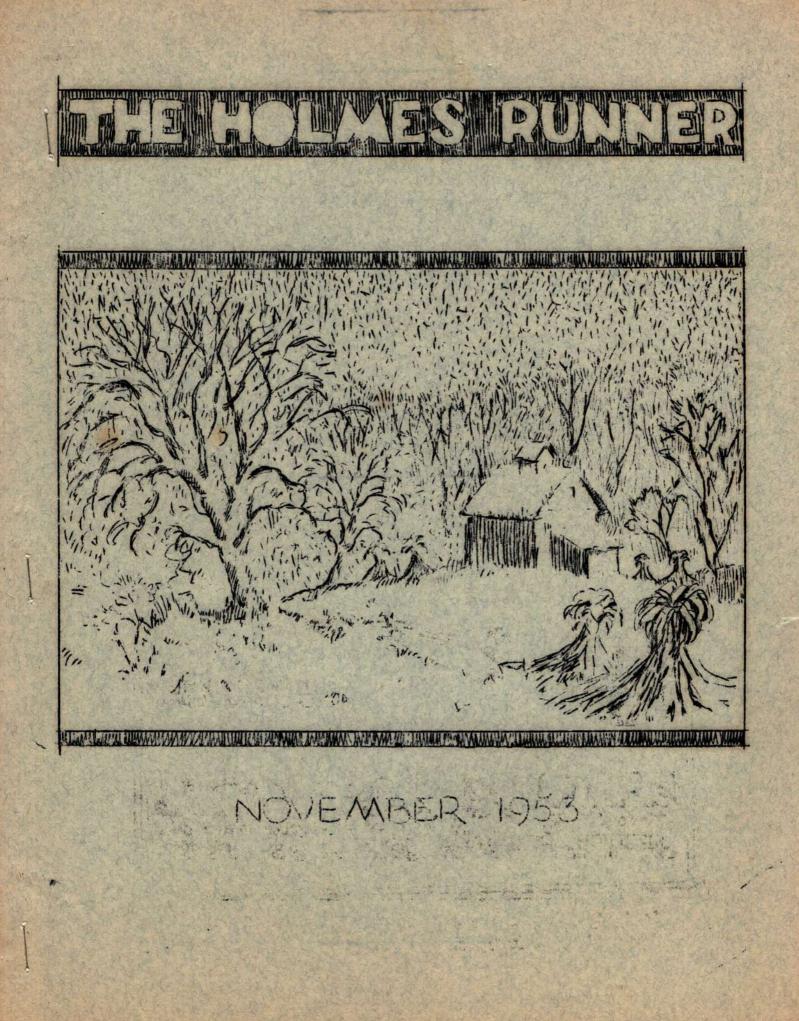
the holmes runner staff

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#### THE HOLMES RUNNER STAFF

Editor: Sarah Lahr. JE 4-4382 Civic Affairs: Howard Ball, JE 4-4548, Dave Young, JE 4-1719 and Nancy Baker, JE 2-0961. Our Younger Generation: Toby Savoie, JE 4-2955. Clubs and Organizations: Audrey Sullivan, JE 4-4578. Woodburn PTA and School News: Jean Conrad, JE 4-3608. Personals and Personalities: Margaret Ball, JE 4-4548 and Sarah Tietze, JE 4-4523. Features: Bill Condit, JE 2-0524. Church News: Marilyn Hewlett, JE 4-4555. Cover Design: Tom Yanosky, JE 4-4496. Cartoon: Bernie Sanders, JE 4-4516. Illustrations: Lydia Dubin, JE 4-2024; Bobbie McNichol, JE 4-1795; Marcus Stearns, JE 4-4479; George Tischney, JE 4-4535; Joyce Mowson, JE 4-0626; Loraine Ladin, JE 4-4552; and Harvey Kushner, JE 4-0730 Want Ads: Ginny Minor, JE 4-0223. Typing: Margaret Johnson, JE 4-4420. Stencil Cutting: Margaret Johnson, Marie Arnold, Ruth Beck, and Audrey Mowson. Mimeographing: Bill Steketee, JE 4-4529, and Harris Squire. Assembly: Sally LaFaver, chairman, Carol Rogers, Gail Williams, and Dot Waldo. Distributing: Al Smith, JE 4-4582; Alice Yoke, and Brownies.

The Holmes Runner, published monthly by the Holmes Run Acres Civic Association, has headquarters at 2020 Laurel Ct., telephone JE 4-4382. The paper is distributed the weekend before the monthly Civic Association meeting, which falls on the fourth Monday of each month. (Because of the Holidays in December there will be no HRACA meeting, and no Runner during that month.

Extra copies are 15¢.

This is YOUR Runner, and the staff appreciates any assistance in gathering news you readers can give us, or suggestions for improving your paper.

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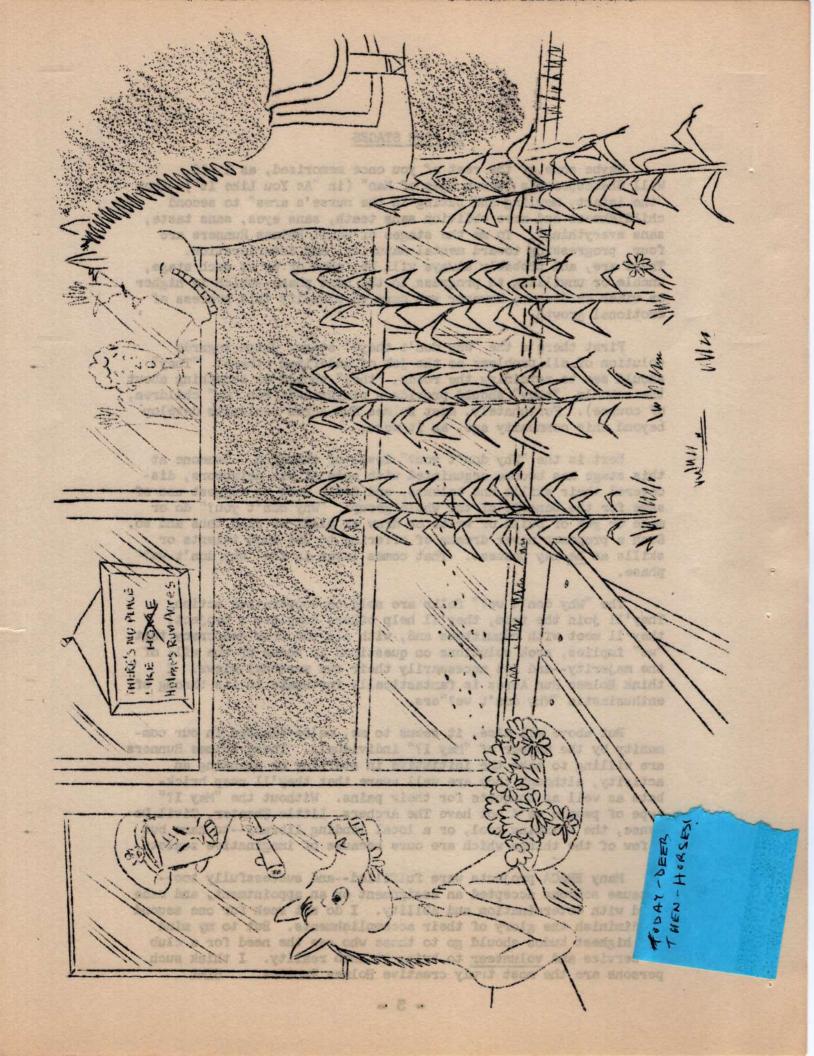
#### DEPARTMENTAL INDEX

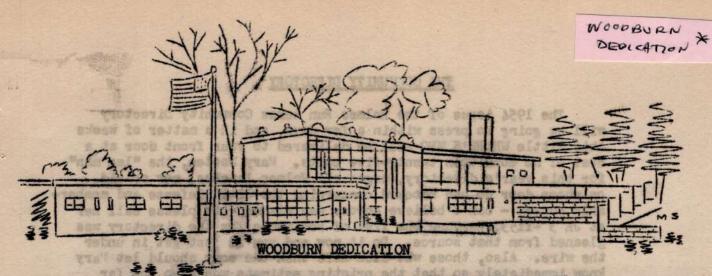
About the Neighbors Pages 19 & 20 Church News Community Calendar Editorial Hobby Lobby Milk Bar Our Younger Generation Pre-School Frattle Scouting News Teen Times Want Ads

Pages 23-25 inc. Page 36 Page 3 Pages 21 & 22 Page 33 Pages 26-33 inc. Page 33 Pages 30-32 inc. Pages 28 & 29 Pages 34 & 35

- 2 -

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Schools last a long time. Every one that opens is a light that goes on to dispel darkness in men's minds. And so we'll formally dedicate Woodburn School this Sunday at 2:30 p.m. with both pride and humility.

Speaker for the ceremony, which will be held in the school cafetorium, will be The Honorable Joel T. Broyhill, Congressman from our own tenth district. W. T. Woodson, Superintendent of Schools for Fairfax County, will present Woodburn to the community. The building will be accepted for us and ours by Dr. Leonard P. Aries (Len when he's not formally accepting things). The Rev. J. C. Fink, new pastor of the Methodist Church which holds services each Sunday in Woodburn, will pronounce the invocation and benediction, and O. E. Willmann will serve as Master of Ceremonies.

Special guests will be the County Board of Supervisors, and representatives of the Daughters of America, who gave each Woodburn classroom a flag and a Bible. An honor guard of Boy Scouts will conduct a short ceremony honoring the new flag for the school flag-pole. (It seems that the reason for the flag-less flag pole was simple: no flag!) Woodburn area Boy and Girl Scouts, Cubs and Brownies, who will attend the dedication in uniform, will pledge allegiance to the flag in unison. The Woodburn Chorus will sing "America" and "Come, Ye Thankful People, Come".

Brief histories of the first Woodburn School and of Gallows Road have been prepared by Lt. Cdr. William Westray, who, with Mrs. Westray, is chairman of the dedication program committee. Cdr. Westray, a resident of Broyhill Crest, was aided in his research by Mr. and Mrs. Charles Bladen, Mr. and Mrs. Mason Hirst, and Mr. Curtis Trammell, all long-time residents of this area.

A competition was held among the 4th, 5th, 6th, and 7th graders for the honor of designing the program cover. "Denners" and "Assistant Denners" from each of the seven dens in Cub Pack 689 will serve as ushers for the ceremony, and elected Brownies will be "clean-up squad". Girl Scouts will assist in service of refreshments.

## CD in HRA

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The State Legislature" will be

CIVIL

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If you feel you <u>must</u> break a leg, why go right ahead--we now have a group in HRA trained and ready to take care of it. Just yell for Helen Mulroney, Anne Nesbitt, Lynn Bilger, Harold Birnbaum, Jean Burbach, Catharine and Bill Condit, Homer and Jean Conrad, Dotty and Bill Hammerschmidt, Nell and Francis Anderson or Betty Robe. These fourteen passed the Advanced First Aid Course, and were graduated on November 19. And Homer Conrad has made three sets of splints for the Civic Association, which are to be used by any one in the community needing them.

Your Civil Defense Committee is not neglecting the youngsters, either--our sixth and seventh graders are getting basic training in First Aid, and the parents of the Holmes Run Acres Pre-School will be real proud to know that their school is being equipped with medical supplies and emergency rations, and that training in how to behave in an emergency is being given those little tykes, in the proper psychological manner for their age group.

Lynn Bilger, your CD Chairman, and her two deputies, Lillian Rogers and Maj. H. G. Williams, Jr., have labored over the Forms that we filled out for them, and have come up with the following list of Committee Chairmen: Wardens-Col. Samuel Taxis, with Larry Leff as his deputy; Radiological-Dr. Armand Brodeur; Transportation-Clyde Perry; Engineering-Joe Leep; Communications-Earl Ullman, with Paul Lain and Lionel St.Peter as his deputies; Fire Fighting-Harvey Robe; Police-Hugh Tovar; Welfare-Miriam Trimble; Publicity-Sara McKinney. Rose Peters is serving as Secretary of Civil Defense, and is also in charge of the Typing and Clerical Committee. These Chairmen are in the process of learning just what their various jobs consist of, and will be contacting you within the next few weeks to get this job really rolling.

Meanwhile, the cost of First Aid Kits for the individual homes and for the Community is being looked into, as well as that of Fire Fighting equipment for the household, and we should have a report for you on those items very soon.

Just bet you didn't realize what a very generous community you live in--did you know there are 175 Holmes Runners registered as being willing to give you their blood if you need it??

2330 BOLESS RUE DELYS.

## KUSTER'S LAST STAND (IN 1953) IS CHRISTMASY TRIUMPH

the topic for the session, and Jane Squire will lead the discussion, with in Stewartee and Flessink \* \* \* \* cting as resource people....AS

"Christmas Decorations for the Home" will be described and demonstrated by Lloyd Elliott of Elliott Florists in Clarendon at the December 15 meeting of the Garden Club at the home of Elaine and John Kuster, 2429 Cypress Dr., 8:30 P. M.

LIBRARY



A new school library is being organized in one of the rooms off Woodburn cafeteria. Prime mover in this badly needed improvement is the chairman of the Woodburn PTA Library Committee, Mrs. J. M. George. Mrs. George has been operating the library at Woodburn Annex, with aid from Helyne Davis, for about two months, and now with Page Blanchard's help, she is setting up the Woodburn bookroom.

Page, in turn, drafted Martha Powell, who has had library training, and the four gals are in the process of gathering books now available from the various classrooms, and sorting out the volumes from the Annex library that are suitable for the more junior Woodburn pupils. Page and Martha hope to provide the childrem of Woodburn with the opportunity for good reading in an attractive formal library setting, such as that which Mrs. George so effectively supplies at Woodburn Annex.

Appropriately enough last week - "Book Week" - Martha played "The Library Lady", visiting each Woodburn class with a brief explanation of how to use their new library, and a story to demonstrate what pupils will find there.

When the library is ready for operation, some volunteer assistants to handle library routine and help maintain order will be needed. Workers need not have children in Woodburn - or even have children period. All those interested in this rewarding work, for which no prior training is required, should call Page Blanchard at JE 2-3130. The Annex needs library helpers too; volunteers for that detail should phone Mrs. George, JE 2-7531.

Page would also like very much to form a picture and article file for the Woodburn library similar to the one Mrs. George is assembling for the Annex. In it would go photographs and background material of interest to elementary children which would tie in with their school studies - such as pieces on foreign countries, or industries, or animals, even people. HRA Librarian Blanchard offers to collect all donated old magazines that might be clipped for the file at her home, 2420 Cypress Drive - Holiday, Time, Life, National Geographic, etc., are all useful.

And Page also will need a crew of volunteers to cull the periodicals and clip appropriate material. Who'd ever have thought of our Page running a clip joint!..... JC

#### CHURCH NEWS

Several of you have asked about the modern church building high on the hill above Arlington Blvd. at Westcott St. The glass facade is broken only by the dark red doors and by the large black cross which dominates the lobby.

This is the new \$150,000 chapel of the Boulevard Baptist Church. According to Mrs. Cecil Franks, wife of the minister, this building is just the first of five units which have been planned for the site by the architects, McLeod and Ferrara. Instead of leveling the hill, they have used the height to advantage and fitted the buildings to the land. Their over-all plan, including the present chapel, and the proposed steeple, auditorium, and two additional educational units, recently won second place in an architectural competition.

The present building contains the main sanctuary on the upper floor. Blue and white are the wall colors, with birch used for the choir stalls and organ loft. The other floors contain classrooms.

Rev. Franks was the minister of Columbia Baptist Church for six years. The first service in the new mission church was held in February, 1950, in the converted workshed of the local construction crew. Mrs. Franks said they didn't know that anyone but their own family would be at that first service, but twenty people appeared. By Easter of that year, there wasn't even standing room, and now the enrollment of the Sunday School is 630.

Worship Services at the Boulevard Baptist Church are held at 11 A. M. and 7:45 P. M. on Sunday with Sunday School at 9:45 A. M. and Training Union at 6:30 P. M. A service is also held at 7:30 P.M. each Wednesday evening.

The Arlington-Fairfax Jewish Center must surely be one of the most active religious groups in this area. Rabbi Noah Golinkin is the spiritual leader for the Center, located at Arlington Blvd. and South Fenwick St.

The Seventh Day Adventite's \*\*\*\* been holding lectures each Sun-

The attention of national Jewish periodicals has recently been focused on the Center's new format for Friday evening services. The religious service is held from 8:30 to 9:10 P. M., and is followed immediately by an informal lecture and discussion instead of a sermon. The series is on "The Greatest Jewish Men Who Ever Lived."

But this is just the beginning! Services are also held on Saturday morning from 9 to 11, and Minyan services every evening and on Sunday morning. There are Holiday services, too, the next being the December celebration of Hanukkah, the Festival of Lights.

The educational program is also varied. Sunday School for ages 4 to 14 meets at the Patrick Henry School. Hebrew School for ages 8 to 13 meets twice a week and on Sundays, and there is a daily cooperative Nursery and Kindergarten at the Center. Junior Congregation meets on Saturdays from 11 to 12, and Pre-Bar Mitzvah instruction is given from 12 to 1 P. M. -23 -

For adults there are Thursday evening Hebrew classes, a Bible Class at 11 A. M. on Saturday, Men's Club lectures on Sunday (tomorrow they will also have breakfast at 10 A. M.), and special institutes. Cultural activities include a Choral Group, frequent art exhibits -- the next one on December 6 -- and a library which now is featuring Jewish Book Month.

And what a social program! The Women's League's latest feature is Game Night on December 13. The "Mr. and Mrs. Club" will have a square dance tonight at 8:30 P. M. Center Nights are held the first Sunday of each month, and they feature dances, smorgasbord, and cabarets. There is also the Single People's Club, and a Shalon Alaychen Wagon (Welcome Wagon).

As for the youth, they're taken care of with seven clubs. The Youth Council is the central body, and it sponsors a Youth Seminar and Variety Show. The clubs meet on Sunday and feature arts and crafts work, a Snack Bar, and Youth Canteen with square dancing, folk dancing, games and sports. The Teen Canteen has a Saturday night dance once a month. Sounds like fun!

There just isn't room to mention the community organizations the Center works with, or the Associated Jewish Organizations. You can call Chick Leff at JE 4-3001 for the other details. For the 1300 Jewish families it serves, however, the Center stresses through all its activities "what Jewish people have in common rather than what divides and separates".

11 A. M. and Tills F. H. on \*\* \* \* \* B Sunday School at 9:45 A.

DID YOU KNOW THAT ---

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The Seventh Day Adventists have been holding lectures each Sunday evening at 7:30 in the Annandale School Auditorium? Orvel A. Canada is the speaker, and gospel hymn-singing is featured.

The Falls Church Lutherans (Missouri Synod) have purchased land for a parish hall on Rt. 7 beyond George Mason High School? This group celebrated its first anniversary on October 5. Until their new hall, which will also be used as the church, is completed, the congregation holds Sunday School at George Mason at 9:45 A. M. and Worship at 11. Chaplain Drieth is the minister.

The Rev. J. Carroll Fink, the new minister of the Methodist Church meeting in Woodburn School, is from a family of Methodist ministers? His father and his two brothers are all preachers. Rev. Fink most recently has been at Harmony Methodist Church in Hamilton, Va., and before that he had five churches in the Bedford, Va. Circuit. Rev. Fink says that the attendance at the new Sunday School has averaged 107 adults and children. Plans are now being made in regard to building sites, but it will probably be 12 to 18 months before any construction can be started.

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